
SUBSTITUTE HOUSE BILL 2098

State of Washington 60th Legislature 2007 Regular Session

By House Committee on Health Care & Wellness (originally sponsored by Representatives Cody, Upthegrove, Morrell, Kenney, Conway, Simpson, Hudgins and Ormsby; by request of Governor Gregoire)

READ FIRST TIME 02/21/07.

1 AN ACT Relating to providing high quality, affordable health care
2 to Washingtonians based on the recommendations of the blue ribbon
3 commission on health care costs and access; amending RCW 41.05.220,
4 48.41.110, and 41.05.065; adding new sections to chapter 41.05 RCW;
5 adding a new section to chapter 74.09 RCW; adding a new section to
6 chapter 43.70 RCW; adding a new section to chapter 48.20 RCW; adding a
7 new section to chapter 48.21 RCW; adding a new section to chapter 48.44
8 RCW; adding a new section to chapter 48.46 RCW; adding a new section to
9 chapter 48.43 RCW; creating new sections; and providing an effective
10 date.

11 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF WASHINGTON:

12 **USE STATE PURCHASING TO IMPROVE HEALTH CARE QUALITY**

13 NEW SECTION. **Sec. 1.** The health care authority and the department
14 of social and health services shall, by September 1, 2007, develop a
15 five-year plan to change reimbursement within state purchased health
16 care programs to:

17 (1) Reward quality health outcomes rather than simply paying for
18 the receipt of particular services or procedures;

1 (2) Pay for care that reflects patient preference and is of proven
2 value;

3 (3) Require the use of evidence-based standards of care where
4 available;

5 (4) Tie provider rate increases to measurable improvements in
6 access to quality care;

7 (5) Direct enrollees to quality care systems;

8 (6) Better support primary care and provide a medical home to all
9 enrollees; and

10 (7) Pay for e-mail consultations, telemedicine, and telehealth
11 where doing so reduces the overall cost of care.

12 The plan shall identify any existing barriers and opportunities to
13 support implementation, including needed changes to state or federal
14 law and be submitted to the governor and the legislature upon
15 completion.

16 NEW SECTION. **Sec. 2.** A new section is added to chapter 41.05 RCW
17 to read as follows:

18 (1) The health care authority shall implement a pilot for shared
19 decision making for common medical decisions. The authority shall
20 select or create not more than two patient decision aids in
21 collaboration with the state agency medical directors group. Criteria
22 for selection of the patient decision aids shall include common medical
23 decisions which have no more than five treatment options, and where
24 there exists sound evidence about medical effectiveness.

25 (2) The authority shall seek up to two contracts with provider
26 organizations or health carriers to pilot the use of patient decision
27 aids. These contracts shall require an evaluation of the resulting
28 outcomes of utilizing the patient decision aids. The authority shall
29 provide a report to the governor and the legislature on the pilot
30 results by June 30, 2009.

31 (3) For purposes of this section:

32 (a) "Patient decision aid" means: (i) High quality, up-to-date
33 information about the condition, including risk and benefits of
34 available options and, if appropriate, a discussion of the limits of
35 scientific knowledge about outcomes; (ii) values clarification to help
36 patients sort out their values and preferences; and (iii) guidance or

1 coaching in deliberation, designed to improve the patient's involvement
2 in the decision process; and

3 (b) "Shared decision making" means a process in which the physician
4 discloses to the patient the risks and benefits associated with all
5 treatment alternatives, including no treatment, that a reasonable
6 person in the patient's situation could consider significant in
7 selecting a particular path of medical care. The patient then shares
8 with the physician all relevant personal information that might make
9 one treatment or side effect more or less desirable than others.

10 **PREVENTION AND MANAGEMENT OF CHRONIC ILLNESS**

11 NEW SECTION. **Sec. 3.** A new section is added to chapter 74.09 RCW
12 to read as follows:

13 (1) The department of social and health services, in collaboration
14 with the department of health, shall:

15 (a) Design and implement medical homes for its aged, blind, and
16 disabled clients in conjunction with chronic care management programs
17 to improve health outcomes, access, and cost-effectiveness. Programs
18 must be evidence based, facilitating the use of information technology
19 to improve quality of care, and must improve coordination of primary,
20 acute, and long-term care for those clients with multiple chronic
21 conditions. The department shall consider expansion of existing
22 medical home and chronic care management programs and build on the
23 Washington state collaborative initiative. The department shall use
24 best practices in identifying those clients best served under a chronic
25 care management model using predictive modeling through claims or other
26 health risk information; and

27 (b) Evaluate the effectiveness of the intensive chronic care
28 management pilot project that manages the needs of long-term care
29 clients with multiple chronic conditions and the department's chronic
30 care management program to determine if the models support medical home
31 infrastructure and improved client outcomes.

