

SENATE RESOLUTION

8616

By Senators Van De Wege and Muzzall

1 WHEREAS, Hypertrophic Cardiomyopathy ("HCM") is a chronic cardiac
2 disease involving thickening of the heart muscle and can potentially
3 lead to debilitating symptoms and serious complications including
4 heart failure, atrial fibrillation, stroke, and in rare cases sudden
5 cardiac death; and

6 WHEREAS, HCM is the most common inheritable heart disease and can
7 affect anyone regardless of age, gender, or ethnicity with a reported
8 prevalence ranging from 1 in 200 to 1 in 500 in the general
9 population; and

10 WHEREAS, An estimated 700,000 to 1,650,000 people in the United
11 States have HCM, yet 85% of them may remain undiagnosed; and

12 WHEREAS, HCM shares symptoms with other common cardiovascular and
13 pulmonary diseases, such as shortness of breath, chest pain, fatigue,
14 palpitations, and fainting, making it difficult to distinguish HCM
15 from these other diseases; and

16 WHEREAS, All-cause mortality risk is three to four times higher
17 in patients with HCM than that of the general population; and

18 WHEREAS, Knowing one's medical history and any signs and symptoms
19 of HCM is an important first step in receiving an accurate diagnosis
20 of HCM; and

21 WHEREAS, A healthcare provider must conduct a thorough screening
22 with cardiac health questions to help identify a risk of cardiac
23 disorders both genetic and congenital; and

1 WHEREAS, A healthcare provider may conduct several tests,
2 including an echocardiogram, a cardiac MRI, or genetic testing to
3 confirm a family history of HCM, and must examine the heart to
4 diagnose HCM; and

5 WHEREAS, Following a diagnosis of HCM, it is important for
6 patients to work with their healthcare provider to learn more about
7 their disease and understand different management options, including
8 prescription medicines and surgical treatment options that may help;
9 and

10 WHEREAS, The fourth Wednesday in February is an appropriate day
11 to observe Hypertrophic Cardiomyopathy Awareness Day;

12 NOW, THEREFORE, BE IT RESOLVED, That the Senate:

13 (1) Observe the fourth Wednesday in February of each year as
14 "Hypertrophic Cardiomyopathy Awareness Day" in order to raise public
15 awareness about hypertrophic cardiomyopathy;

16 (2) Acknowledge the critical importance of hypertrophic
17 cardiomyopathy awareness to improve cardiovascular health in the
18 State of Washington;

19 (3) Support raising awareness of the consequences of undiagnosed
20 and untreated hypertrophic cardiomyopathy and the need to seek
21 appropriate care for hypertrophic cardiomyopathy as a serious public
22 health issue; and

23 (4) Call upon the people in the State of Washington to observe
24 the day with appropriate programs and activities.

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