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## ENGROSSED SUBSTITUTE HOUSE BILL 2366

State of Washington 62nd Legislature 2012 Regular Session

By House Health Care & Wellness (originally sponsored by Representatives Orwall, Bailey, McCune, Jinkins, Upthegrove, Maxwell, Ladenburg, Kenney, Van De Wege, and Darneille)

READ FIRST TIME 01/31/12.

- 1 AN ACT Relating to requiring certain health professionals to 2 complete education in suicide assessment, treatment, and management;
- 2 complete education in suicide assessment, treatment, and management;
- 3 adding a new section to chapter 43.70 RCW; and creating new sections.
- 4 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF WASHINGTON:
- 5 NEW SECTION. **Sec. 1.** (1) The legislature finds that:
- 6 (a) According to the centers for disease control and prevention:
- 7 (i) In 2008, more than thirty-six thousand people died by suicide
- 8 in the United States, making it the tenth leading cause of death
- 9 nationally.
- 10 (ii) During 2007-2008, an estimated five hundred sixty-nine
- 11 thousand people visited hospital emergency departments with self-
- 12 inflicted injuries in the United States, seventy percent of whom had
- 13 attempted suicide.
- 14 (iii) During 2008-2009, the average percentages of adults who
- 15 thought, planned, or attempted suicide in Washington were higher than
- 16 the national average.
- 17 (b) According to a national study, veterans face an elevated risk
- 18 of suicide as compared to the general population, more than twice the

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risk among male veterans. Another study has indicated a positive correlation between posttraumatic stress disorder and suicide.

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- (i) Washington state is home to more than sixty thousand men and women who have deployed in support of the wars in Iraq and Afghanistan.
- (ii) Research continues on how the effects of wartime service and injuries such as traumatic brain injury, posttraumatic stress disorder, or other service-related conditions, may increase the number of veterans who attempt suicide.
- 9 (iii) As more men and women separate from the military and 10 transition back into civilian life, community mental health providers 11 will become a vital resource to help these veterans and their families 12 deal with issues that may arise.
- 13 (c) Suicide has an enormous impact on the family and friends of the 14 victim as well as the community as a whole.
  - (d) Approximately ninety percent of people who die by suicide had a diagnosable psychiatric disorder at the time of death. Most suicide victims exhibit warning signs or behaviors prior to an attempt.
  - (e) Improved training and education in suicide assessment, treatment, and management has been recommended by a variety of organizations, including the United States department of health and human services and the institute of medicine.
  - (2) It is therefore the intent of the legislature to help lower the suicide rate in Washington by requiring certain health professionals to complete training in suicide assessment, treatment, and management as part of their continuing education, continuing competency, or recertification requirements.
- 27 (3) The legislature does not intend to expand or limit the existing 28 scope of practice of any health professional affected by this act.
- NEW SECTION. Sec. 2. A new section is added to chapter 43.70 RCW to read as follows:
- 31 (1)(a) Beginning January 1, 2014, each of the following 32 professionals certified or licensed under Title 18 RCW shall, at least 33 once every six years, complete a training program in suicide 34 assessment, treatment, and management that is approved, in rule, by the 35 relevant disciplining authority:
  - (i) An adviser or counselor certified under chapter 18.19 RCW;

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- 1 (ii) A chemical dependency professional licensed under chapter 2 18.205 RCW;
  - (iii) A chiropractor licensed under chapter 18.25 RCW;

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- 4 (iv) A marriage and family therapist licensed under chapter 18.225 RCW;
- 6 (v) A mental health counselor licensed under chapter 18.225 RCW;
- 7 (vi) A naturopath licensed under chapter 18.36A RCW;
- 8 (vii) A licensed practical nurse, registered nurse, or advanced 9 registered nurse practitioner licensed under chapter 18.79 RCW;
- 10 (viii) An occupational therapy practitioner licensed under chapter 11 18.59 RCW;
- 12 (ix) An osteopathic physician and surgeon licensed under chapter 13 18.57 RCW;
- 14 (x) An osteopathic physician assistant licensed under chapter 15 18.57A RCW;
- 16 (xi) A physical therapist or physical therapist assistant licensed 17 under chapter 18.74 RCW;
- 18 (xii) A physician assistant licensed under chapter 18.71A RCW;
- 19 (xiii) A psychologist licensed under chapter 18.83 RCW;
- 20 (xiv) A sex offender treatment provider or affiliate sex offender 21 treatment provider certified under chapter 18.155 RCW; and
- 22 (xv) An advanced social worker or independent clinical social worker licensed under chapter 18.225 RCW.
  - (b) A physician licensed under chapter 18.71 RCW shall complete a training program in suicide assessment, treatment, and management at least once every eight years.
  - (c) In order to be certified or recertified, a physician's trained emergency medical service intermediate life support technician and paramedic certified under chapter 18.71 RCW shall show evidence that he or she has completed a training program in suicide assessment, treatment, and management during the six years prior to submitting his or her application for recertification.
  - (d) The requirements in (a) through (c) of this subsection apply to a person holding a retired active license for one of the professions in(a) through (c) of this subsection.
  - (2)(a)(i) Except as provided in (a)(ii) and (iii) of this subsection, a professional listed in subsection (1)(a) or (b) of this section must complete the first training required by this section