32 (2) For purposes of this section:

33 (a) "Medical home" means a site of care that provides comprehensive
34 preventive and coordinated care centered on the patient needs and
35 assures high quality, accessible, and efficient care.

1 (b) "Chronic care management" means the department's program that
2 provides care management and coordination activities for medical
3 assistance clients determined to be at risk for high medical costs.
4 "Chronic care management" provides education and training and/or
5 coordination that assist program participants in improving self-
6 management skills to improve health outcomes and reduce medical costs
7 by educating clients to better utilize services.

8 NEW SECTION. **Sec. 4.** A new section is added to chapter 43.70 RCW
9 to read as follows:

10 (1) The department shall conduct a program of training and
11 technical assistance regarding care of people with chronic conditions
12 for providers of primary care. The program shall emphasize evidence-
13 based high quality preventive and chronic disease care. The department
14 may designate one or more chronic conditions to be the subject of the
15 program.

16 (2) The training and technical assistance program shall include the
17 following elements:

18 (a) Clinical information systems and sharing and organization of
19 patient data;

20 (b) Decision support to promote evidence-based care;

21 (c) Clinical delivery system design;

22 (d) Support for patients managing their own conditions; and

23 (e) Identification and use of community resources that are
24 available in the community for patients and their families.

25 (3) In selecting primary care providers to participate in the
26 program, the department shall consider the number and type of patients
27 with chronic conditions the provider serves, and the provider's
28 participation in the medicaid and medicare programs.

29 **COST AND QUALITY INFORMATION FOR CONSUMERS AND PROVIDERS**

30 NEW SECTION. **Sec. 5.** A new section is added to chapter 41.05 RCW
31 to read as follows:

32 The Washington state quality forum is established within the
33 authority. The forum shall collaborate with the Puget Sound health
34 alliance and other local organizations and shall:

1 (1) Collect and disseminate research regarding health care quality,
2 evidence-based medicine, and patient safety to promote best practices,
3 in collaboration with the technology assessment program and the
4 prescription drug program;

5 (2) Coordinate the collection of health care quality data among
6 state health care purchasing agencies;

7 (3) Adopt a set of measures to evaluate and compare health care
8 cost and quality and provider performance;

9 (4) Identify and disseminate information regarding variations in
10 clinical practice patterns across the state; and

11 (5) Produce an annual quality report detailing clinical practice
12 patterns identified to purchasers, providers, insurers, and policy
13 makers.

14 NEW SECTION. **Sec. 6.** A new section is added to chapter 41.05 RCW
15 to read as follows:

16 (1) The administrator shall design and pilot a consumer-centric
17 health information infrastructure and the first health record banks
18 that will facilitate the secure exchange of health information when and
19 where needed and shall:

20 (a) Complete the plan of initial implementation, including but not
21 limited to determining the technical infrastructure for health record
22 banks and the account locator service, setting criteria and standards
23 for health record banks, and determining oversight of health record
24 banks;

25 (b) Implement the first health record banks in pilot sites as
26 funding allows;

27 (c) Involve health care consumers in meaningful ways in the design,
28 implementation, oversight, and dissemination of information on the
29 health record bank system; and

30 (d) Promote adoption of electronic medical records and health
31 information exchange through continuation of the Washington health
32 information collaborative, and by working with private payors and other
33 organizations in restructuring reimbursement to provide incentives for
34 providers to adopt electronic medical records in their practices.

35 (2) The administrator may establish an advisory board, a
36 stakeholder committee, and subcommittees to assist in carrying out the
37 duties under this section. The administrator may reappoint health

1 information infrastructure advisory board members to assure continuity
2 and shall appoint any additional representatives that may be required
3 for their expertise and experience.

