
SENATE BILL 6486

State of Washington

55th Legislature

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By Senators Wood, Wojahn, Winsley, Long, Fairley, Thibaudeau, Kohl and Oke

Read first time 01/20/98. Referred to Committee on Health & Long-Term Care.

1 AN ACT Relating to managed care consumer protection; reenacting and
2 amending RCW 48.43.005; and adding new sections to chapter 48.43 RCW.

3 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF WASHINGTON:

4 NEW SECTION. **Sec. 1.** Chapter . . . , Laws of 1998 (this act) shall
5 be known and may be cited as the managed care consumer protection act.

6 NEW SECTION. **Sec. 2.** It is the intent of the legislature that
7 enrollees in managed care plans receive quality health care designed to
8 maintain and improve their health status. To that end, the purpose of
9 chapter . . . , Laws of 1998 (this act) is to ensure that:

10 (1) Enrollees have full and timely access to clinically and
11 culturally appropriate health care personnel and facilities;

12 (2) Enrollees have adequate choice among health care professionals
13 who are accessible and qualified;

14 (3) Enrollees have access to comprehensive pharmaceutical services;

15 (4) Enrollees have access to information regarding limits on
16 coverage of experimental treatments;

1 (5) Enrollees are provided with a high quality of preventative and
2 other health care within a managed care plan, designed to maintain and
3 improve an enrollee's health status;

4 (6) Medical decisions are made by the appropriate medical
5 personnel;

6 (7) Health care professionals within a plan are practitioners in
7 good standing;

8 (8) Managed care plan data are available as appropriate;

9 (9) There is full public access to information regarding health
10 care service delivery within plans;

11 (10) There is a fair vehicle for resolving enrollee complaints in
12 a managed care system;

13 (11) There is timely resolution of enrollee grievances and appeals;

14 (12) Managed care plan advertisements are true, accurate, and not
15 misleading; and

16 (13) Enrollees have access to the civil justice system when injured
17 by decisions made in a managed care system.

18 **Sec. 3.** RCW 48.43.005 and 1997 c 231 s 202 and 1997 c 55 s 1 are
19 each reenacted and amended to read as follows:

20 Unless otherwise specifically provided, the definitions in this
21 section apply throughout this chapter.

22 (1) "Adjusted community rate" means the rating method used to
23 establish the premium for health plans adjusted to reflect actuarially
24 demonstrated differences in utilization or cost attributable to
25 geographic region, age, family size, and use of wellness activities.

26 (2) "Appropriate and medically necessary" means the standard for
27 health care services as determined by physicians and health care
28 providers in accordance with the prevailing practices and standards of
29 the medical profession and community.

30 (3) "Basic health plan" means the plan described under chapter
31 70.47 RCW, as revised from time to time.

32 ~~((3))~~ (4) "Basic health plan model plan" means a health plan as
33 required in RCW 70.47.060(2)(d).

34 ~~((4))~~ (5) "Basic health plan services" means that schedule of
35 covered health services, including the description of how those
36 benefits are to be administered, that are required to be delivered to
37 an enrollee under the basic health plan, as revised from time to time.

1 (~~(5)~~) (6) "Certification" means a determination by a review
2 organization that an admission, extension of stay, or other health care
3 service or procedure has been reviewed and, based on the information
4 provided, meets the clinical requirements for medical necessity,
5 appropriateness, level of care, or effectiveness under the auspices of
6 the applicable health benefit plan.

7 (~~(6)~~) (7) "Concurrent review" means utilization review conducted
8 during a patient's hospital stay or course of treatment.

9 (~~(7)~~) (8) "Covered person" or "enrollee" means a person covered
10 by a health plan including an enrollee, subscriber, policyholder,
11 beneficiary of a group plan, or individual covered by any other health
12 plan.

13 (~~(8)~~) (9) "Dependent" means, at a minimum, the enrollee's legal
14 spouse and unmarried dependent children who qualify for coverage under
15 the enrollee's health benefit plan.

16 (~~(9)~~) (10) "Eligible employee" means an employee who works on a
17 full-time basis with a normal work week of thirty or more hours. The
18 term includes a self-employed individual, including a sole proprietor,
19 a partner of a partnership, and may include an independent contractor,
20 if the self-employed individual, sole proprietor, partner, or
21 independent contractor is included as an employee under a health
22 benefit plan of a small employer, but does not work less than thirty
23 hours per week and derives at least seventy-five percent of his or her
24 income from a trade or business through which he or she has attempted
25 to earn taxable income and for which he or she has filed the
26 appropriate internal revenue service form. Persons covered under a
27 health benefit plan pursuant to the consolidated omnibus budget
28 reconciliation act of 1986 shall not be considered eligible employees
29 for purposes of minimum participation requirements of chapter 265, Laws
30 of 1995.