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during the first full continuing education reporting period after the effective date of this section or the first full continuing education reporting period after initial licensure or certification, whichever occurs later.

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- (ii) A professional listed in subsection (1)(a) of this subsection applying for initial licensure on or after the effective date of this section may delay completion of the first training required by this section for six years after initial licensure if he or she can demonstrate successful completion of a six-hour training program in suicide assessment, treatment, and management that:
- (A) Was completed no more than six years prior to the application for initial licensure; and
- 13 (B) Is listed on the best practices registry of the American 14 foundation for suicide prevention and the suicide prevention resource 15 center.
  - (iii) A professional listed in subsection (1)(b) of this section applying for initial licensure on or after the effective date of this section may delay the first training required by this section for eight years after initial licensure if he or she can demonstrate successful completion of a six-hour training program in suicide assessment, treatment, and management that:
- 22 (A) Was completed no more than eight years prior to the application 23 for initial licensure; and
  - (B) Is listed on the best practices registry of the American foundation for suicide prevention and the suicide prevention resource center.
  - (b) Until January 1, 2020, a physician's trained emergency medical service intermediate life support technician and paramedic may be certified or recertified once without completing the training program in suicide assessment, treatment, and management. The physician's trained emergency medical service intermediate life support technician and paramedic shall complete the training program in suicide assessment, treatment, and management prior to his or her next recertification.
- 35 (3) The hours spent completing a training program in suicide 36 assessment, treatment, and management under this section count toward 37 meeting any applicable continuing education or continuing competency 38 requirements for each profession.

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(4)(a) A disciplining authority may, by rule, specify minimum training and experience that is sufficient to exempt a professional from the training requirements in subsection (1) of this section.

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- (b) The medical quality assurance commission, board of osteopathic medicine, and nursing care quality assurance commission may exempt physicians, osteopathic physicians, advanced registered nurse practitioners, and registered nurses from the training requirements of subsection (1) of this section by specialty, if the specialty in question does not practice primary care and has only brief or limited patient contact.
- (5)(a) The secretary and the disciplining authorities shall work collaboratively to develop a model list of training programs in suicide assessment, treatment, and management.
- (b) When developing the model list, the secretary and the disciplining authorities shall:
- (i) Consider suicide assessment, treatment, and management training programs of at least six hours in length listed on the best practices registry of the American foundation for suicide prevention and the suicide prevention resource center; and
- (ii) Consult with public and private institutions of higher education, experts in suicide assessment, treatment, and management, and affected professional associations.
- (c) The secretary and the disciplining authorities shall report the model list of training programs to the appropriate committees of the legislature no later than December 15, 2013.
- (6) Nothing in this section may be interpreted to expand or limit the scope of practice of any profession regulated under chapter 18.130 RCW.
- 29 (7) The secretary and the disciplining authorities affected by this 30 section shall adopt any rules necessary to implement this section.
  - (8) For purposes of this section:
- 32 (a) "Disciplining authority" has the same meaning as in RCW 33 18.130.020.
- 34 (b) "Training program in suicide assessment, treatment, and 35 management" means an empirically supported training program approved by 36 the appropriate disciplining authority that contains the following 37 elements: Suicide assessment, including screening and referral, 38 suicide treatment, and suicide management. The disciplining authority

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- may approve a training program that excludes one of the elements if the element is inappropriate for the profession in question based on the profession's scope of practice. A training program that includes only screening and referral elements shall be at least three hours in length. All other training programs approved under this section shall be at least six hours in length.
  - (9) A state or local government employee is exempt from the requirements of this section if he or she receives a total of at least six hours of training in suicide assessment, treatment, and management from his or her employer every six years. For purposes of this subsection, the training may be provided in one six-hour block or may be spread among shorter training sessions at the employer's discretion.
- NEW SECTION. Sec. 3. This act may be known and cited as the Matt Adler suicide assessment, treatment, and management training act of 2012.

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