4 (a) The administrator shall appoint the chair of the advisory
5 board, chairs, and cochairs of the stakeholder committee, if formed;

6 (b) Meetings of the board, stakeholder committee, and any advisory
7 group are subject to chapter 42.30 RCW, the open public meetings act,
8 including RCW 42.30.110(1)(1), which authorizes an executive session
9 during a regular or special meeting to consider proprietary or
10 confidential nonpublished information; and

11 (c) The members of the board, stakeholder committee, and any
12 advisory group:

13 (i) Shall agree to the terms and conditions imposed by the
14 administrator regarding conflicts of interest as a condition of
15 appointment;

16 (ii) Are immune from civil liability for any official acts
17 performed in good faith as members of the board, stakeholder committee,
18 or any advisory group.

19 (3) Members of the board may be compensated in accordance with a
20 personal services contract to be executed after appointment and before
21 commencement of activities related to the work of the board. Members
22 of the stakeholder committee shall not receive compensation but shall
23 be reimbursed under RCW 43.03.050 and 43.03.060.

24 (4) The administrator may work with public and private entities to
25 develop and encourage the use of personal health records which are
26 portable, interoperable, secure, and respectful of patients' privacy.

27 (5) The administrator may enter into contracts to issue,
28 distribute, and administer grants that are necessary or proper to carry
29 out this section.

30 **REDUCING UNNECESSARY EMERGENCY ROOM USE**

31 **Sec. 7.** RCW 41.05.220 and 1998 c 245 s 38 are each amended to read
32 as follows:

33 (1) State general funds appropriated to the department of health
34 for the purposes of funding community health centers to provide primary
35 health and dental care services, migrant health services, and maternity
36 health care services shall be transferred to the state health care

1 authority. Any related administrative funds expended by the department
2 of health for this purpose shall also be transferred to the health care
3 authority. The health care authority shall exclusively expend these
4 funds through contracts with community health centers to provide
5 primary health and dental care services, migrant health services, and
6 maternity health care services. The administrator of the health care
7 authority shall establish requirements necessary to assure community
8 health centers provide quality health care services that are
9 appropriate and effective and are delivered in a cost-efficient manner.
10 The administrator shall further assure that community health centers
11 have appropriate referral arrangements for acute care and medical
12 specialty services not provided by the community health centers.

13 (2) The authority, in consultation with the department of health,
14 shall work with community and migrant health clinics and other
15 providers of care to underserved populations, to ensure that the number
16 of people of color and underserved people receiving access to managed
17 care is expanded in proportion to need, based upon demographic data.

18 (3) In contracting with community health centers to provide primary
19 health and dental services, migrant health services, and maternity
20 health care services under subsection (1) of this section the authority
21 shall give priority to those community health centers working with
22 local hospitals to successfully reduce unnecessary emergency room use.

23 NEW SECTION. **Sec. 8.** The Washington state health care authority
24 and the department of social and health services shall report to the
25 legislature by December 1, 2007, on recent trends in unnecessary
26 emergency room use by enrollees in state purchased health care
27 programs, and then partner with community organizations and local
28 health care providers to design a demonstration pilot to reduce such
29 unnecessary visits.

30 **REDUCE HEALTH CARE ADMINISTRATIVE COSTS**

31 NEW SECTION. **Sec. 9.** By September 1, 2007, the insurance
32 commissioner shall provide a report to the governor and the legislature
33 that identifies the key contributors to health care administrative
34 costs and evaluates opportunities to reduce them, including suggested

1 changes to state law. The report shall be completed in collaboration
2 with health care providers, carriers, state health purchasing agencies,
3 the Washington healthcare forum, and other interested parties.

4 **COVERAGE FOR DEPENDENTS TO AGE TWENTY-FIVE**

5 NEW SECTION. **Sec. 10.** A new section is added to chapter 41.05 RCW
6 to read as follows:

7 (1) Any plan offered to public employees under this chapter must
8 offer each public employee the option of covering any unmarried
9 dependent of the employee under the age of twenty-five regardless of
10 whether the dependent is enrolled in an educational institution.

11 (2) Any employee choosing under subsection (1) of this section to
12 cover a dependent who is: (a) Age twenty through twenty-three and not
13 a registered student at an accredited secondary school, college,
14 university, vocational school, or school of nursing; or (b) age twenty-
15 four, shall be required to pay the full cost of such coverage.