31 (~~(10)~~) (11) "Emergency medical condition" means the emergent and
32 acute onset of a symptom or symptoms, including severe pain, that would
33 lead a prudent layperson acting reasonably to believe that a health
34 condition exists that requires immediate medical attention, if failure
35 to provide medical attention would result in serious impairment to
36 bodily functions or serious dysfunction of a bodily organ or part, or
37 would place the person's health in serious jeopardy.

1 (~~(11)~~) (12) "Emergency services" means otherwise covered health
2 care services medically necessary to evaluate and treat an emergency
3 medical condition, provided in a hospital emergency department.

4 (~~(12)~~) (13) "Enrollee point-of-service cost-sharing" means
5 amounts paid to health carriers directly providing services, health
6 care providers, or health care facilities by enrollees and may include
7 copayments, coinsurance, or deductibles.

8 (~~(13)~~) (14) "Experimental treatment" means treatment that, while
9 not commonly used for a particular condition or illness, nevertheless
10 is recognized for treatment of the particular condition or illness, and
11 there is no clearly superior, nonexperimental treatment alternative
12 available to the enrollee.

13 (15) "Grievance" means a written complaint submitted by or on
14 behalf of a covered person regarding: (a) Denial of payment for
15 medical services or nonprovision of medical services included in the
16 covered person's health benefit plan, or (b) service delivery issues
17 other than denial of payment for medical services or nonprovision of
18 medical services, including dissatisfaction with medical care, waiting
19 time for medical services, provider or staff attitude or demeanor, or
20 dissatisfaction with service provided by the health carrier.

21 (~~(14)~~) (16) "Health care facility" or "facility" means hospices
22 licensed under chapter 70.127 RCW, hospitals licensed under chapter
23 70.41 RCW, rural health care facilities as defined in RCW 70.175.020,
24 psychiatric hospitals licensed under chapter 71.12 RCW, nursing homes
25 licensed under chapter 18.51 RCW, community mental health centers
26 licensed under chapter 71.05 or 71.24 RCW, kidney disease treatment
27 centers licensed under chapter 70.41 RCW, ambulatory diagnostic,
28 treatment, or surgical facilities licensed under chapter 70.41 RCW,
29 drug and alcohol treatment facilities licensed under chapter 70.96A
30 RCW, and home health agencies licensed under chapter 70.127 RCW, and
31 includes such facilities if owned and operated by a political
32 subdivision or instrumentality of the state and such other facilities
33 as required by federal law and implementing regulations.

34 (~~(15)~~) (17) "Health care provider" or "provider" means:

35 (a) A person regulated under Title 18 or chapter 70.127 RCW, to
36 practice health or health-related services or otherwise practicing
37 health care services in this state consistent with state law; or

38 (b) An employee or agent of a person described in (a) of this
39 subsection, acting in the course and scope of his or her employment.

1 (~~(16)~~) (18) "Health care service" means that service offered or
2 provided by health care facilities and health care providers relating
3 to the prevention, cure, or treatment of illness, injury, or disease.

4 (~~(17)~~) (19) "Health care treatment decision" means a
5 determination made regarding whether health care services are actually
6 provided by the health plan and a decision that affects the quality of
7 the diagnosis, care, or treatment provided to enrollees.

8 (20) "Health carrier" or "carrier" means a disability insurer
9 regulated under chapter 48.20 or 48.21 RCW, a health care service
10 contractor as defined in RCW 48.44.010, or a health maintenance
11 organization as defined in RCW 48.46.020.

12 (~~(18)~~) (21) "Health plan" or "health benefit plan" means any
13 policy, contract, or agreement offered by a health carrier to provide,
14 arrange, reimburse, or pay for health care services except the
15 following:

16 (a) Long-term care insurance governed by chapter 48.84 RCW;

17 (b) Medicare supplemental health insurance governed by chapter
18 48.66 RCW;

19 (c) Limited health care services offered by limited health care
20 service contractors in accordance with RCW 48.44.035;

21 (d) Disability income;

22 (e) Coverage incidental to a property/casualty liability insurance
23 policy such as automobile personal injury protection coverage and
24 homeowner guest medical;

25 (f) Workers' compensation coverage;

26 (g) Accident only coverage;

27 (h) Specified disease and hospital confinement indemnity when
28 marketed solely as a supplement to a health plan;

29 (i) Employer-sponsored self-funded health plans;

30 (j) Dental only and vision only coverage; and

31 (k) Plans deemed by the insurance commissioner to have a short-term
32 limited purpose or duration, or to be a student-only plan that is
33 guaranteed renewable while the covered person is enrolled as a regular
34 full-time undergraduate or graduate student at an accredited higher
35 education institution, after a written request for such classification
36 by the carrier and subsequent written approval by the insurance
37 commissioner.

