
HOUSE BILL 2106

State of Washington

55th Legislature

1997 Regular Session

By Representative Dyer

Read first time 02/20/97. Referred to Committee on Health Care.

1 AN ACT Relating to vision care; amending RCW 18.53.010, 69.41.030,
2 and 69.50.101; and adding a new section to chapter 18.130 RCW.

3 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF WASHINGTON:

4 **Sec. 1.** RCW 18.53.010 and 1989 c 36 s 1 are each amended to read
5 as follows:

6 (1) The practice of optometry is defined as the examination of the
7 human eye, the examination and ascertaining any defects of the human
8 vision system and the analysis of the process of vision. The practice
9 of optometry may include, but not necessarily be limited to, the
10 following:

11 (a) The employment of any objective or subjective means or method
12 including the use of drugs (~~((topically applied to the eye))~~) related to
13 optometry for diagnostic (~~((and))~~) or therapeutic purposes by those
14 licensed under this chapter and who meet the requirements of
15 subsections (2) and (3) of this section, and the use of any diagnostic
16 instruments or devices for the examination or analysis of the human
17 vision system, the measurement of the powers or range of human vision,
18 or the determination of the refractive powers of the human eye or its
19 functions in general; and

1 (b) The practice of optometry does not include surgery as defined
2 by the secretary of health, in consultation with, pursuant to the
3 processes of, and in consideration of the findings of the vision care
4 clinical technology committee; and

5 (c) The prescription and fitting of lenses, prisms, therapeutic or
6 refractive contact lenses and the adaption or adjustment of frames and
7 lenses used in connection therewith; and

8 ~~((e))~~ (d) The prescription and provision of visual therapy,
9 therapeutic aids and other optical devices, and the treatment with
10 ~~((topically applied))~~ drugs by those licensed under this chapter and
11 who meet the requirements of subsections (2) and (3) of this section;
12 and

13 ~~((d))~~ (e) The ascertainment of the perceptive, neural, muscular
14 or pathological condition of the visual system; and

15 ~~((e))~~ (f) The adaptation of prosthetic eyes.

16 (2) Those persons certified by the board for advanced optometric
17 practice for using drugs for diagnostic purposes in the practice of
18 optometry shall have a minimum of sixty hours of didactic and clinical
19 instruction in general and ocular pharmacology as applied to optometry,
20 and for administering topically applied drugs for therapeutic purposes,
21 an additional minimum of seventy-five hours of didactic and clinical
22 instruction, and for administering or prescribing for therapeutic
23 purposes oral, injectable, or other recognized methods of using or
24 prescribing drugs, an additional twenty hours of didactic and clinical
25 instruction, as established by the board, and certification from an
26 institution of higher learning, accredited by those agencies recognized
27 by the United States office of education or the council on
28 postsecondary accreditation to qualify for certification by the
29 optometry board of Washington to use drugs for diagnostic and
30 therapeutic purposes. Such course or courses shall be the fiscal
31 responsibility of the participating and attending optometrist.

32 (3) The board shall establish a schedule of drugs for diagnostic
33 and treatment purposes limited to the practice of optometry, and no
34 person licensed pursuant to this chapter shall prescribe, dispense,
35 purchase, possess, or administer drugs except as authorized and to the
36 extent permitted by the board. Drugs included on the schedule shall be
37 limited to analgesics for pain management, antibiotics for systemic
38 disease, and drugs listed in Schedules III through V of the uniform
39 controlled substances act to be administered orally. No drugs listed

1 in Schedule I of the uniform controlled substances act may be included
2 on the schedule, including steroids. Drugs listed in Schedule II that
3 are included in the schedule must be approved by the secretary of
4 health, in consultation with and pursuant to the processes of the
5 vision care clinical technology advisory committee.

6 (4) The board shall develop a means of identification and
7 verification of optometrists certified for advanced optometric practice
8 to use therapeutic drugs for the purpose of issuing prescriptions as
9 authorized by this section.

10 (5)(a) The prescription or administration of drugs as authorized in
11 this section is specifically limited to those drugs necessary to treat
12 diseases or conditions of the eye that are within the practice of
13 optometry. The prescription or administration of drugs for any other
14 purpose is not authorized.