16 NEW SECTION. **Sec. 11.** A new section is added to chapter 48.20 RCW
17 to read as follows:

18 Any disability insurance contract that provides coverage for a
19 subscriber's dependent must offer the option of covering any unmarried
20 dependent under the age of twenty-five regardless of whether the
21 dependent is enrolled in an educational institution.

22 NEW SECTION. **Sec. 12.** A new section is added to chapter 48.21 RCW
23 to read as follows:

24 Any group disability insurance contract or blanket disability
25 insurance contract that provides coverage for a participating member's
26 dependent must offer each participating member the option of covering
27 any unmarried dependent under the age of twenty-five regardless of
28 whether the dependent is enrolled in an educational institution.

29 NEW SECTION. **Sec. 13.** A new section is added to chapter 48.44 RCW
30 to read as follows:

31 (1) Any individual health care service plan contract that provides
32 coverage for a subscriber's dependent must offer the option of covering

1 any unmarried dependent under the age of twenty-five regardless of
2 whether the dependent is enrolled in an educational institution.

3 (2) Any group health care service plan contract that provides
4 coverage for a participating member's dependent must offer each
5 participating member the option of covering any unmarried dependent
6 under the age of twenty-five regardless of whether the dependent is
7 enrolled in an educational institution.

8 NEW SECTION. **Sec. 14.** A new section is added to chapter 48.46 RCW
9 to read as follows:

10 (1) Any individual health maintenance agreement that provides
11 coverage for a subscriber's dependent must offer the option of covering
12 any unmarried dependent under the age of twenty-five regardless of
13 whether the dependent is enrolled in an educational institution.

14 (2) Any group health maintenance agreement that provides coverage
15 for a participating member's dependent must offer each participating
16 member the option of covering any unmarried dependent under the age of
17 twenty-five regardless of whether the dependent is enrolled in an
18 educational institution.

19 **SUSTAINABILITY AND ACCESS TO PUBLIC PROGRAMS**

20 NEW SECTION. **Sec. 15.** (1) The department of social and health
21 services shall seek necessary federal waivers and state plan amendments
22 to expand coverage and leverage federal and state resources for the
23 state's basic health program, for the medical assistance program, as
24 codified at Title XIX of the federal social security act, and the
25 state's children's health insurance program, as codified at Title XXI
26 of the federal social security act. The department shall propose
27 options including but not limited to:

28 (a) Offering alternative benefit designs to promote high quality
29 care, improve health outcomes, and encourage cost-effective treatment
30 options, including benefit designs that discourage the use of emergency
31 rooms for nonemergent care, and redirect savings to finance additional
32 coverage; and

33 (b) Promoting private health insurance plans and premium subsidies
34 to purchase employer-sponsored insurance wherever possible, including

1 federal approval to expand the department's employer-sponsored
2 insurance premium assistance program to enrollees covered through the
3 state's children's health insurance program.

4 (2) The department of social and health services, in collaboration
5 with the Washington state health care authority, shall ensure that
6 enrollees are not simultaneously enrolled in the state's basic health
7 program and the medical assistance program or the state's children's
8 health insurance program to ensure coverage for the maximum number of
9 people within available funds. Priority enrollment in the basic health
10 program shall be given to those who disenrolled from the program in
11 order to enroll in medicaid, and subsequently became ineligible for
12 medicaid coverage.

13 NEW SECTION. **Sec. 16.** A new section is added to chapter 48.43 RCW
14 to read as follows:

15 When the department of social and health services determines that
16 it is cost-effective to enroll a person eligible for medical assistance
17 under chapter 74.09 RCW in an employer-sponsored health plan, a carrier
18 shall permit the enrollment of the person in the health plan for which
19 he or she is otherwise eligible without regard to any open enrollment
20 period restrictions.