1 ~~((19))~~ (22) "Life-threatening condition" means a disease or other
2 medical condition with respect to which death is probable unless the
3 course of the disease or condition is interrupted.

4 (23) "Managed care plan" means a health plan, including a medicare
5 supplement and limited health plan described in subsection (21)(b) and
6 (c) of this section, offered by a health carrier that provides for the
7 delivery of health care services using a system or techniques to affect
8 access to and control payment for health care services. Such a system
9 or techniques may include one or more of the following:

10 (a) Prior, concurrent, and retrospective review of the medical
11 necessity and appropriateness of services or site of services;

12 (b) Contracts with selected health care providers;

13 (c) Financial incentives or disincentives for enrollees to use
14 specific providers, services, or service sites;

15 (d) Controlled access to and coordination of services by a case
16 manager; and

17 (e) Carrier efforts to identify treatment alternatives and modify
18 benefit restrictions for high cost patient care. Managed care plan
19 does not include traditional indemnity insurance policies.

20 (24) "Material modification" means a change in the actuarial value
21 of the health plan as modified of more than five percent but less than
22 fifteen percent.

23 ~~((20))~~ (25) "Open enrollment" means the annual sixty-two day
24 period during the months of July and August during which every health
25 carrier offering individual health plan coverage must accept onto
26 individual coverage any state resident within the carrier's service
27 area regardless of health condition who submits an application in
28 accordance with RCW 48.43.035(1).

29 ~~((21))~~ (26) "Ordinary care" means, in the case of a health
30 carrier, that degree of care that a health carrier of ordinary prudence
31 would use under the same or similar circumstances. In the case of a
32 person who is an employee, agent, ostensible agent, or representative
33 of a health carrier, "ordinary care" means that degree of care that a
34 person of ordinary prudence in the same profession, specialty, or area
35 of practice as such person would use in the same or similar
36 circumstances.

37 (27) "Participating provider" means a provider who, under a
38 contract with the health carrier or with the health carrier's
39 contractor or subcontractor, has agreed to provide health care services

1 to covered persons with an expectation of receiving payment, other than
2 coinsurance, copayments, or deductibles, directly or indirectly from
3 the health carrier.

4 (28) "Preexisting condition" means any medical condition, illness,
5 or injury that existed any time prior to the effective date of
6 coverage.

7 ~~((22))~~ (29) "Premium" means all sums charged, received, or
8 deposited by a health carrier as consideration for a health plan or the
9 continuance of a health plan. Any assessment or any "membership,"
10 "policy," "contract," "service," or similar fee or charge made by a
11 health carrier in consideration for a health plan is deemed part of the
12 premium. "Premium" shall not include amounts paid as enrollee point-
13 of-service cost-sharing.

14 ~~((23))~~ (30) "Primary care provider" means a participating
15 provider designated by the health carrier to supervise, coordinate, or
16 provide initial care or continuing care to a covered person, and who
17 may be required by the health carrier to initiate a referral for
18 speciality care and maintain supervision of health care services
19 rendered to the covered person.

20 (31) "Review organization" means a disability insurer regulated
21 under chapter 48.20 or 48.21 RCW, health care service contractor as
22 defined in RCW 48.44.010, or health maintenance organization as defined
23 in RCW 48.46.020, and entities affiliated with, under contract with, or
24 acting on behalf of a health carrier to perform a utilization review.

25 ~~((24))~~ (32) "Small employer" means any person, firm, corporation,
26 partnership, association, political subdivision except school
27 districts, or self-employed individual that is actively engaged in
28 business that, on at least fifty percent of its working days during the
29 preceding calendar quarter, employed no more than fifty eligible
30 employees, with a normal work week of thirty or more hours, the
31 majority of whom were employed within this state, and is not formed
32 primarily for purposes of buying health insurance and in which a bona
33 fide employer-employee relationship exists. In determining the number
34 of eligible employees, companies that are affiliated companies, or that
35 are eligible to file a combined tax return for purposes of taxation by
36 this state, shall be considered an employer. Subsequent to the
37 issuance of a health plan to a small employer and for the purpose of
38 determining eligibility, the size of a small employer shall be
39 determined annually. Except as otherwise specifically provided, a

1 small employer shall continue to be considered a small employer until
2 the plan anniversary following the date the small employer no longer
3 meets the requirements of this definition. The term "small employer"
4 includes a self-employed individual or sole proprietor. The term
5 "small employer" also includes a self-employed individual or sole
6 proprietor who derives at least seventy-five percent of his or her
7 income from a trade or business through which the individual or sole
8 proprietor has attempted to earn taxable income and for which he or she
9 has filed the appropriate internal revenue service form 1040, schedule
10 C or F, for the previous taxable year.

