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HOUSE BILL 1507

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State of Washington

64th Legislature

2015 Regular Session

By Representatives DeBolt and Jinkins

Read first time 01/21/15. Referred to Committee on Health Care & Wellness.

1 AN ACT Relating to information about the sodium content of meals  
2 in nursing homes; and amending RCW 74.42.300.

3 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF WASHINGTON:

4 **Sec. 1.** RCW 74.42.300 and 1979 ex.s. c 211 s 30 are each amended  
5 to read as follows:

6 (1) The facility shall have a staff member trained or experienced  
7 in food management and nutrition responsible for planning menus that  
8 meet the requirements of subsection (2) of this section and  
9 supervising meal preparation and service to insure that the menu plan  
10 is followed.

11 (2) The menu plans shall follow the orders of the resident's  
12 physician.

13 (3) The facility shall:

14 (a) Meet the nutritional needs of each resident;

15 (b) Have menus written in advance;

16 (c) Provide a variety of foods at each meal;

17 (d) Provide daily and weekly variations in the menus; ~~((and))~~

18 (e) Adjust the menus for seasonal changes; and

19 (f) Identify the sodium content of each menu item to be served  
20 and make the information available to residents at each meal.

1       (4) If the facility has residents who require medically  
2 prescribed special diets, the menus for those residents shall be  
3 planned by a professionally qualified dietitian or reviewed and  
4 approved by the attending physician. The preparation and serving of  
5 meals shall be supervised to insure that the resident accepts the  
6 special diet.

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