15 (b) The commission shall provide specific guidelines by rule so
16 that licensed optometrists and persons filling their prescriptions have
17 a clear understanding of which drugs and dosage forms are included in
18 this authorization.

19 (c) No optometrist shall prescribe, dispense, or administer a
20 controlled substance for more than seven days in treating a particular
21 patient for a single trauma, episode, or condition.

22 (d) Drugs listed in Schedule II of the uniform controlled
23 substances act and administered by injection by a certified optometrist
24 must be administered pursuant to a practice protocol with a sponsoring
25 board-certified ophthalmologist licensed to practice medicine in this
26 state. The protocol must be in writing, signed by the certified
27 optometrist and ophthalmologist, and filed with the secretary of
28 health, the board, and the medical quality assurance commission.

29 NEW SECTION. Sec. 2. A new section is added to chapter 18.130 RCW
30 to read as follows:

31 (1) It is the intent of the legislature to establish a formal
32 process under which questions involving new technological developments
33 relating to the practice of vision care by licensed optometrists and
34 board-certified ophthalmologists may be reviewed in an objective
35 setting, supported with structured staffing and informational
36 resources, among representatives of those professions whose recognized
37 expertise and clinical experience can summon the requisite facts,
38 reasoning, and analysis necessary for a discourse on practice issues

1 that may from time to time be submitted to them for consideration. The
2 establishment of the vision care clinical technology committee within
3 the department of health is the most appropriate forum for a dialogue
4 to flourish among vision care professionals from specialized
5 disciplines, whose findings and recommendations can form the basis for
6 resolving clinical practice issues of interest to policy makers in the
7 development of sound policies affecting the practice of vision care
8 consistent with the health, safety, and welfare of the public.

9 (2) A vision care clinical technology committee is established
10 within the department of health which shall meet at the request of the
11 secretary of health, or on the call of the secretary upon a joint
12 request from the chairs of the board of optometry and medical quality
13 assurance commission, to review questions involving clinical practice
14 raised by new technological developments in the field of vision care,
15 related to regulatory issues involving scope of practice parameters or
16 other issues of mutual concern. The committee may make findings, issue
17 opinions, and make recommendations, in an advisory capacity, to the
18 board of optometry, the medical quality assurance commission, the
19 secretary, appropriate standing committees of the senate and house of
20 representatives, or other governmental entities, professional
21 associations, or parties of interest.

22 (3) The members of the committee shall be appointed by the
23 secretary who shall consider those individuals, recognized in their
24 profession with the requisite education, knowledge, and clinical
25 experience, who are recommended for appointment by the appropriate
26 professional associations. The members shall serve for terms of two
27 years or until their successors are appointed. The committee shall be
28 constituted with three board-certified ophthalmologists licensed to
29 practice medicine in this state; three optometrists licensed to
30 practice optometry in this state; and the secretary, who shall preside
31 as chair of the committee without a vote representing the public
32 interest by virtue of the office. The secretary may appoint, on an ad
33 hoc basis and without a vote, other health professionals with
34 recognized knowledge and experience when a question involving the
35 expertise of other health disciplines is necessary for an informed
36 dialogue. In the case of a vacancy, the secretary shall appoint a
37 member to serve for the remainder of the unexpired term. The members
38 shall serve without compensation, but may be reimbursed for travel and
39 per diem expenses authorized in RCW 43.03.050 and 43.03.060.

1 (4) The committee may invite the participation of any person or
2 organization and hold public hearings on matters related to their
3 authority. Meetings of the committee are open to the public pursuant
4 to law.