11 ~~((25))~~ (33) "Utilization review" means the prospective,
12 concurrent, or retrospective assessment of the necessity and
13 appropriateness of the allocation of health care resources and services
14 of a provider or facility, given or proposed to be given to an enrollee
15 or group of enrollees.

16 ~~((26))~~ (34) "Wellness activity" means an explicit program of an
17 activity consistent with department of health guidelines, such as,
18 smoking cessation, injury and accident prevention, reduction of alcohol
19 misuse, appropriate weight reduction, exercise, automobile and
20 motorcycle safety, blood cholesterol reduction, and nutrition education
21 for the purpose of improving enrollee health status and reducing health
22 service costs.

23 NEW SECTION. **Sec. 4.** Chapter . . ., Laws of 1998 (this act)
24 applies to all managed care plans and all health carriers offering a
25 managed care plan operating within Washington state.

26 NEW SECTION. **Sec. 5.** (1) Each managed care plan must include a
27 sufficient number and type of primary care providers and specialists
28 throughout the service area to meet the needs of enrollees and to
29 provide meaningful choice. Each managed care plan must offer:

30 (a) An adequate number of accessible acute care hospital services
31 within a reasonable distance or travel time;

32 (b) An adequate number of accessible primary care providers within
33 a reasonable distance or travel time. Primary care providers includes
34 family practice and general practice physicians, internists,
35 obstetrician/gynecologists, and pediatricians;

36 (c) An adequate number of accessible specialists and subspecialists
37 within a reasonable distance or travel time. If the type of medical

1 specialist needed for a specific condition is not represented on the
2 specialty panel, enrollees must have access to nonparticipating health
3 care professionals;

4 (d) Available specialty medical services, including physical
5 therapy, occupational therapy, and rehabilitation services; and

6 (e) Available nonpanel specialists, when a patient's unique medical
7 circumstances warrant it.

8 (2) Each managed care plan must allow enrollees, at the carrier's
9 expense and for at least sixty days, to continue receiving services
10 from a primary care provider whose contract with the plan is terminated
11 without cause.

12 (3) Each health carrier must provide telephone access to managed
13 care plan enrollees for sufficient time during business and evening
14 hours to ensure enrollee access for routine care, and twenty-four hour
15 telephone access to either the carrier or a participating provider, for
16 emergency care or authorization for care.

17 (4) Each health carrier must have reasonable standards for waiting
18 times for managed care plan enrollees to obtain appointments with
19 participating providers.

20 The standards must include appointment scheduling guidelines based
21 on the type of health care service, including prenatal care
22 appointments, well-child visits and immunizations, routine physicals,
23 follow-up appointments for chronic conditions, and urgent care.

24 (5) Each carrier must develop an access plan to meet the needs of
25 vulnerable and underserved populations among its managed care
26 enrollees.

27 (a) The plan must provide culturally appropriate services to the
28 greatest extent possible.

29 (b) When a significant number of enrollees in the plan speak a
30 first language other than English, the plan must provide access to
31 personnel fluent in languages other than English, to the greatest
32 extent possible.

33 (c) The carrier must develop standards for continuity of care
34 following enrollment, including sufficient information on how to access
35 care within the plan.

36 (6) Each managed care plan must hold harmless enrollees against
37 claims from participating providers for payment of cost of covered
38 health services.

1 NEW SECTION. **Sec. 6.** (1) Each enrollee in a managed care plan
2 must have adequate choice among health care professionals who are
3 accessible and qualified.

4 (2) Each managed care plan must allow an enrollee to choose his or
5 her own primary care provider from a list of participating providers.
6 Each carrier must update this list as participating providers are added
7 or removed, and include:

8 (a) A sufficient number of primary care providers who are accepting
9 new enrollees; and

10 (b) A mix of primary care providers sufficient to meet the needs of
11 the enrolled population's varied characteristics, including age,
12 gender, race, and health status.

13 (3) Each health carrier must have a process whereby an enrollee in
14 a managed care plan whose medical condition so warrants may be
15 authorized to use a medical specialist as a primary care provider.
16 This may include enrollees suffering from chronic diseases as well as
17 those with other special needs.

