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SUBSTITUTE HOUSE BILL 1377

State of Washington 65th Legislature 2017 Regular Session

By House Education (originally sponsored by Representatives Ortiz-Self, Stonier, Santos, Lovick, Gregerson, Peterson, Ryu, Appleton, Fitzgibbon, Goodman, Bergquist, and Doglio)

READ FIRST TIME 02/13/17.

- AN ACT Relating to improving students' mental health by enhancing nonacademic professional services; adding new sections to chapter RCW; adding a new section to chapter 28A.410 RCW; creating new sections; and providing expiration dates.
- 5 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF WASHINGTON:
- 6 NEW SECTION. Sec. 1. (1) The legislature finds that students' 7 unmet mental health needs pose barriers to learning and development, and ultimately student success in school. The legislature further 8 finds that the need to identify and assist students struggling with 9 10 emotional and mental health needs has reached a serious level 11 statewide. In order to prioritize students' needs first, legislature finds that the persons most qualified in the school 12 13 setting to lead the effort in addressing this epidemic are the school 14 counselor, school social worker, and school psychologist. legislature further finds that the knowledge-levels and skill-levels 15 16 of these nonacademic professionals must be increased in order to 17 enhance mental health-related student support services.
 - (2) The legislature further finds that in chapter 175, Laws of 2007, appropriate acknowledgment was given to the fact that a professional school counselor is not just a course and career guidance professional, but a certificated educator with unique

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qualifications and skills to address all students' academic, 1 personal, social, and career development needs, and that school 2 counselors serve a vital role in maximizing student achievement by 3 4 supporting a safe learning environment and addressing the needs of all students through prevention and intervention programs that are 5 6 part of a comprehensive school counseling program. The legislature finds, however, that despite the language in RCW 28A.410.043 that 7 appropriately recognizes that the role of the school counselor is 8 multifaceted, with a focus upon students' mental health needs as well 9 10 as career guidance needs, the reality in the schools is that counselor staffing levels are well below the national recommendations 11 12 of one counselor to every two hundred fifty students. As a result, there are not enough counselors in the schools and many school 13 counselors have been tasked primarily with course and career guidance 14 15 responsibilities at the expense of the mental health side of school 16 counseling. Similarly, school psychologist staffing levels are below 17 the national recommendations of one psychologist to every five hundred to seven hundred students when providing comprehensive school 18 19 psychological services, and school social worker staffing levels are below the national recommendations of one school social worker to 20 21 every two hundred fifty students, or one to every fifty students with 22 intensive needs.

(3) The legislature further finds that school counselors, social workers, and psychologists interact with students on a daily basis, thus putting them in a good position to recognize the signs of emotional or behavioral distress and make appropriate referrals. The legislature finds that individuals entering these professions need proper preparation to respond to the mental health and safety needs of students. The legislature further finds that they need ongoing professional development to address students' mental health needs and get students the help they need. The legislature further finds that Engrossed Substitute House Bill No. 1336, which became chapter 197, Laws of 2013, increased the capacity of school districts and their personnel to recognize and respond to youth in need through comprehensive planning and additional training, but that additional opportunities for collaboration on a regular and ongoing basis are in order. By providing professional collaboration opportunities with local mental health service providers at the school district level to school counselors, social workers, and psychologists, the legislature intends to take the next step toward enabling these professionals to

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- 1 recognize and respond with skill and confidence to the signs of
- 2 emotional or behavioral distress that they observe in students and
- 3 make the appropriate referrals to evidence-based behavioral health
- 4 services.

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- 5 <u>NEW SECTION.</u> **Sec. 2.** A new section is added to chapter 28A.320 6 RCW to read as follows:
- 7 The school counselor works with developing and leading a comprehensive guidance and counseling program to focus on the 8 9 academic, career, personal, and social needs of all students. School psychologists carry out special education evaluation duties, among 10 11 other things. School social workers promote and support students' health, academic, and social success with counseling and support, and 12 by providing and coordinating specialized services and resources. All 13 of these professionals are also involved in multitiered systems of 14 15 support for academic and behavioral skills. These professionals focus 16 student mental health, work with at-risk and marginalized students, perform risk assessments, and collaborate with mental 17 18 health professionals to promote student achievement and create a safe learning environment. In order that school counselors, social 19 workers, and psychologists have the time available to prioritize 20 these functions, in addition to other activities requiring direct 21 student contact, responsibilities such as data input and data 22 tracking should be handled by nonlicensed, noncertified staff, where 23 24 possible.
- NEW SECTION. Sec. 3. A new section is added to chapter 28A.410 RCW to read as follows:
 - (1) A school psychologist is a professional educator who holds a psychologist certification as defined school by professional educator standards board. Pursuant to the national association of school psychologists' model for comprehensive and integrated school psychological services, school psychologists deliver services across ten domains of practice. Two domains permeate all areas of service delivery: Data-based decision making; and consultation and collaboration. Five domains encompass direct and indirect services to children and their families: Student-level services, interventions, and instructional supports to develop academic skills; student-level interventions and mental health services to develop social and life skills; systems-level school-wide

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practices to promote learning; systems-level preventive and responsive services; and systems-level family school collaboration services. The three foundational domains include: Knowledge and skills related to diversity in development and learning; research and program evaluation; and legal and ethical practice.

