

HOUSE RESOLUTION NO. 2019-4640, by Representative Thai

1 WHEREAS, Approximately 640,000 people in Washington (10.9 percent  
2 of the adult population) are diagnosed with diabetes and  
3 Washingtonians of Asian heritage comprised 7.8 percent of the  
4 population; and

5 WHEREAS, Diabetes is the fifth leading cause of death among Asian  
6 Americans. Asian Americans face a health care disparity in type 2  
7 diabetes detection and diagnosis due to the current general  
8 guidelines that do not take into account lower body mass index which  
9 leads to 36 percent of misdiagnosed cases for Asian Americans over  
10 the age of 45; and

11 WHEREAS, Early detection and treatment can mitigate diabetes-  
12 related complications, risks, and costs. Interventions focusing on  
13 nutrition, physical activity, and healthy weight control have been  
14 shown to reverse prediabetes, improve glucose function in diabetics,  
15 and reduce the need for multiple medications; and

16 WHEREAS, Screening services for Asian and Pacific Islander  
17 Americans age 45 and older, at a BMI of 23kg/m<sup>2</sup> will ensure early  
18 interventions that reduce negative comorbidities like heart diseases,  
19 kidney diseases, and limb amputation; and

20 WHEREAS, The World Health Organization recommends screening  
21 individuals identified as Asian at a lower body mass index in  
22 compared to other races, and the American Diabetes Association

1 recommends that Asian Americans be tested for type 2 diabetes at a  
2 body mass index of 23; and

3 WHEREAS, The Asian American, Native Hawaiian, and Pacific  
4 Islander Diabetes Coalition has coordinated the "Screen at 23"  
5 campaign with the support of over forty national and regional health  
6 organizations;

7 NOW, THEREFORE, BE IT RESOLVED, That the House of Representatives  
8 applaud the effort to educate and to promote evidence-based and  
9 scientific-based preventive screening and diabetic prevention by the  
10 Asian American, Native Hawaiian, and Pacific Islander Diabetes  
11 Coalition to further the Healthy People 2020 national initiative.

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13 I hereby certify this to be a true and correct copy of  
14 Resolution 4640 adopted by the House of Representatives  
15 April 27, 2019  
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Bernard Dean, Chief Clerk