

# SENATE BILL REPORT

## SJM 8019

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As of January 25, 2010

**Brief Description:** Petitioning the Department of Health to review cardiovascular disease prevention measures.

**Sponsors:** Senators Prentice, Pridemore, Honeyford, Hobbs, Zarelli, Delvin and Keiser.

**Brief History:**

**Committee Activity:** Health & Long-Term Care: 1/27/10.

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### SENATE COMMITTEE ON HEALTH & LONG-TERM CARE

**Staff:** Rhoda Donkin (786-7465)

**Background:** Heart disease is the leading cause of death and a major cause of disability both in the United States and in Washington State. Coronary heart disease (CHD) is the most common form of heart disease and is the second leading cause of death in Washington State. CHD occurs when plaque buildup in the coronary arteries causes the arteries to narrow and harden, and reduce or restrict blood flow to the heart. The risk of CHD can be controlled and prevented by knowing and reducing the risk factors associated with CHC.

The Department of Health (DOH) coordinated the publication of the Washington State Public Health Action Plan for Heart Disease and Stroke Prevention and Management. It is available on the DOH website.

**Summary of Bill:** Cardiovascular disease is the number one killer of women in the state, accounting for 30 percent of all female deaths. An average of 19 women die each day in Washington from heart disease, stroke, and other cardiovascular diseases. In 2007 nearly 11,000 deaths were attributed to diseases of the heart, and that today nearly 35 percent of adults have risk factors for heart disease.

The DOH is to examine current and prospective programs, treatments, education, and awareness of cardiovascular disease needed for a thriving and healthy Washington.

**Appropriation:** None.

**Fiscal Note:** Not requested.

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*This analysis was prepared by non-partisan legislative staff for the use of legislative members in their deliberations. This analysis is not a part of the legislation nor does it constitute a statement of legislative intent.*

**Committee/Commission/Task Force Created: No.**