21 **REINSURANCE**

22 NEW SECTION. **Sec. 17.** (1) The office of financial management, in
23 collaboration with the office of the insurance commissioner, shall
24 design a state-supported reinsurance program to address the impact of
25 high cost enrollees in the individual and small group health insurance
26 markets, and submit implementing legislation and supporting
27 information, including financing options, to the governor and the
28 legislature by December 1, 2007. In designing the program, the office
29 of financial management shall:

30 (a) Estimate the quantitative impact on premium savings, premium
31 stability over time and across groups of enrollees, individual and
32 employer take-up, number of uninsured, and government costs associated
33 with a government-funded stop-loss insurance program, including
34 distinguishing between one-time premium savings and savings in
35 subsequent years;

1 (b) Identify all relevant design issues and alternative options for
2 each issue. Where quantitative impacts cannot be estimated, the office
3 of financial management shall assess qualitative impacts of design
4 issues and their options, including potential disincentives for
5 reducing premiums, achieving premium stability, sustaining/increasing
6 take-up, decreasing the number of uninsured, and managing government's
7 stop-loss insurance costs;

8 (c) Identify market and regulatory changes needed to maximize the
9 chance of the program achieving its policy goals, including how the
10 program will relate to other coverage programs and markets;

11 (d) Address conditions under which overall expenditures could
12 increase as a result of a government-funded stop-loss program and
13 options to mitigate those conditions, such as passive versus aggressive
14 use of disease and care management programs by insurers;

15 (e) Evaluate, and quantify where possible, the behavioral responses
16 of insurers to the program including impacts on insurer premiums and
17 practices for settling legal disputes around large claims; and

18 (f) Provide alternatives for transitioning from the status quo and,
19 where applicable, alternatives for phasing in some design elements,
20 such as threshold or corridor levels, to balance government costs and
21 premium savings.

22 (2) Within funds specifically appropriated for this purpose, the
23 office of financial management may contract with actuaries and other
24 experts as necessary to meet the requirements of this section.

25 THE WASHINGTON STATE HEALTH INSURANCE POOL

26 **Sec. 18.** RCW 48.41.110 and 2001 c 196 s 4 are each amended to read
27 as follows:

28 (1) The pool shall offer one or more care management plans of
29 coverage. Such plans may, but are not required to, include point of
30 service features that permit participants to receive in-network
31 benefits or out-of-network benefits subject to differential cost
32 shares. (~~Covered persons enrolled in the pool on January 1, 2001, may
33 continue coverage under the pool plan in which they are enrolled on
34 that date. However,~~) The pool may incorporate managed care features
35 and requirements to participate in chronic care and disease management
36 and evidence-based protocols into ((such)) existing plans.

1 (2) The administrator shall prepare a brochure outlining the
2 benefits and exclusions of ~~((the))~~ pool ~~((policy))~~ policies in plain
3 language. After approval by the board, such brochure shall be made
4 reasonably available to participants or potential participants.

5 (3) The health insurance ~~((policy))~~ policies issued by the pool
6 shall pay only reasonable amounts for medically necessary eligible
7 health care services rendered or furnished for the diagnosis or
8 treatment of covered illnesses, injuries, and conditions ~~((which are
9 not otherwise limited or excluded))~~. Eligible expenses are the
10 reasonable amounts for the health care services and items for which
11 benefits are extended under ~~((the))~~ a pool policy. ~~((Such benefits
12 shall at minimum include, but not be limited to, the following services
13 or related items))~~

14 (4) The pool shall offer at least one policy which at a minimum
15 includes, but is not limited to, the following services or related
16 items:

17 (a) Hospital services, including charges for the most common
18 semiprivate room, for the most common private room if semiprivate rooms
19 do not exist in the health care facility, or for the private room if
20 medically necessary, but limited to a total of one hundred eighty
21 inpatient days in a calendar year, and limited to thirty days inpatient
22 care for mental and nervous conditions, or alcohol, drug, or chemical
23 dependency or abuse per calendar year;

24 (b) Professional services including surgery for the treatment of
25 injuries, illnesses, or conditions, other than dental, which are
26 rendered by a health care provider, or at the direction of a health
27 care provider, by a staff of registered or licensed practical nurses,
28 or other health care providers;

29 (c) The first twenty outpatient professional visits for the
30 diagnosis or treatment of one or more mental or nervous conditions or
31 alcohol, drug, or chemical dependency or abuse rendered during a
32 calendar year by one or more physicians, psychologists, or community
33 mental health professionals, or, at the direction of a physician, by
34 other qualified licensed health care practitioners, in the case of
35 mental or nervous conditions, and rendered by a state certified
36 chemical dependency program approved under chapter 70.96A RCW, in the
37 case of alcohol, drug, or chemical dependency or abuse;

38 (d) Drugs and contraceptive devices requiring a prescription;

1 (e) Services of a skilled nursing facility, excluding custodial and
2 convalescent care, for not more than one hundred days in a calendar
3 year as prescribed by a physician;

