
HOUSE BILL 3153

State of Washington

56th Legislature

2000 Regular Session

By Representatives Reardon and Cody

Read first time . Referred to Committee on .

1 AN ACT Relating to insurance coverage for neurodevelopmental
2 therapies; and amending RCW 41.05.170, 48.21.310, 48.44.450, and
3 48.46.520.

4 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF WASHINGTON:

5 **Sec. 1.** RCW 41.05.170 and 1989 c 345 s 4 are each amended to read
6 as follows:

7 (1) Each health plan offered to public employees and their covered
8 dependents under this chapter which is not subject to the provisions of
9 Title 48 RCW and is established or renewed on or after twelve months
10 after July 23, 1989, shall include coverage for neurodevelopmental
11 therapies for covered individuals age (~~six~~) eighteen and under.

12 (2) Benefits provided under this section shall cover the services
13 of those authorized to deliver occupational therapy, speech therapy,
14 and physical therapy. Benefits shall be payable only where the
15 services have been delivered pursuant to the referral and periodic
16 review of a holder of a license issued pursuant to chapter 18.71 or
17 18.57 RCW or where covered services have been rendered by such
18 licensee. Nothing in this section shall preclude a self-funded plan

1 authorized under this chapter from negotiating rates with qualified
2 providers.

3 (3) Benefits provided under this section shall be for medically
4 necessary services as determined by the self-funded plan authorized
5 under this chapter. Benefits shall be payable for services for the
6 maintenance of a covered individual in cases where significant
7 deterioration in the patient's condition would result without the
8 service. Benefits shall be payable to restore and improve function.

9 (4) It is the intent of this section that the state, as an employer
10 providing comprehensive health coverage including the benefits required
11 by this section, retains the authority to design and employ utilization
12 and cost controls. Therefore, benefits delivered under this section
13 may be subject to contractual provisions regarding deductible amounts
14 and/or copayments established by the self-funded plan authorized under
15 this chapter. Benefits provided under this section may be subject to
16 standard waiting periods for preexisting conditions, and may be subject
17 to the submission of written treatment plans.

18 (5) In recognition of the intent expressed in subsection (4) of
19 this section, benefits provided under this section may be subject to
20 contractual provisions establishing annual and/or lifetime benefit
21 limits. Such limits may define the total dollar benefits available, or
22 may limit the number of services delivered as established by the self-
23 funded plan authorized under this chapter.

24 **Sec. 2.** RCW 48.21.310 and 1989 c 345 s 2 are each amended to read
25 as follows:

26 (1) Each employer-sponsored group policy for comprehensive health
27 insurance which is entered into, or renewed, on or after twelve months
28 after July 23, 1989, shall include coverage for neurodevelopmental
29 therapies for covered individuals age (~~six~~) eighteen and under.

30 (2) Benefits provided under this section shall cover the services
31 of those authorized to deliver occupational therapy, speech therapy,
32 and physical therapy. Benefits shall be payable only where the
33 services have been delivered pursuant to the referral and periodic
34 review of a holder of a license issued pursuant to chapter 18.71 or
35 18.57 RCW or where covered services have been rendered by such
36 licensee. Nothing in this section shall prohibit an insurer from
37 negotiating rates with qualified providers.

1 (3) Benefits provided under this section shall be for medically
2 necessary services as determined by the insurer. Benefits shall be
3 payable for services for the maintenance of an insured in cases where
4 significant deterioration in the patient's condition would result
5 without the service. Benefits shall be payable to restore and improve
6 function.

7 (4) It is the intent of this section that employers purchasing
8 comprehensive health insurance, including the benefits required by this
9 section, together with the insurer, retain authority to design and
10 employ utilization and cost controls. Therefore, benefits delivered
11 under this section may be subject to contractual provisions regarding
12 deductible amounts and/or copayments established by the employer
13 purchasing insurance and the insurer. Benefits provided under this
14 section may be subject to standard waiting periods for preexisting
15 conditions, and may be subject to the submission of written treatment
16 plans.

17 (5) In recognition of the intent expressed in subsection (4) of
18 this section, benefits provided under this section may be subject to
19 contractual provisions establishing annual and/or lifetime benefit
20 limits. Such limits may define the total dollar benefits available or
21 may limit the number of services delivered as agreed by the employer
22 purchasing insurance and the insurer.

