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SECOND SUBSTITUTE HOUSE BILL 1900

State of Washington 64th Legislature 2016 Regular Session

By House Appropriations (originally sponsored by Representatives Ortiz-Self, Johnson, Orwall, Muri, Lytton, Tarleton, Pollet, and Bergquist)

READ FIRST TIME 01/28/16.

- 1 AN ACT Relating to defining the role of the school counselor, 2 social worker, and psychologist; adding new sections to chapter
- 3 28A.320 RCW; adding a new section to chapter 28A.410 RCW; creating
- 4 new sections; and providing an expiration date.

counselor, social worker, and psychologist.

- 5 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF WASHINGTON:
- 6 NEW SECTION. Sec. 1. (1) The legislature finds that students' 7 unmet mental health needs pose barriers to learning and development, and ultimately student success in school. The legislature further 8 finds that the need to identify and assist students struggling with 9 10 emotional and mental health needs has reached a serious level 11 In order to prioritize students' needs 12 legislature finds that the persons most qualified in the school 13 setting to lead the effort in addressing this epidemic are the school
 - (2) The legislature further finds that in chapter 175, Laws of 2007, appropriate acknowledgment was given to the fact that a professional school counselor is not just a course and guidance professional, but a certificated educator with qualifications and skills to address all students' academic, personal, social, and career development needs, and that school counselors serve a vital role in maximizing student achievement by

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1 supporting a safe learning environment and addressing the needs of all students through prevention and intervention programs that are 2 part of a comprehensive school counseling program. The legislature 3 finds, however, that despite the language in RCW 28A.410.043 that 4 appropriately recognizes that the role of the school counselor is 5 6 multifaceted, with a focus upon students' mental health needs as well as career guidance needs, the reality in the schools is that 7 counselor staffing levels are well below the national recommendations 8 of one counselor to every two hundred fifty students. As a result, 9 there are not enough counselors in the schools and many school 10 11 counselors have been tasked primarily with course and career guidance 12 responsibilities at the expense of the mental health side of school counseling. Similarly, school psychologist staffing levels are below 13 14 the national recommendations of one psychologist to every five hundred to seven hundred students when providing comprehensive school 15 16 psychological services, and school social worker staffing levels are 17 below the national recommendations of one school social worker to every two hundred fifty students, or one to every fifty students with 18 19 intensive needs.

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(3) The legislature further finds that school counselors, social workers, and psychologists interact with students on a daily basis, thus putting them in a good position to recognize the signs of emotional or behavioral distress and make appropriate referrals. The legislature further finds that they need ongoing professional development to address students' mental health needs and get students the help they need. The legislature further finds that Engrossed Substitute House Bill No. 1336, which became chapter 197, Laws of 2013, increased the capacity of school districts and their personnel to recognize and respond to youth in need through comprehensive planning and additional training, but that additional opportunities for collaboration on a regular and ongoing basis are in order. By providing monthly professional collaboration opportunities with local mental health service providers at the school district level to school counselors, social workers, and psychologists, the legislature intends to take the next step toward enabling these professionals to recognize and respond with skill and confidence to the signs of emotional or behavioral distress that they observe in students and make the appropriate referrals to evidence-based behavioral health services.

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NEW SECTION. Sec. 2. A new section is added to chapter 28A.320 RCW to read as follows:

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A primary role of school counselors, social workers, and psychologists is to focus on student mental health, work with at-risk and marginalized students, perform risk assessments, and collaborate with mental health professionals to promote student achievement and create a safe learning environment. The majority of a school counselor's, social worker's, or psychologist's time should be spent in direct student contact, which should include: Identifying, collaborating, and intervening to meet the mental health needs of all students.

The school counselor also works with developing and leading a comprehensive guidance and counseling program to focus on the academic, career, personal, and social needs of all students. School psychologists also carry out special education evaluation duties, among other things. School social workers also promote and support students' health, academic, and social success with counseling and support, and by providing and coordinating specialized services and resources. All of these professionals are also involved in multitiered systems of support for academic and behavioral skills. In order that school counselors, social workers, and psychologists have the time available to prioritize these functions, in addition to other activities requiring direct student contact, responsibilities such as data input and data tracking should be handled by nonlicensed, noncertified staff, where possible.