4 (f) Services of a home health agency;

5 (g) Chemotherapy, radioisotope, radiation, and nuclear medicine
6 therapy;

7 (h) Oxygen;

8 (i) Anesthesia services;

9 (j) Prostheses, other than dental;

10 (k) Durable medical equipment which has no personal use in the
11 absence of the condition for which prescribed;

12 (l) Diagnostic x-rays and laboratory tests;

13 (m) Oral surgery limited to the following: Fractures of facial
14 bones; excisions of mandibular joints, lesions of the mouth, lip, or
15 tongue, tumors, or cysts excluding treatment for temporomandibular
16 joints; incision of accessory sinuses, mouth salivary glands or ducts;
17 dislocations of the jaw; plastic reconstruction or repair of traumatic
18 injuries occurring while covered under the pool; and excision of
19 impacted wisdom teeth;

20 (n) Maternity care services;

21 (o) Services of a physical therapist and services of a speech
22 therapist;

23 (p) Hospice services;

24 (q) Professional ambulance service to the nearest health care
25 facility qualified to treat the illness or injury; and

26 (r) Other medical equipment, services, or supplies required by
27 physician's orders and medically necessary and consistent with the
28 diagnosis, treatment, and condition.

29 ~~((+4))~~ (5) The pool shall offer at least one policy which closely
30 adheres to benefits available in the private, individual market.

31 (6) The board shall design and employ cost containment measures and
32 requirements such as, but not limited to, care coordination, provider
33 network limitations, preadmission certification, and concurrent
34 inpatient review which may make the pool more cost-effective.

35 ~~((+5))~~ (7) The pool benefit policy may contain benefit
36 limitations, exceptions, and cost shares such as copayments,
37 coinsurance, and deductibles that are consistent with managed care
38 products, except that differential cost shares may be adopted by the

1 board for nonnetwork providers under point of service plans. The pool
2 benefit policy cost shares and limitations must be consistent with
3 those that are generally included in health plans approved by the
4 insurance commissioner; however, no limitation, exception, or reduction
5 may be used that would exclude coverage for any disease, illness, or
6 injury.

7 ~~((+6+))~~ (8) The pool may not reject an individual for health plan
8 coverage based upon preexisting conditions of the individual or deny,
9 exclude, or otherwise limit coverage for an individual's preexisting
10 health conditions; except that it shall impose a six-month benefit
11 waiting period for preexisting conditions for which medical advice was
12 given, for which a health care provider recommended or provided
13 treatment, or for which a prudent layperson would have sought advice or
14 treatment, within six months before the effective date of coverage.
15 The preexisting condition waiting period shall not apply to prenatal
16 care services. The pool may not avoid the requirements of this section
17 through the creation of a new rate classification or the modification
18 of an existing rate classification. Credit against the waiting period
19 shall be as provided in subsection ~~((+7+))~~ (9) of this section.

20 ~~((+7+))~~ (9)(a) Except as provided in (b) of this subsection, the
21 pool shall credit any preexisting condition waiting period in its plans
22 for a person who was enrolled at any time during the sixty-three day
23 period immediately preceding the date of application for the new pool
24 plan. For the person previously enrolled in a group health benefit
25 plan, the pool must credit the aggregate of all periods of preceding
26 coverage not separated by more than sixty-three days toward the waiting
27 period of the new health plan. For the person previously enrolled in
28 an individual health benefit plan other than a catastrophic health
29 plan, the pool must credit the period of coverage the person was
30 continuously covered under the immediately preceding health plan toward
31 the waiting period of the new health plan. For the purposes of this
32 subsection, a preceding health plan includes an employer-provided self-
33 funded health plan.

34 (b) The pool shall waive any preexisting condition waiting period
35 for a person who is an eligible individual as defined in section
36 2741(b) of the federal health insurance portability and accountability
37 act of 1996 (42 U.S.C. 300gg-41(b)).

1 ((+8)) (10) If an application is made for the pool policy as a
2 result of rejection by a carrier, then the date of application to the
3 carrier, rather than to the pool, should govern for purposes of
4 determining preexisting condition credit.

5 (11) The pool shall contract with organizations that provide care
6 management that has been demonstrated to be effective and shall require
7 that enrollees who are eligible for care management services
8 participate in such programs on a continuous basis as a condition of
9 receiving pool coverage.