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(2) A school social worker is a professional in the fields of social work and education who holds a valid school social worker certification as defined by the professional educator standards board. The purpose and role of the school social worker is to provide an integral link between school, home, and community in helping students achieve academic and social success. This is accomplished by removing barriers and providing services that include: Mental health and academic counseling, support for students and parents, crisis intervention, professional prevention and case management, collaboration with other professionals, organizations, and community agencies, and advocacy for students and parents. School social workers work directly with school administrators as well as students and families, at various levels and as part of an interdisciplinary team in the educational system, including at the building, district, and state level. School social workers provide leadership and professional expertise regarding the formation of school discipline policies and procedures, and through school-based mental health services, crisis management, the implementation of social-emotional learning, and other support services that impact student academic and social-emotional success. School social workers also facilitate community involvement in the schools while advocating for student success.

NEW SECTION. Sec. 4. A new section is added to chapter 28A.320 RCW to read as follows:

(1) Within existing resources, beginning in the 2018-19 school year, first-class school districts must provide a minimum of six hours of professional collaboration per year, preferably in person, for school counselors, social workers, and psychologists that focuses on the following: Recognizing signs of emotional or behavioral distress in students, including but not limited to indicators of possible substance abuse, violence, and youth suicide, screening, accessing current resources, and making appropriate referrals. School districts that have mental health centers in their area shall collaborate with local licensed mental health service providers under

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1 chapter 71.24 RCW. Those districts without a mental health center in their area shall collaborate via telephone or other remote means that 2 allow for dialogue and discussion. By collaborating with local 3 providers in this manner, educational staff associates get 4 collaborate in short but regular segments, in their own schools or 5 6 near school district facilities, and school districts are not put in 7 a position that they must obtain substitutes or otherwise expend additional funds. This local connection will also help foster a 8 9 connection between school personnel and the mental professionals in the community to whom school personnel may make 10 11 referrals, in line with the legislative intent expressed throughout 12 Engrossed Substitute House Bill No. 1336, chapter 197, Laws of 2013, to form partnerships with qualified health, mental health, and social 13 14 services agencies in the community to coordinate and improve support for youth in need and the directive to the department of social and 15 16 health services with respect to the provision of funds for mental 17 health first-aid training targeted at teachers and educational staff.

(2) Second-class districts are encouraged, but not required, to collaborate and provide the professional collaboration as provided in subsection (1) of this section.

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- 21 NEW SECTION. Sec. 5. (1) Subject to the availability of amounts for this specific 22 purpose, the professional appropriated 23 collaboration lighthouse grant program is established to assist 24 school districts with early adoption and implementation of mental 25 health professional collaboration time specified under section 4 of 26 this act.
 - (2) The superintendent of public instruction shall designate two school districts as lighthouse school districts to serve as resources and examples of best practices in designing and operating a professional collaboration program for school counselors, school social workers, school psychologists, and local licensed mental health service providers. The program must focus on recognizing signs of emotional or behavioral distress in students, for example indicators of possible substance abuse, violence, and youth suicide, screening, accessing current resources, and making appropriate referrals.
 - (3) The superintendent shall award grants to:
- 38 (a) Each school district designated as a lighthouse district 39 under subsection (2) of this section; and

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- (b) At least four school districts wishing to implement mental health professional collaboration time, as specified under section 4 of this act, in the 2017-18 school year. In awarding the grants, the superintendent must prioritize an even mix of rural school districts and urban or suburban school districts.
- (4) Grant funds may be used for: Providing technical assistance to school districts implementing a professional collaboration program; designing and implementing a professional collaboration program; developing approaches for accessing resources external to a school district; collaborating with local licensed mental health service providers; identifying successful methods of communicating with students and parents; conducting site visits; and providing supplemental materials.
- 14 (5) This section expires August 1, 2019.

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- NEW SECTION. Sec. 6. (1)(a) The Washington professional educator standards board shall convene a task force on school counselors, psychologists, and social workers, with members as provided in this subsection.
 - (i) The president of the senate shall appoint one member from the early learning and K-12 education committee.
- 21 (ii) The speaker of the house of representatives shall appoint 22 one member from the education committee.
- 23 (iii) The governor shall appoint one member representing school 24 counselor, psychologist, and social worker preparation programs.
 - (iv) The superintendent of public instruction shall appoint one member representing the office of the superintendent of public instruction.
- (v) The professional educator standards board shall appoint one member representing the professional educator standards board.
- (vi) The professional educator standards board shall appoint one member each from associations representing: School counselors; school psychologists; school social workers; educators; and principals. Appointments made under this subsection (1)(a)(vi) must be from lists of candidates provided by the associations.
- 35 (b) The professional educator standards board must provide staff 36 support for the task force.
- 37 (c) Appointments made under this section by the president of the 38 senate and the speaker of the house of representatives must be from 39 different political parties.

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- 1 (2) The task force shall review the following issues:
- (a) The projected need of school districts for school counselors,
 psychologists, and social workers;
 - (b) The current capacity of the state for meeting this need;
 - (c) Alternative certification routes for school counselors and social workers; and
 - (d) School counselor, psychologist, and social worker preparation programs to determine whether professionals completing these programs have the proper preparation to respond to the mental health and safety needs of students, and to provide students with necessary social and emotional supports.
- 12 (3) The task force must, in accordance with RCW 43.01.036, report 13 its findings and recommendations to the appropriate committees of the 14 legislature, the professional educator standards board, the 15 superintendent of public instruction, and the governor by December 1, 16 2017.
- 17 (4) This section expires July 1, 2018.

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NEW SECTION. Sec. 7. This act does not create any civil liability on the part of the state or any state agency, officer, employee, agent, political subdivision, or school district.

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