SENATE BILL 6663

State of Washington 66th Legislature 2020 Regular Session

By Senators Brown, Becker, and Walsh

- 1 AN ACT Relating to studying dual diagnoses of eating disorder and 2 diabetes mellitus type 1; and creating new sections.
- 3 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF WASHINGTON:
- NEW SECTION. Sec. 1. (1) Research indicates a higher prevalence of eating disorders among people with diabetes, as compared to their peers without diabetes. Eating disorders and disordered eating behaviors, especially insulin omission, are associated with poorer glycemic control and serious risk for increased morbidity and mortality.
- 10 (2) Given the complexity of diabetes management in combination 11 with eating disorder treatment, the legislature intends to study 12 disordered eating among diabetics in the state to better understand 13 the prevalence of eating disorders among this population and 14 treatment best practices.
- NEW SECTION. Sec. 2. By December 1, 2020, the department of health must provide a report concerning eating disorders associated with individuals with diabetes to the relevant committees of the legislature and make it available on it's web site. The report must address:

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- 1 (1) The prevalence of eating disorders associated with diabetes 2 in Washington;
- 3 (2) The risks associated with disordered eating for people with diabetes;
- 5 (3) The insulin usage and omission habits among the affected population;
 - (4) The available screening tools for providers; and
- 8 (5) The available treatment options.

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9 <u>NEW SECTION.</u> **Sec. 3.** This act shall be known and may be cited 10 as Alyssa's law.

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