10 **PREVENTION AND HEALTH PROMOTION**

11 NEW SECTION. **Sec. 19.** The Washington state health care authority,
12 the department of social and health services, the department of labor
13 and industries, and the department of health shall, by September 1,
14 2007, develop a five-year plan to integrate disease and accident
15 prevention and health promotion into state health programs by:

16 (1) Structuring benefits and reimbursements to promote healthy
17 choices and disease and accident prevention;

18 (2) Requiring enrollees in state health programs to complete a
19 health assessment, and providing appropriate follow up;

20 (3) Reimbursing for cost-effective prevention activities;

21 (4) Developing prevention and health promotion contracting
22 standards for state programs that contract with health carriers; and

23 (5) Strengthening the state's employee wellness program in
24 partnership with the state's health and productivity committee.

25 The plan shall identify any existing barriers and opportunities to
26 support implementation, including needed changes to state or federal
27 law, and be submitted to the governor and the legislature upon
28 completion.

29 **Sec. 20.** RCW 41.05.065 and 2006 c 299 s 2 are each amended to read
30 as follows:

31 (1) The board shall study all matters connected with the provision
32 of health care coverage, life insurance, liability insurance,
33 accidental death and dismemberment insurance, and disability income
34 insurance or any of, or a combination of, the enumerated types of

1 insurance for employees and their dependents on the best basis possible
2 with relation both to the welfare of the employees and to the state.
3 However, liability insurance shall not be made available to dependents.

4 (2) The board shall develop employee benefit plans that include
5 comprehensive health care benefits for all employees. In developing
6 these plans, the board shall consider the following elements:

7 (a) Methods of maximizing cost containment while ensuring access to
8 quality health care;

9 (b) Development of provider arrangements that encourage cost
10 containment and ensure access to quality care, including but not
11 limited to prepaid delivery systems and prospective payment methods;

12 (c) Wellness incentives that focus on proven strategies, such as
13 smoking cessation, injury and accident prevention, reduction of alcohol
14 misuse, appropriate weight reduction, exercise, automobile and
15 motorcycle safety, blood cholesterol reduction, and nutrition
16 education;

17 (d) Utilization review procedures including, but not limited to a
18 cost-efficient method for prior authorization of services, hospital
19 inpatient length of stay review, requirements for use of outpatient
20 surgeries and second opinions for surgeries, review of invoices or
21 claims submitted by service providers, and performance audit of
22 providers;

23 (e) Effective coordination of benefits;

24 (f) Minimum standards for insuring entities; and

25 (g) Minimum scope and content of public employee benefit plans to
26 be offered to enrollees participating in the employee health benefit
27 plans. To maintain the comprehensive nature of employee health care
28 benefits, employee eligibility criteria related to the number of hours
29 worked and the benefits provided to employees shall be substantially
30 equivalent to the state employees' health benefits plan and eligibility
31 criteria in effect on January 1, 1993. Nothing in this subsection
32 (2)(g) shall prohibit changes or increases in employee point-of-service
33 payments or employee premium payments for benefits or the
34 administration of a high deductible health plan in conjunction with a
35 health savings account.

36 (3) The board shall design benefits and determine the terms and
37 conditions of employee and retired employee participation and coverage,
38 including establishment of eligibility criteria. The same terms and

1 conditions of participation and coverage, including eligibility
2 criteria, shall apply to state employees and to school district
3 employees and educational service district employees.

4 (4) The board may authorize premium contributions for an employee
5 and the employee's dependents in a manner that encourages the use of
6 cost-efficient managed health care systems. During the 2005-2007
7 fiscal biennium, the board may only authorize premium contributions for
8 an employee and the employee's dependents that are the same, regardless
9 of an employee's status as represented or nonrepresented by a
10 collective bargaining unit under the personnel system reform act of
11 2002. The board shall require participating school district and
12 educational service district employees to pay at least the same
13 employee premiums by plan and family size as state employees pay.

14 (5) The board shall develop a health savings account option for
15 employees that conform to section 223, Part VII of subchapter B of
16 chapter 1 of the internal revenue code of 1986. The board shall comply
17 with all applicable federal standards related to the establishment of
18 health savings accounts.