18 (4) Each managed care plan must provide for continuity of care and
19 appropriate referral of enrollees to specialists within the plan, when
20 specialty care is warranted.

21 (a) Enrollees must have access to medical specialists on a timely
22 basis.

23 (b) Enrollees must be provided with a choice of specialists when a
24 referral is made.

25 (5) Each managed care plan must provide a point-of-service option
26 that allows an enrollee to choose to receive service from a
27 nonparticipating health care professional or provider. The point-of-
28 service option may require that an enrollee pay a reasonable portion of
29 the costs of the out-of-plan care.

30 (6) Each managed care plan must provide, upon the request of an
31 enrollee, access by the enrollee to a second opinion from a
32 participating provider regarding any medical diagnosis or treatment
33 plan.

34 NEW SECTION. **Sec. 7.** (1) Each managed care plan must provide
35 coverage of all United States food and drug administration approved
36 drugs and devices, whether or not that drug or device has been approved
37 for the specific treatment or condition, so long as the primary care

1 provider or medical specialist treating an enrollee determines the drug
2 or device is medically necessary for the enrollee's condition.

3 (2) Each carrier must establish and operate a drug utilization
4 review program to enhance quality of care for managed care plan
5 enrollees by assuring appropriate drug therapy. The program must
6 include the following:

7 (a) A retrospective review of prescription drugs furnished to
8 enrollees, that incorporates:

9 (i) Clinically relevant criteria and standards for drug therapy;

10 (ii) Nonproprietary criteria and standards, developed and revised
11 through an open, professional consensus process; and

12 (iii) Interventions that focus on improving therapeutic outcomes;

13 (b) Periodic examination of data on outpatient prescription drugs
14 to ensure quality therapeutic outcomes for enrollees;

15 (c) Education of participating providers, enrollees, and
16 pharmacists regarding the appropriate use of prescription drugs; and

17 (d) Measures to ensure that the confidentiality of the relationship
18 between enrollees and providers are protected at all times.

19 (3) Prospective review of drug therapy may only deny services in
20 cases of enrollee ineligibility, coverage limitations, or fraud.

21 (4) The prescribing provider must determine the appropriate drug
22 therapy for an enrollee. Substitutions may not be made without the
23 direct approval of the prescriber.

24 NEW SECTION. Sec. 8. (1) A managed care plan that limits coverage
25 for experimental treatment must describe and disclose the limits,
26 including:

27 (a) The criteria the plan uses to determine whether a service is
28 experimental; and

29 (b) Who is authorized to make such a determination.

30 (2) A carrier that denies coverage of an experimental treatment for
31 a managed care plan enrollee who has a terminal condition or illness
32 must provide the enrollee with a denial letter within twenty working
33 days of the submitted request. The letter must include:

34 (a) The name and title of the individual making the denial
35 decision;

36 (b) A statement setting forth the specific medical and scientific
37 reasons for denying coverage;

1 (c) A description of alternative treatment, services, or supplies
2 covered by the plan, if any; and

3 (d) A copy of the plan's grievance and appeal procedure.

4 NEW SECTION. **Sec. 9.** (1) Each carrier must have comprehensive
5 quality assurance standards adequate to identify, evaluate, and correct
6 problems relating to access, continuity, and quality of care for
7 managed care plan enrollees. These standards must include:

8 (a) An ongoing, written, internal quality assurance program;

9 (b) Specific written guidelines for quality of care studies and
10 monitoring, including attention to vulnerable populations;

11 (c) Performance and clinical outcome-based criteria;

12 (d) A procedure for remedial action to correct quality problems,
13 including written procedures for taking appropriate corrective action;

14 (e) A plan for data gathering and assessment; and

15 (f) A peer review process.

16 (2) Each carrier must have written policies and procedures
17 governing the selection of participating providers in any managed care
18 plan. The policies and procedures must:

19 (a) Establish minimum professional requirements;

20 (b) Be developed in consultation with qualified health care
21 professionals;

22 (c) Include verification of a provider's license, history of
23 suspension or revocation, and liability claims history; and

24 (d) Provide for the periodic, written reevaluation of each
25 participating provider at reasonable intervals following his or her
26 initial acceptance.

27 Reevaluations must include updates of the previous review criteria
28 and an assessment of the performance pattern based on criteria
29 including enrollee clinical outcomes, number of complaints, and
30 malpractice actions.

31 (3) A managed care plan may not use a health care provider outside
32 of the provider's legally authorized scope of practice.