5 **Sec. 3.** RCW 69.41.030 and 1996 c 178 s 17 are each amended to read
6 as follows:

7 It shall be unlawful for any person to sell, deliver, or possess
8 any legend drug except upon the order or prescription of a physician
9 under chapter 18.71 RCW, an osteopathic physician and surgeon under
10 chapter 18.57 RCW, an optometrist licensed under chapter 18.53 RCW who
11 is certified for advanced practice under RCW 18.53.010, a dentist under
12 chapter 18.32 RCW, a podiatric physician and surgeon under chapter
13 18.22 RCW, a veterinarian under chapter 18.92 RCW, a commissioned
14 medical or dental officer in the United States armed forces or public
15 health service in the discharge of his or her official duties, a duly
16 licensed physician or dentist employed by the veterans administration
17 in the discharge of his or her official duties, a registered nurse or
18 advanced registered nurse practitioner under chapter 18.79 RCW when
19 authorized by the nursing care quality assurance commission, an
20 osteopathic physician assistant under chapter 18.57A RCW when
21 authorized by the board of osteopathic medicine and surgery, a
22 physician assistant under chapter 18.71A RCW when authorized by the
23 medical quality assurance commission, a physician licensed to practice
24 medicine and surgery or a physician licensed to practice osteopathic
25 medicine and surgery, a dentist licensed to practice dentistry, a
26 podiatric physician and surgeon licensed to practice podiatric medicine
27 and surgery, or a veterinarian licensed to practice veterinary
28 medicine, in any province of Canada which shares a common border with
29 the state of Washington or in any state of the United States:
30 PROVIDED, HOWEVER, That the above provisions shall not apply to sale,
31 delivery, or possession by drug wholesalers or drug manufacturers, or
32 their agents or employees, or to any practitioner acting within the
33 scope of his or her license, or to a common or contract carrier or
34 warehouseman, or any employee thereof, whose possession of any legend
35 drug is in the usual course of business or employment: PROVIDED
36 FURTHER, That nothing in this chapter or chapter 18.64 RCW shall
37 prevent a family planning clinic that is under contract with the
38 department of social and health services from selling, delivering,

1 possessing, and dispensing commercially prepackaged oral contraceptives
2 prescribed by authorized, licensed health care practitioners.

3 **Sec. 4.** RCW 69.50.101 and 1996 c 178 s 18 are each amended to read
4 as follows:

5 Unless the context clearly requires otherwise, definitions of terms
6 shall be as indicated where used in this chapter:

7 (a) "Administer" means to apply a controlled substance, whether by
8 injection, inhalation, ingestion, or any other means, directly to the
9 body of a patient or research subject by:

10 (1) a practitioner authorized to prescribe (or, by the
11 practitioner's authorized agent); or

12 (2) the patient or research subject at the direction and in the
13 presence of the practitioner.

14 (b) "Agent" means an authorized person who acts on behalf of or at
15 the direction of a manufacturer, distributor, or dispenser. It does
16 not include a common or contract carrier, public warehouseperson, or
17 employee of the carrier or warehouseperson.

18 (c) "Board" means the state board of pharmacy.

19 (d) "Controlled substance" means a drug, substance, or immediate
20 precursor included in Schedules I through V as set forth in federal or
21 state laws, or federal or board rules.

22 (e)(1) "Controlled substance analog" means a substance the chemical
23 structure of which is substantially similar to the chemical structure
24 of a controlled substance in Schedule I or II and:

25 (i) that has a stimulant, depressant, or hallucinogenic effect on
26 the central nervous system substantially similar to the stimulant,
27 depressant, or hallucinogenic effect on the central nervous system of
28 a controlled substance included in Schedule I or II; or

29 (ii) with respect to a particular individual, that the individual
30 represents or intends to have a stimulant, depressant, or
31 hallucinogenic effect on the central nervous system substantially
32 similar to the stimulant, depressant, or hallucinogenic effect on the
33 central nervous system of a controlled substance included in Schedule
34 I or II.

35 (2) The term does not include:

36 (i) a controlled substance;

37 (ii) a substance for which there is an approved new drug
38 application;

1 (iii) a substance with respect to which an exemption is in effect
2 for investigational use by a particular person under Section 505 of the
3 federal Food, Drug and Cosmetic Act, 21 U.S.C. Sec. 355, to the extent
4 conduct with respect to the substance is pursuant to the exemption; or

5 (iv) any substance to the extent not intended for human consumption
6 before an exemption takes effect with respect to the substance.

7 (f) "Deliver" or "delivery," means the actual or constructive
8 transfer from one person to another of a substance, whether or not
9 there is an agency relationship.

10 (g) "Department" means the department of health.