NEW SECTION. Sec. 3. A new section is added to chapter 28A.410 RCW to read as follows:

(1) A school psychologist is a professional educator who holds a psychologist certification defined school as by professional educator standards board. Pursuant to the national association of school psychologists' model for comprehensive and integrated school psychological services, school psychologists deliver services across ten domains of practice. Two domains permeate all areas of service delivery: Data-based decision making; and consultation and collaboration. Five domains encompass direct and indirect services to children and their families: Student-level services, interventions, and instructional supports to develop academic skills; student-level interventions and mental health services to develop social and life skills; systems-level school-wide

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practices to promote learning; systems-level preventive and responsive services; and systems-level family school collaboration services. The three foundational domains include: Knowledge and skills related to diversity in development and learning; research and program evaluation; and legal and ethical practice.

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6 (2) A school social worker is a professional in the fields of social work and education who holds a valid school social worker 7 certification as defined by the professional educator standards 8 board. The purpose and role of the school social worker is to provide 9 an integral link between school, home, and community in helping 10 students achieve academic and social success. This is accomplished by 11 12 removing barriers and providing services that include: Mental health and academic counseling, support for students and parents, crisis 13 intervention, professional case 14 prevention and management, collaboration with other professionals, organizations, and community 15 16 agencies, and advocacy for students and parents. School social 17 workers work directly with school administrators as well as students and families, at various levels and as part of an interdisciplinary 18 team in the educational system, including at the building, district, 19 and state level. School social workers provide leadership and 20 21 professional expertise regarding the formation of school discipline policies and procedures, and through school-based mental health 22 services, crisis management, the implementation of social-emotional 23 learning, and other support services that impact student academic and 24 25 social-emotional success. School social workers also facilitate community involvement in the schools while advocating for student 26 27 success.

NEW SECTION. Sec. 4. A new section is added to chapter 28A.320 RCW to read as follows:

(1) Within existing resources, beginning in the 2017-18 school year, on a monthly basis throughout each school year, first-class school districts must provide a minimum of one hour of professional collaboration, preferably in person, for school counselors, social workers, and psychologists that focuses on the following: Recognizing signs of emotional or behavioral distress in students, including but not limited to indicators of possible substance abuse, violence, and youth suicide, screening, accessing current resources, and making appropriate referrals. School districts that have mental health centers in their area shall collaborate with local licensed mental

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1 health service providers under chapter 71.24 RCW. Those districts without a mental health center in their area shall collaborate via 2 telephone or other remote means that allow for dialogue and 3 discussion. By collaborating with local providers in this manner, 4 educational staff associates get to collaborate in short but regular 5 6 segments, in their own schools or near school district facilities, and school districts are not put in a position that they must obtain 7 substitutes or otherwise expend additional funds. 8 connection will also help foster a connection between school 9 personnel and the mental health professionals in the community to 10 11 whom school personnel may make referrals, in line with the 12 legislative intent expressed throughout Engrossed Substitute House Bill No. 1336, chapter 197, Laws of 2013, to form partnerships with 13 qualified health, mental health, and social services agencies in the 14 community to coordinate and improve support for youth in need and the 15 16 directive to the department of social and health services with 17 respect to the provision of funds for mental health first-aid training targeted at teachers and educational staff. 18

(2) Second-class districts are encouraged, but not required, to collaborate and provide the professional collaboration as provided in subsection (1) of this section.

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- NEW SECTION. Sec. 5. (1) Subject to availability of amounts specifically appropriated for this purpose, the professional collaboration lighthouse grant program is established to assist school districts with early adoption and implementation of mental health professional collaboration time specified under section 4 of this act.
 - (2) The superintendent shall designate two school districts as lighthouse school districts to serve as resources and examples of best practices in designing and operating a professional collaboration program for school counselors, school social workers, school psychologists, and local licensed mental health service providers. The program shall focus on recognizing signs of emotional or behavioral distress in students, including, but not limited to indicators of possible substance abuse, violence, and youth suicide, screening, accessing current resources, and making appropriate referrals.
 - (3) The superintendent shall award grants to:

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- 1 (a) Each school district designated as a lighthouse district 2 under subsection (2) of this section; and
 - (b) At least four school districts wishing to implement mental health professional collaboration time, as specified under section 4 of this act, in the 2016-17 school year. In awarding the grants, the superintendent must prioritize an even mix of rural school districts and urban or suburban school districts.
 - (4) Grant funds may be used for: Providing technical assistance to school districts implementing a professional collaboration program; designing and implementing a professional collaboration program; developing approaches for accessing resources external to a school district; collaborating with local licensed mental health service providers; identifying successful methods of communicating with students and parents; conducting site visits; and providing supplemental materials.
 - (5) This section expires August 31, 2017.

NEW SECTION. Sec. 6. This act does not create any civil liability on the part of the state or any state agency, officer, employee, agent, political subdivision, or school district.

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