33 NEW SECTION. **Sec. 10.** (1) Upon request of any person, including
34 current or potential enrollees, or the insurance commissioner, a health
35 carrier must provide written information regarding any managed care
36 plan it offers, including, but not limited to, information on plan
37 structure, decision-making processes, confidentiality procedures,

1 health care benefits and exclusions, cost and cost-sharing
2 requirements, a list of participating providers, and grievance and
3 appeal procedures.

4 (2) A health carrier must collect and report annually to the
5 insurance commissioner specified data regarding any managed care plan
6 it offers, including:

7 (a) Gross outpatient and hospital utilization data;

8 (b) Enrollee clinical outcome data;

9 (c) The number and types of enrollee grievances or complaints
10 during the year, the status of decisions, and the average time required
11 to reach a decision; and

12 (d) The number, amount, and disposition of legal claims for adverse
13 medical outcomes filed in the preceding year against the managed care
14 plan or any of its participating providers.

15 (3) Each health carrier must have written policies and procedures
16 governing medical records and enrollee communications to protect the
17 privacy of managed care plan enrollees and ensure the confidentiality
18 of specified enrollee information, including, but not limited to, prior
19 medical history and claims information, except where disclosure of this
20 information is otherwise required by law.

21 (4) A health carrier is prohibited from releasing individual
22 enrollee record information, except where otherwise required by law,
23 unless such a release is authorized in writing by the enrollee.

24 NEW SECTION. **Sec. 11.** (1) Each health carrier must appoint a
25 medical director who is a licensed physician in the state of
26 Washington. The medical director is responsible for treatment
27 policies, protocols, quality assurance activities, and utilization
28 management decisions for any managed care plan offered by the carrier.

29 (2) Each health carrier must inform potential and current enrollees
30 in any managed care plan if the contract between the carrier and any
31 participating providers includes incentives or bonuses for restriction
32 of services.

33 NEW SECTION. **Sec. 12.** (1) Each health carrier must provide
34 written notification to each managed care plan enrollee, in a language
35 the enrollee understands, of the enrollee's right to file a grievance.
36 Notification must be provided:

37 (a) Before a person's enrollment in the plan; and

1 (b) At the time care is denied or limited under the plan. This
2 notice must also identify the reason for the denial or limitation, the
3 name of the individual responsible for the decision, the criteria for
4 determination, and include a detailed description of the grievance
5 procedure.

6 (2) No more than thirty days after a grievance is filed with a
7 carrier, the carrier must notify the person who filed the grievance of
8 the outcome, and of the process whereby an adverse grievance decision
9 may be appealed. In cases involving an imminent, emergent, or serious
10 threat to the health of the enrollee, the notification must be provided
11 within seventy-two hours of the filing of the grievance.

12 (3) Each health carrier must annually report to the insurance
13 commissioner regarding grievances filed under this section. The report
14 must include:

15 (a) The number of grievances and appeals processed by the carrier
16 during the preceding year;

17 (b) The outcomes or current status of the grievances and appeals;
18 and

19 (c) The average time taken to resolve grievances and appeals.

20 NEW SECTION. **Sec. 13.** (1) A health carrier must:

21 (a) Permit a person whose appeal of an adverse grievance decision
22 is denied by the carrier to seek review of that determination by an
23 independent review organization assigned to the appeal in accordance
24 with rules adopted by the commissioner under section 14 of this act;

25 (b) Provide to the appropriate independent review organization not
26 later than the third business day after the date that the carrier
27 receives a request for review a copy of:

28 (i) Any medical records of the enrollee that are relevant to the
29 review;

30 (ii) Any documents used by the plan in making the determination to
31 be reviewed by the organization;

32 (iii) Any documentation and written information submitted to the
33 carrier in support of the appeal; and

34 (iv) A list of each physician or health care provider who has
35 provided care to the enrollee and who may have medical records relevant
36 to the appeal;

1 (c) Comply with the independent review organization's determination
2 with respect to the medical necessity or appropriateness of health care
3 items and services for an enrollee; and

4 (d) Pay for the independent review.

5 (2) Confidential information in the custody of a carrier may be
6 provided to an independent review organization, subject to rules
7 adopted by the commissioner.

8 NEW SECTION. **Sec. 14.** (1) The commissioner shall:

9 (a) Adopt rules for:

10 (i) The certification, selection, and operation of independent
11 review organizations to perform independent review described by section
12 13 of this act; and

13 (ii) The suspension and revocation of the certification;

14 (b) Designate annually each organization that meets the standards
15 as an independent review organization;

16 (c) Charge health carriers fees as necessary to fund the operations
17 of independent review organizations; and

18 (d) Provide ongoing oversight of the independent review
19 organizations to ensure continued compliance with this chapter and the
20 rules adopted under this chapter.

