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**SUBSTITUTE HOUSE BILL 1264**

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**State of Washington**

**66th Legislature**

**2019 Regular Session**

**By** House Appropriations (originally sponsored by Representatives Ortiz-Self, Orwall, Bergquist, Santos, Dolan, Lovick, Peterson, Reeves, Sells, Stanford, Appleton, Callan, Wylie, and Pollet)

READ FIRST TIME 02/28/19.

1 AN ACT Relating to secondary traumatic stress in public school  
2 staff; adding a new section to chapter 28A.415 RCW; and creating a  
3 new section.

4 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF WASHINGTON:

5 NEW SECTION. **Sec. 1.** A new section is added to chapter 28A.415  
6 RCW to read as follows:

7 (1) The office of the superintendent of public instruction shall  
8 identify or develop online training modules to support teachers  
9 affected by secondary traumatic stress. At a minimum, the modules  
10 must:

11 (a) Describe the signs and symptoms of secondary traumatic stress  
12 and how it is different from other trauma or stress disorders;

13 (b) Outline the reasons why teachers and other school staff might  
14 be at risk for secondary traumatic stress;

15 (c) Include a self-assessment for secondary traumatic stress;

16 (d) Describe the impact of secondary stress on various life  
17 domains, such as the cognitive, professional, emotional, spiritual,  
18 environmental, and financial domains;

19 (e) Teach how to craft a self-care plan with attainable  
20 objectives, explain the barriers to self-care and how to overcome  
21 these barriers; and

1 (f) Include an appendix of resources on secondary traumatic  
2 stress and self-care.

3 (2) The office of the superintendent of public instruction must  
4 make the training modules developed under this section available on  
5 its web site.

6 (3) Beginning in fiscal year 2021, if the number of state-  
7 allocated professional learning days for either certificated  
8 instructional staff or classified staff is increased beyond the  
9 number allocated in fiscal year 2020, the office of the  
10 superintendent of public instruction shall include the training  
11 modules developed under this section on the menu of professional  
12 learning topics that may be implemented on the additional  
13 professional learning days.

14 NEW SECTION. **Sec. 2.** If specific funding for the purposes of  
15 this act, referencing this act by bill or chapter number, is not  
16 provided by June 30, 2019, in the omnibus appropriations act, this  
17 act is null and void.

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