

HOUSE RESOLUTION NO. 2024-4679, by Representatives Ryu, Thai, Ramel, Stearns,
Bronoske, and Leavitt

1 WHEREAS, Kimchi is a traditional Korean dish with a long, rich
2 history beginning over 2,000 years ago during the time of the three
3 kingdoms of Korea; and

4 WHEREAS, "Kimjang," the process by which kimchi is prepared, has
5 been recognized as an Intangible Cultural Heritage of Humanity by the
6 United Nations Educational, Scientific, and Cultural Organization;
7 and

8 WHEREAS, Kimchi is found for sale across the United States at
9 major retailers and is becoming an international staple as an
10 excellent source of probiotics, filate, beta-carotene, choline,
11 potassium, calcium, and vitamins A, C, and K, many of which
12 contribute to lower rates of stroke, cancer, and diabetes; and

13 WHEREAS, The growing interest in and popularity of kimchi as a
14 dish in the United States, as evidenced by an increase in available
15 kimchi-related products, menu items, and interest from nonKorean
16 consumers, represents a positive example of multicultural exchange;
17 and

18 WHEREAS, South Korea celebrates "National Kimchi Day" on November
19 22nd, representing the 11 major ingredients and 22 health benefits of
20 the dish; and

21 WHEREAS, Washington state has the fifth highest concentration of
22 Korean Americans in the United States and this growing community has
23 greatly contributed to the vibrant, diverse culture of the state;

1 NOW, THEREFORE, BE IT RESOLVED, That the House of Representatives
2 celebrate November 22nd as Kimchi Day in recognition of the history
3 and importance of a beloved food staple first introduced in
4 Washington state by the Korean American community.

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