21 (2) The rules required by subsection (1)(a) of this section must
22 ensure:

23 (a) The timely response of an independent review organization
24 selected under this chapter;

25 (b) The confidentiality of medical records transmitted to an
26 independent review organization for use in independent reviews;

27 (c) The qualifications and independence of each health care
28 provider or physician making review determinations for an independent
29 review organization;

30 (d) The fairness of the procedures used by an independent review
31 organization in making the determinations; and

32 (e) Timely notice to enrollees of the results of the independent
33 review, including the clinical basis for the determination.

34 (3) The rules adopted under subsection (1)(a) of this section must
35 include rules that require each independent review organization to make
36 its determination:

37 (a) Not later than the earlier of:

1 (i) The fifteenth day after the date the independent review
2 organization receives the information necessary to make the
3 determination; or

4 (ii) The twentieth day after the date the independent review
5 organization receives the request that the determination be made; and

6 (b) In the case of a life-threatening condition, not later than the
7 earlier of:

8 (i) The fifth day after the date the independent review
9 organization receives the information necessary to make the
10 determination; or

11 (ii) The eighth day after the date the independent review
12 organization receives the request that the determination be made.

13 (4) To be certified as an independent review organization under
14 this chapter, an organization must submit to the commissioner an
15 application in the form required by the commissioner. The application
16 must include:

17 (a) For an applicant that is publicly held, the name of each
18 stockholder or owner of more than five percent of any stock or options;

19 (b) The name of any holder of bonds or notes of the applicant that
20 exceed one hundred thousand dollars;

21 (c) The name and type of business of each corporation or other
22 organization that the applicant controls or is affiliated with and the
23 nature and extent of the affiliation or control;

24 (d) The name and a biographical sketch of each director, officer,
25 and executive of the applicant and any entity listed under (c) of this
26 subsection and a description of any relationship the named individual
27 has with:

28 (i) A health benefit plan;

29 (ii) A health carrier;

30 (iii) A utilization review agent;

31 (iv) A nonprofit health corporation;

32 (v) A health care provider; or

33 (vi) A group representing any of the entities described by (d)(i)
34 through (v) of this subsection;

35 (e) The percentage of the applicant's revenues that are anticipated
36 to be derived from reviews conducted under section 13 of this act;

37 (f) A description of the areas of expertise of the health care
38 professionals making review determinations for the applicant; and

1 (g) The procedures to be used by the independent review
2 organization in making review determinations with respect to reviews
3 conducted under section 13 of this act.

4 (5) The independent review organization shall annually submit the
5 information required by subsection (4) of this section. If at any time
6 there is a material change in the information included in the
7 application under subsection (4) of this section, the independent
8 review organization shall submit updated information to the
9 commissioner.

10 (6) An independent review organization may not be a subsidiary of,
11 or in any way owned or controlled by, a health carrier or a trade or
12 professional association of health carriers.

13 (7) An independent review organization conducting a review under
14 section 13 of this act is not liable for damages arising from the
15 determination made by the organization. This subsection does not apply
16 to an act or omission of the independent review organization that is
17 made in bad faith or that involves gross negligence.

18 NEW SECTION. **Sec. 15.** A health carrier shall not place any
19 advertisement before the public that is false, inaccurate, or
20 misleading. Such advertising is a matter affecting the public interest
21 for the purposes of applying chapter 19.86 RCW, and is not reasonable
22 in relation to the development and preservation of business. A
23 violation of this section constitutes an unfair or deceptive act or
24 practice in trade or commerce for the purpose of applying chapter 19.86
25 RCW.

26 NEW SECTION. **Sec. 16.** (1) A health carrier shall exercise
27 ordinary care when making health care treatment decisions and is liable
28 for damages for harm to an enrollee that is proximately caused by the
29 carrier's failure to exercise such ordinary care.

30 (2) A health carrier is also liable for damages for harm to an
31 enrollee that is proximately caused by the health care treatment
32 decisions made by the carrier's:

33 (a) Employees;

34 (b) Agents;

35 (c) Ostensible agents; or

36 (d) Representatives who are acting on its behalf and over whom it
37 has the right to exercise influence or control or has actually

1 exercised influence or control that results in the failure to exercise
2 ordinary care.

3 (3) It is a defense to an action asserted against a health carrier
4 that:

5 (a) Neither the health carrier, nor any employee, agent, ostensible
6 agent, or representative for whose conduct the health carrier is liable
7 under subsection (2) of this section, controlled, influenced, or
8 participated in the health care treatment decision; and

9 (b) The health carrier did not deny or delay payment for any
10 treatment prescribed or recommended by a provider to the enrollee.

