

E2SHB 2439 - S COMM AMD

By Committee on Human Services, Mental Health & Housing

NOT ADOPTED 03/03/2016

1 Strike everything after the enacting clause and insert the
2 following:

3 "NEW SECTION. **Sec. 1.** (1) The legislature understands that
4 adverse childhood experiences, such as family mental health issues,
5 substance abuse, serious economic hardship, and domestic violence,
6 all increase the likelihood of developmental delays and later health
7 and mental health problems. The legislature further understands that
8 early intervention services for children and families at high risk
9 for adverse childhood experience help build secure parent-child
10 attachment and bonding, which allows young children to thrive and
11 form strong relationships in the future. The legislature finds that
12 early identification and intervention are critical for children
13 exhibiting aggressive or depressive behaviors indicative of early
14 mental health problems. The legislature intends to improve access to
15 adequate, appropriate, and culturally responsive mental health
16 services for children and youth. The legislature further intends to
17 encourage the use of behavioral health therapies and other therapies
18 that are empirically supported or evidence-based and discourage the
19 overuse of psychotropic medications for children and youth.

20 (2) The legislature finds that nearly half of Washington's
21 children are enrolled in medicaid and have a higher incidence of
22 serious health problems compared to children who have commercial
23 insurance. The legislature recognizes that disparities also exist in
24 the diagnosis and initiation of treatment services for children of
25 color, with studies demonstrating that children of color are
26 diagnosed and begin receiving early interventions at a later age. The
27 legislature finds that within the current system of care, families
28 face barriers to receiving a full range of services for children
29 experiencing behavioral health problems. The legislature intends to
30 identify what network adequacy requirements, if strengthened, would
31 increase access, continuity, and coordination of behavioral health
32 services for children and families. The legislature further intends

1 to encourage managed care plans and behavioral health organizations
2 to contract with the same providers that serve children so families
3 are not required to duplicate mental health screenings, and to
4 recommend provider rates for mental health services to children and
5 youth which will ensure an adequate network and access to quality
6 based care.

7 (3) The legislature recognizes that early and accurate
8 recognition of behavioral health issues coupled with appropriate and
9 timely intervention enhances health outcomes while minimizing overall
10 expenditures. The legislature intends to assure that annual
11 depression screenings are done consistently with the highly
12 vulnerable medicaid population and that children and families benefit
13 from earlier access to services.

14 NEW SECTION. **Sec. 2.** (1) The children's mental health work
15 group is established to identify barriers to accessing mental health
16 services for children and families, and to advise the legislature on
17 statewide mental health services for this population.

18 (2)(a) The work group shall include diverse, statewide
19 representation from the public and nonprofit and for-profit entities.
20 Its membership shall reflect regional, racial, and cultural diversity
21 to adequately represent the needs of all children and families in the
22 state.

23 (b) The work group shall consist of not more than twenty-six
24 members, as follows:

25 (i) The president of the senate shall appoint one member and one
26 alternative member from each of the two largest caucuses of the
27 senate.

28 (ii) The speaker of the house of representatives shall appoint
29 one member and one alternative member from each of the two largest
30 caucuses in the house of representatives.

31 (iii) The governor shall appoint at least one representative from
32 each of the following: The department of early learning, the
33 department of social and health services, the health care authority,
34 the department of health, and a representative of the governor.

35 (iv) The superintendent of public instruction shall appoint one
36 representative from the office of the superintendent of public
37 instruction.

38 (v) The governor shall request participation by a representative
39 of tribal governments.

1 (vi) The governor shall appoint one representative from each of
2 the following: Behavioral health organizations, community mental
3 health agencies, medicaid managed care organizations, pediatricians
4 or primary care providers, providers that specialize in early
5 childhood mental health, child health advocacy groups, early learning
6 and child care providers, the managed health care plan for foster
7 children, the evidence-based practice institute, parents or
8 caregivers who have been a recipient of early childhood mental health
9 services, and foster parents.

10 (c) The work group shall seek input and participation from
11 stakeholders interested in the improvement of statewide mental health
12 services for children and families.

13 (d) The work group shall choose two cochairs, one from among its
14 legislative membership and one representative of a state agency. The
15 representative from the health care authority shall convene the
16 initial meeting of the work group.