23 **Sec. 3.** RCW 48.44.450 and 1989 c 345 s 1 are each amended to read
24 as follows:

25 (1) Each employer-sponsored group contract for comprehensive health
26 care service which is entered into, or renewed, on or after twelve
27 months after July 23, 1989, shall include coverage for
28 neurodevelopmental therapies for covered individuals age ~~((six))~~
29 eighteen and under.

30 (2) Benefits provided under this section shall cover the services
31 of those authorized to deliver occupational therapy, speech therapy,
32 and physical therapy. Benefits shall be payable only where the
33 services have been delivered pursuant to the referral and periodic
34 review of a holder of a license issued pursuant to chapter 18.71 or
35 18.57 RCW or where covered services have been rendered by such
36 licensee. Nothing in this section shall prohibit a health care service
37 contractor from requiring that covered services be delivered by a
38 provider who participates by contract with the health care service

1 contractor unless no participating provider is available to deliver
2 covered services. Nothing in this section shall prohibit a health care
3 service contractor from negotiating rates with qualified providers.

4 (3) Benefits provided under this section shall be for medically
5 necessary services as determined by the health care service contractor.
6 Benefits shall be payable for services for the maintenance of a covered
7 individual in cases where significant deterioration in the patient's
8 condition would result without the service. Benefits shall be payable
9 to restore and improve function.

10 (4) It is the intent of this section that employers purchasing
11 comprehensive group coverage including the benefits required by this
12 section, together with the health care service contractor, retain
13 authority to design and employ utilization and cost controls.
14 Therefore, benefits delivered under this section may be subject to
15 contractual provisions regarding deductible amounts and/or copayments
16 established by the employer purchasing coverage and the health care
17 service contractor. Benefits provided under this section may be
18 subject to standard waiting periods for preexisting conditions, and may
19 be subject to the submission of written treatment plans.

20 (5) In recognition of the intent expressed in subsection (4) of
21 this section, benefits provided under this section may be subject to
22 contractual provisions establishing annual and/or lifetime benefit
23 limits. Such limits may define the total dollar benefits available or
24 may limit the number of services delivered as agreed by the employer
25 purchasing coverage and the health care service contractor.

26 **Sec. 4.** RCW 48.46.520 and 1989 c 345 s 3 are each amended to read
27 as follows:

28 (1) Each employer-sponsored group contract for comprehensive health
29 care service which is entered into, or renewed, on or after twelve
30 months after July 23, 1989, shall include coverage for
31 neurodevelopmental therapies for covered individuals age ((~~six~~))
32 eighteen and under.

33 (2) Benefits provided under this section shall cover the services
34 of those authorized to deliver occupational therapy, speech therapy,
35 and physical therapy. Covered benefits and treatment must be rendered
36 or referred by the health maintenance organization, and delivered
37 pursuant to the referral and periodic review of a holder of a license
38 issued pursuant to chapter 18.71 or 18.57 RCW or where treatment is

1 rendered by such licensee. Nothing in this section shall prohibit a
2 health maintenance organization from negotiating rates with qualified
3 providers.

4 (3) Benefits provided under this section shall be for medically
5 necessary services as determined by the health maintenance
6 organization. Benefits shall be provided for the maintenance of a
7 covered enrollee in cases where significant deterioration in the
8 patient's condition would result without the service. Benefits shall
9 be provided to restore and improve function.

10 (4) It is the intent of this section that employers purchasing
11 comprehensive group coverage including the benefits required by this
12 section, together with the health maintenance organization, retain
13 authority to design and employ utilization and cost controls.
14 Therefore, benefits provided under this section may be subject to
15 contractual provisions regarding deductible amounts and/or copayments
16 established by the employer purchasing coverage and the health
17 maintenance organization. Benefits provided under this section may be
18 subject to standard waiting periods for preexisting conditions, and may
19 be subject to the submission of written treatment plans.

20 (5) In recognition of the intent expressed in subsection (4) of
21 this section, benefits provided under this section may be subject to
22 contractual provisions establishing annual and/or lifetime benefit
23 limits. Such limits may define the total dollar benefits available, or
24 may limit the number of services delivered as agreed by the employer
25 purchasing coverage and the health maintenance organization.

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