11 (4) The standards in subsections (1) and (2) of this section create
12 no obligation on the part of the health insurance carrier to provide to
13 an enrollee treatment that is not covered by the health plan of the
14 carrier.

15 (5) This section does not create any liability on the part of an
16 employer or an employer group purchasing organization that purchases
17 coverage or assumes risk on behalf of its employees.

18 (6) A health carrier may not remove a physician or health care
19 provider from its plan or refuse to renew the physician or health care
20 provider with its plan for advocating on behalf of an enrollee for
21 appropriate and medically necessary health care for the enrollee.

22 (7) A health carrier may not enter into a contract with a
23 physician, hospital, or other health care provider or pharmaceutical
24 company that includes an indemnification or hold harmless clause for
25 the acts or conduct of the health carrier.

26 (8) Nothing in any law of this state prohibiting a health carrier
27 from practicing medicine or being licensed to practice medicine may be
28 asserted as a defense by the health carrier in an action brought
29 against it under this section or any other law.

30 (9) In an action against a health carrier, a finding that a
31 physician or other health care provider is an employee, agent,
32 ostensible agent, or representative of the health carrier shall not be
33 based solely on proof that the person's name appears in a listing of
34 approved physicians or health care providers made available to
35 enrollees under a health plan.

36 (10) This chapter does not apply to workers' compensation insurance
37 coverage under Title 51 RCW.

1 NEW SECTION. **Sec. 17.** (1) A person may not maintain a cause of
2 action under section 16 of this act against a health carrier unless the
3 affected enrollee or the enrollee's representative:

4 (a) Has exhausted the appeals and review applicable under sections
5 12 and 13 of this act; or

6 (b) Before instituting the action:

7 (i) Gives written notice of the claim as provided by subsection (2)
8 of this section; and

9 (ii) Agrees to submit the claim to a review by an independent
10 review organization under section 14 of this act, as required by
11 subsection (3) of this section.

12 (2) The notice required by subsection (1)(b)(i) of this section
13 must be delivered or mailed to the health carrier against whom the
14 action is made not later than the thirtieth day before the date the
15 claim is filed.

16 (3) The enrollee or the enrollee's representative must submit the
17 claim to a review by an independent review organization if the health
18 carrier against whom the claim is made requests the review not later
19 than the fourteenth day after the date the notice under subsection
20 (1)(b)(i) of this section is received by the health carrier. If the
21 health carrier does not request the review within the period specified
22 by this subsection, the enrollee or the enrollee's representative is
23 not required to submit the claim to independent review before
24 maintaining the action.

25 (4) Subject to subsection (5) of this section, if the enrollee has
26 not complied with subsection (1) of this section, the court shall not
27 dismiss an action under this section, but the court may order the
28 parties to submit to an independent review or mediation or other
29 nonbinding alternative dispute resolution and may abate the action for
30 a period of not to exceed thirty days for those purposes. Such orders
31 of the court are the sole remedy available to a party complaining of an
32 enrollee's failure to comply with subsection (1) of this section.

33 (5) The enrollee is not required to comply with subsection (3) of
34 this section, and no abatement or other order under subsection (4) of
35 this section for failure to comply may be imposed if the enrollee has
36 filed a pleading alleging in substance that:

37 (a) Harm to the enrollee has already occurred because of the
38 conduct of the health carrier or because of an act or omission of an

1 employee, agent, ostensible agent, or representative of the carrier for
2 whose conduct it is liable under section 16(2) of this act; and

3 (b) The review would not be beneficial to the enrollee, unless the
4 court, upon motion by a defendant carrier, finds after hearing that
5 such pleading was not made in good faith, in which case the court may
6 enter an order under subsection (4) of this section.

7 (6) If the enrollee or the enrollee's representative seeks to
8 exhaust the appeals and review or provides notice, as required by
9 subsection (1) of this section, before the statute of limitations
10 applicable to a claim against a managed care entity has expired, the
11 limitations period is tolled until the later of:

12 (a) The thirtieth day after the date the enrollee or the enrollee's
13 representative has exhausted the process for appeals and review; or

14 (b) The fortieth day after the date the enrollee or the enrollee's
15 representative gives notice under subsection (1)(b)(i) of this section.

16 (7) This section does not prohibit an enrollee from pursuing other
17 appropriate remedies, including injunctive relief, a declaratory
18 judgment, or relief available under law, if the requirement of
19 exhausting the process for appeal and review places the enrollee's
20 health in serious jeopardy.

21 NEW SECTION. **Sec. 18.** Sections 1 and 4 through 17 of this act are
22 each added to chapter 48.43 RCW.

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