19 (6) Notwithstanding any other provision of this chapter, the board
20 shall develop a high deductible health plan to be offered in
21 conjunction with a health savings account developed under subsection
22 (5) of this section.

23 (7) Employees shall choose participation in one of the health care
24 benefit plans developed by the board and may be permitted to waive
25 coverage under terms and conditions established by the board.

26 (8) The board shall review plans proposed by insuring entities that
27 desire to offer property insurance and/or accident and casualty
28 insurance to state employees through payroll deduction. The board may
29 approve any such plan for payroll deduction by insuring entities
30 holding a valid certificate of authority in the state of Washington and
31 which the board determines to be in the best interests of employees and
32 the state. The board shall promulgate rules setting forth criteria by
33 which it shall evaluate the plans.

34 (9) Before January 1, 1998, the public employees' benefits board
35 shall make available one or more fully insured long-term care insurance
36 plans that comply with the requirements of chapter 48.84 RCW. Such
37 programs shall be made available to eligible employees, retired
38 employees, and retired school employees as well as eligible dependents

1 which, for the purpose of this section, includes the parents of the
2 employee or retiree and the parents of the spouse of the employee or
3 retiree. Employees of local governments and employees of political
4 subdivisions not otherwise enrolled in the public employees' benefits
5 board sponsored medical programs may enroll under terms and conditions
6 established by the administrator, if it does not jeopardize the
7 financial viability of the public employees' benefits board's long-term
8 care offering.

9 (a) Participation of eligible employees or retired employees and
10 retired school employees in any long-term care insurance plan made
11 available by the public employees' benefits board is voluntary and
12 shall not be subject to binding arbitration under chapter 41.56 RCW.
13 Participation is subject to reasonable underwriting guidelines and
14 eligibility rules established by the public employees' benefits board
15 and the health care authority.

16 (b) The employee, retired employee, and retired school employee are
17 solely responsible for the payment of the premium rates developed by
18 the health care authority. The health care authority is authorized to
19 charge a reasonable administrative fee in addition to the premium
20 charged by the long-term care insurer, which shall include the health
21 care authority's cost of administration, marketing, and consumer
22 education materials prepared by the health care authority and the
23 office of the insurance commissioner.

24 (c) To the extent administratively possible, the state shall
25 establish an automatic payroll or pension deduction system for the
26 payment of the long-term care insurance premiums.

27 (d) The public employees' benefits board and the health care
28 authority shall establish a technical advisory committee to provide
29 advice in the development of the benefit design and establishment of
30 underwriting guidelines and eligibility rules. The committee shall
31 also advise the board and authority on effective and cost-effective
32 ways to market and distribute the long-term care product. The
33 technical advisory committee shall be comprised, at a minimum, of
34 representatives of the office of the insurance commissioner, providers
35 of long-term care services, licensed insurance agents with expertise in
36 long-term care insurance, employees, retired employees, retired school
37 employees, and other interested parties determined to be appropriate by
38 the board.

1 (e) The health care authority shall offer employees, retired
2 employees, and retired school employees the option of purchasing long-
3 term care insurance through licensed agents or brokers appointed by the
4 long-term care insurer. The authority, in consultation with the public
5 employees' benefits board, shall establish marketing procedures and may
6 consider all premium components as a part of the contract negotiations
7 with the long-term care insurer.

8 (f) In developing the long-term care insurance benefit designs, the
9 public employees' benefits board shall include an alternative plan of
10 care benefit, including adult day services, as approved by the office
11 of the insurance commissioner.

12 (g) The health care authority, with the cooperation of the office
13 of the insurance commissioner, shall develop a consumer education
14 program for the eligible employees, retired employees, and retired
15 school employees designed to provide education on the potential need
16 for long-term care, methods of financing long-term care, and the
17 availability of long-term care insurance products including the
18 products offered by the board.

19 (h) By December 1998, the health care authority, in consultation
20 with the public employees' benefits board, shall submit a report to the
21 appropriate committees of the legislature, including an analysis of the
22 marketing and distribution of the long-term care insurance provided
23 under this section.

24 (10) The health savings account option for employees under
25 subsection (5) of this section shall be offered to employees during the
26 open enrollment period in 2008.

27 NEW SECTION. Sec. 21. Subheadings used in this act are not any
28 part of the law.

29 NEW SECTION. Sec. 22. Sections 10 through 14 of this act take
30 effect January 1, 2008.

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