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SENATE BILL 5513

State of Washington 68th Legislature 2023 Regular Session

By Senators Liias, Randall, Boehnke, Hasegawa, Hunt, Lovelett, Nguyen, Nobles, Saldaña, Valdez, and C. Wilson

Read first time 01/23/23. Referred to Committee on Higher Education & Workforce Development.

- AN ACT Relating to mental health counseling at community and technical colleges; amending RCW 28B.50.930; adding a new section to chapter 28B.50 RCW; and providing expiration dates.
- 4 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF WASHINGTON:
- 5 **Sec. 1.** RCW 28B.50.930 and 2021 c 272 s 6 are each amended to 6 read as follows:
 - (1) Subject to the availability of amounts appropriated for this specific purpose, the college board shall administer a pilot program to increase student access to mental health counseling and services.
 - The college board((, in collaboration with the selection committee,)) shall select community or technical colleges participate in the pilot program. ((At least half of the participating colleges must be located outside of the Puget Sound area. For purposes of this section, "Puget Sound area" means Snohomish, King, Pierce, and Thurston counties.)) Each participating college must receive a grant to implement one or more strategies to increase student access to mental health counseling and services, including substance use disorder counseling and services.
- 19 (3)(((a) A selection committee consisting of the following shall 20 assist with the application selection process:
 - (i) One community or technical college president;

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- (ii) One community or technical college vice president for student services or student instruction;
- (iii) Two faculty counselors employed at a community or technical college; and
 - (iv) One community or technical college student.

- (b) The selection committee may consult with representatives of an entity within a college or university that has expertise in suicide prevention and the department of health in developing selection criteria.
- (4)) Community and technical colleges wishing to participate in the pilot program shall apply to the college board. Applicants must identify opportunities for expanding on-campus mental health counseling and services. Applicants must also show a commitment to further develop partnerships by engaging external community providers, including those who provide crisis services and substance use disorder treatment and counseling. Applications that demonstrate plans to include one or more of the following strategies recommended by the community and technical college counselors task force must be prioritized:
- (a) Improve equity, diversity, and inclusion of all races in counseling services, such as by diversifying the counselor workforce by adopting equity-centered recruiting, training, and retention practices or by providing equity training and awareness for all counselors;
- (b) Meet mental health needs of students through an all-campus effort;
- (c) Engage students to help increase mental health and counseling awareness and promote help-seeking behavior through student groups and other methods;
 - (d) Increase the visibility of counseling services on campus;
- 31 (e) Increase or expand external partnerships with community 32 service providers;
- 33 (f) Adopt the use of telebehavioral health, especially in 34 underresourced communities;
- 35 (g) Develop an assessment of counseling services to inform 36 improvements and ensure counseling services are meeting student 37 needs; or
- 38 (h) Implement counseling approaches grounded in theory that have 39 evidence of being effective.

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((+5))) (4) Colleges selected to participate in the pilot program that use grant funding to hire additional mental health counselors must hire counselors who have specific graduate-level training for meeting the mental and behavioral health needs of students.

- $((\frac{(6)}{(6)}))$ (5) Colleges selected to participate in the pilot program shall submit a joint report to the appropriate committees of the legislature and in accordance with RCW 43.01.036 by November 1, 2023. The report must include:
- (a) Information on which colleges were selected for the pilot program, how much grant funding was received per college, and what strategies each implemented to increase student access to mental health counseling and services;
 - (b) Demographic data of students accessing mental health counseling and services, including those students who are considered underrepresented or traditionally have limited access to mental health counseling and services;
 - (c) Whether the mental health counseling and services provided are meeting the demand of students in terms of type and availability, and whether the various types of mental health counseling and services are being provided by community providers versus on-campus services;
 - (d) Information and data on the effectiveness, including costeffectiveness, of each strategy used to increase student access to mental health counseling and services, including substance use disorder counseling and services, such as the number of additional students served, reduced wait times for counseling appointments, or other data that reflects expanded access; and
 - (e) Lessons learned and recommendations for improving student access to mental health counseling and services at community and technical colleges and to community providers, including whether there were any strategies implemented that proved more effective than others in increasing access.
- (((7))) <u>(6)</u> Colleges selected for the pilot program shall conspicuously post on their websites and include in the report to the legislature the definitions for key terms including: Diversity, equity, inclusion, culturally competent, culturally appropriate, historically marginalized communities, communities of color, lowincome communities, and community organizations.
- $((\frac{8}{(8)}))$ The pilot program expires July 1, $(\frac{2025}{})$ 2026.
 - $((\frac{9}{}))$ (8) This section expires January 1, $(\frac{2026}{})$ 2027.

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NEW SECTION. Sec. 2. A new section is added to chapter 28B.50 RCW to read as follows:

- (1) Subject to amounts appropriated specifically for this purpose, the college board shall contract with a telehealth provider to address mental and behavioral health care for colleges not selected to participate in the mental health and counseling services pilot program under RCW 28B.50.930. Such telehealth services must not supplant existing mental and behavioral health services offered on the college campus. The college board must provide an evaluation of the impacts of telehealth care on students' academic and health outcomes and shall report the outcomes of the evaluation to the governor and the appropriate committees of the legislature by December 15, 2025.
- 14 (2) This section expires January 1, 2028.

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