
HOUSE BILL 1235

State of Washington

65th Legislature

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By Representatives Riccelli, Harris, Stonier, Bergquist, Caldier, Robinson, Nealey, Stokesbary, Jinkins, McBride, Goodman, Ryu, Frame, Gregerson, Dolan, and Ormsby

Read first time 01/13/17. Referred to Committee on Education.

1 AN ACT Relating to assessing physical education practices in
2 public schools; and adding a new section to chapter 28A.230 RCW.

3 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF WASHINGTON:

4 NEW SECTION. **Sec. 1.** A new section is added to chapter 28A.230
5 RCW to read as follows:

6 (1) Beginning in the 2018-19 school year, all school districts
7 must conduct an annual assessment of their physical education
8 programs. The assessment must include:

9 (a) A summary of the amount of physical education instruction
10 being offered in each school within the district. The summary
11 required by this subsection (1)(a) must include the following:

12 (i) The total number of students in physical education programs;

13 (ii) The average class size, by school, for the physical
14 education instruction periods within the district;

15 (iii) The average number of days per school year that students
16 are receiving physical education instruction;

17 (iv) The average number of class periods, blocks, or applicable
18 measurement per week of physical education; and

19 (v) The average number of total instructional minutes per week of
20 physical education received by students, including the average amount
21 received per student;

1 (b) An indication of whether the schools within the district are
2 using a planned, K-12 sequential physical education curriculum that
3 adheres to national and state standards for physical education,
4 including a statement of whether this curriculum is systematically
5 reviewed and updated;

6 (c) The total number of physical education instructors of the
7 district who possess a valid health and fitness endorsement, and for
8 physical education instructors who do not possess a valid health and
9 fitness endorsement, a plan for insuring that those instructors will
10 seek the endorsement and demonstrate progress in doing so;

11 (d) An indication whether the district or schools within the
12 district are implementing the presidential youth fitness program or a
13 similar program that integrates student fitness assessments, annual
14 professional development for teachers that is specific to their
15 field, and recognition for students who are achieving a healthy
16 fitness zone. If the district or schools within the district are
17 implementing the presidential youth fitness program or a similar
18 program, the information required by this subsection (1)(d) must
19 indicate whether individual fitness program reports are being
20 provided to students and parents or guardians, and whether aggregate
21 data about these fitness programs is being provided to the office of
22 the superintendent of public instruction;

23 (e) An assessment of whether the physical education programs of
24 the district have appropriate equipment and adequate facilities for
25 students to engage in the recommended amount and intensity of
26 physical education;

27 (f) An indication of whether the district or schools within the
28 district permit students to be excused from participating in physical
29 education programs;

30 (g) An indication of whether the district or schools within the
31 district permit students to be excused from participating in physical
32 education programs to allow students to prepare for other classes or
33 standardized tests;

34 (h) An indication of whether the district or schools within the
35 district, instead of issuing excuses from participating in physical
36 education programs, offer modifications or adaptations to physical
37 education programs that allow students with disabilities to
38 participate in these programs;

1 (i) An indication of whether the district or schools within the
2 district allow teachers or administrators to exclude students from
3 physical education programs for disciplinary reasons;

4 (j) An indication of whether the district or schools within the
5 district offer other physical activity opportunities including, but
6 not limited to, safe routes to school, classroom activity breaks, and
7 club, intramural, or team sports;

8 (k) An indication of whether the district or schools within the
9 district have requirements for fitness, motor skills, cognitive, and
10 effective assessments in physical education that are based on student
11 improvement and knowledge gain; and

12 (l) An indication of whether physical education course grades are
13 included, either throughout the district or in schools within the
14 district, in the calculation of grade point averages, class rank, and
15 academic recognition programs, including honor roll, in the same
16 manner as other subject areas.

17 (2) The results of the annual assessment required by subsection
18 (1) of this section:

19 (a) Must be available to the public and posted on the web site of
20 the district within one year of the collection of assessment data;

21 (b) Must be submitted to the office of the superintendent of
22 public instruction within one year of the collection of data by the
23 school district. Information submitted in accordance with this
24 subsection must be in accordance with requirements developed by the
25 office of the superintendent of public instruction; and

26 (c) Should be integrated into the district's school wellness
27 policy.

28 (3) The office of the superintendent of public instruction must
29 compile and summarize the annual assessments submitted in accordance
30 with subsection (2) of this section and must make the summaries and
31 individual district assessments available to the public in an easy-
32 to-access form on the agency's web site, within one year of data
33 being submitted to the agency.

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