17 (3) The children's mental health work group shall review the
18 barriers that exist to identifying and treating mental health issues
19 in children with a particular focus on birth to five and report to
20 the appropriate committees of the legislature. At a minimum the work
21 group must:

22 (a) Review and recommend developmentally, culturally, and
23 linguistically appropriate assessment tools and diagnostic approaches
24 that managed care plans and behavioral health organizations should
25 use as the mechanism to establish eligibility for services;

26 (b) Identify and review billing issues related to serving the
27 parent or caregiver in a treatment dyad and the billing issues
28 related to services that are appropriate for serving children,
29 including children birth to five;

30 (c) Review workforce issues related to serving children and
31 families, including issues specifically related to birth to five;

32 (d) Recommend strategies for increasing workforce diversity and
33 the number of professionals qualified to provide children's mental
34 health services;

35 (e) Review and make recommendations on the development and
36 adoption of standards for training and endorsement of professionals
37 to become qualified to provide mental health services to children
38 birth to five and their parents or caregivers;

39 (f) Analyze, in consultation with the department of early
40 learning, the health care authority, and the department of social and

1 health services, existing and potential mental health supports for
2 child care providers to reduce expulsions of children in child care
3 and preschool; and

4 (g) Identify outreach strategies that will successfully
5 disseminate information to parents, providers, schools, and other
6 individuals who work with children and youth on the mental health
7 services offered through the health care plans, including referrals
8 to parenting programs, community providers, and behavioral health
9 organizations.

10 (4) Legislative members of the work group are reimbursed for
11 travel expenses in accordance with RCW 44.04.120. Nonlegislative
12 members are not entitled to be reimbursed for travel expenses if they
13 are elected officials or are participating on behalf of an employer,
14 governmental entity, or other organization. Any reimbursement for
15 other nonlegislative members is subject to chapter 43.03 RCW.

16 (5) The expenses of the work group must be paid jointly by the
17 senate and the house of representatives. Work group expenditures are
18 subject to approval by the senate facilities and operations committee
19 and the house of representatives executive rules committee, or their
20 successor committees.

21 (6) The work group shall report its findings and recommendations
22 to the appropriate committees of the legislature by December 1, 2016.

23 (7) Staff support for the committee must be provided by the house
24 of representatives office of program research, the senate committee
25 services, and the office of financial management.

26 (8) This section expires December 1, 2017.

27 NEW SECTION. **Sec. 3.** A new section is added to chapter 74.09
28 RCW to read as follows:

29 To better assure and understand issues related to network
30 adequacy and access to services, the authority and the department
31 shall report to the appropriate committees of the legislature by
32 December 1, 2017, and annually thereafter, on the status of access to
33 behavioral health services for children birth through age seventeen
34 using data collected pursuant to RCW 70.320.050. At a minimum, the
35 report must include the following components broken down by age,
36 gender, and race and ethnicity:

37 (1) The percentage of discharges for patients ages six through
38 seventeen who had a visit to the emergency room with a primary
39 diagnosis of mental health or alcohol or other drug dependence during

1 the measuring year and who had a follow-up visit with any provider
2 with a corresponding primary diagnosis of mental health or alcohol or
3 other drug dependence within thirty days of discharge;

4 (2) The percentage of health plan members with an identified
5 mental health need who received mental health services during the
6 reporting period; and

7 (3) The percentage of children served by behavioral health
8 organizations, including the types of services provided.

9 NEW SECTION. **Sec. 4.** (1) The joint legislative audit and review
10 committee shall conduct an inventory of the mental health service
11 models available to students in schools, school districts, and
12 educational service districts and report its findings by October 31,
13 2016. The report must be submitted to the appropriate committees of
14 the house of representatives and the senate, in accordance with RCW
15 43.01.036.

16 (2) The committee must perform the inventory using data that is
17 already collected by schools, school districts, and educational
18 service districts. The committee must not collect or review student-
19 level data and must not include student-level data in the report.

20 (3) The inventory and report must include information on the
21 following:

22 (a) How many students are served by mental health services funded
23 with nonbasic education appropriations in each school, school
24 district, or educational service district;

25 (b) How many of these students are participating in medicaid
26 programs;

27 (c) How the mental health services are funded, including federal,
28 state, local, and private sources;

29 (d) Information on who provides the mental health services,
30 including district employees and contractors; and

31 (e) Any other available information related to student access and
32 outcomes.

33 (4) The duties of this section must be carried out within
34 existing appropriations.

35 (5) This section expires July 1, 2017.

36 NEW SECTION. **Sec. 5.** If specific funding for the purposes of
37 this act, referencing this act by bill or chapter number, is not

1 provided by June 30, 2016, in the omnibus appropriations act, this
2 act is null and void."

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3 On page 1, line 2 of the title, after "youth;" strike the
4 remainder of the title and insert "adding a new section to chapter
5 74.09 RCW; creating new sections; and providing expiration dates."

EFFECT: Eliminates PALS Plus Pilot. JLARC must perform the inventory of mental health treatment models within current appropriations. The Legislature intends to discourage the overuse of psychotropic medications for children and youth, instead of only prescribe medications for children and youth as a last resort.

Eliminates requirement for the Health Care Authority to require universal annual screening and provider payment for depression for children ages 13 to 21.

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