

SB 5751-S - DIGEST

(DIGEST OF PROPOSED 1ST SUBSTITUTE)

Requires the health care authority to create a worksite health promotion program to develop and implement initiatives designed to promote improved self-care and engagement in health care decision making among state employees at state agency worksites. The program shall: (1) Identify, in coordination with the department of personnel, the department of health, and the University of Washington's center for health promotion, worksite health promotion programs and activities that are known to be effective. The coordination shall take advantage of available knowledge and expertise and ensure a strong link between this program and the department of health's nutrition and physical activity program;

(2) Determine the health promotion strategies that would be most effective for state employees and compatible with existing health promotion efforts of health plans participating in the public employees' benefits board programs;

(3) Implement strategies identified in this act and provide support to individual agencies as they develop agency specific programming targeting the particularities of that agency's work force and environment;

(4) Establish performance measurements and facilitate data collection to enable an assessment of the impact of health management and promotion programming at state agencies;

(5) Report to the appropriate policy and fiscal committees of the legislature and the governor by December 1, 2006, on progress in implementing strategies and evaluating the results of the worksite health promotion programs.