11 (h) "Dispense" means the interpretation of a prescription or order
12 for a controlled substance and, pursuant to that prescription or order,
13 the proper selection, measuring, compounding, labeling, or packaging
14 necessary to prepare that prescription or order for delivery.

15 (i) "Dispenser" means a practitioner who dispenses.

16 (j) "Distribute" means to deliver other than by administering or
17 dispensing a controlled substance.

18 (k) "Distributor" means a person who distributes.

19 (l) "Drug" means (1) a controlled substance recognized as a drug in
20 the official United States pharmacopoeia/national formulary or the
21 official homeopathic pharmacopoeia of the United States, or any
22 supplement to them; (2) controlled substances intended for use in the
23 diagnosis, cure, mitigation, treatment, or prevention of disease in
24 individuals or animals; (3) controlled substances (other than food)
25 intended to affect the structure or any function of the body of
26 individuals or animals; and (4) controlled substances intended for use
27 as a component of any article specified in (1), (2), or (3) of this
28 subsection. The term does not include devices or their components,
29 parts, or accessories.

30 (m) "Drug enforcement administration" means the drug enforcement
31 administration in the United States Department of Justice, or its
32 successor agency.

33 (n) "Immediate precursor" means a substance:

34 (1) that the state board of pharmacy has found to be and by rule
35 designates as being the principal compound commonly used, or produced
36 primarily for use, in the manufacture of a controlled substance;

37 (2) that is an immediate chemical intermediary used or likely to be
38 used in the manufacture of a controlled substance; and

1 (3) the control of which is necessary to prevent, curtail, or limit
2 the manufacture of the controlled substance.

3 (o) "Isomer" means an optical isomer, but in RCW 69.50.101(r)(5),
4 69.50.204(a) (12) and (34), and 69.50.206(a)(4), the term includes any
5 geometrical isomer; in RCW 69.50.204(a) (8) and (42), and 69.50.210(c)
6 the term includes any positional isomer; and in RCW 69.50.204(a)(35),
7 69.50.204(c), and 69.50.208(a) the term includes any positional or
8 geometric isomer.

9 (p) "Manufacture" means the production, preparation, propagation,
10 compounding, conversion, or processing of a controlled substance,
11 either directly or indirectly or by extraction from substances of
12 natural origin, or independently by means of chemical synthesis, or by
13 a combination of extraction and chemical synthesis, and includes any
14 packaging or repackaging of the substance or labeling or relabeling of
15 its container. The term does not include the preparation, compounding,
16 packaging, repackaging, labeling, or relabeling of a controlled
17 substance:

18 (1) by a practitioner as an incident to the practitioner's
19 administering or dispensing of a controlled substance in the course of
20 the practitioner's professional practice; or

21 (2) by a practitioner, or by the practitioner's authorized agent
22 under the practitioner's supervision, for the purpose of, or as an
23 incident to, research, teaching, or chemical analysis and not for sale.

24 (q) "Marijuana" or "marihuana" means all parts of the plant
25 Cannabis, whether growing or not; the seeds thereof; the resin
26 extracted from any part of the plant; and every compound, manufacture,
27 salt, derivative, mixture, or preparation of the plant, its seeds or
28 resin. The term does not include the mature stalks of the plant, fiber
29 produced from the stalks, oil or cake made from the seeds of the plant,
30 any other compound, manufacture, salt, derivative, mixture, or
31 preparation of the mature stalks (except the resin extracted
32 therefrom), fiber, oil, or cake, or the sterilized seed of the plant
33 which is incapable of germination.

34 (r) "Narcotic drug" means any of the following, whether produced
35 directly or indirectly by extraction from substances of vegetable
36 origin, or independently by means of chemical synthesis, or by a
37 combination of extraction and chemical synthesis:

38 (1) Opium, opium derivative, and any derivative of opium or opium
39 derivative, including their salts, isomers, and salts of isomers,

1 whenever the existence of the salts, isomers, and salts of isomers is
2 possible within the specific chemical designation. The term does not
3 include the isoquinoline alkaloids of opium.

4 (2) Synthetic opiate and any derivative of synthetic opiate,
5 including their isomers, esters, ethers, salts, and salts of isomers,
6 esters, and ethers, whenever the existence of the isomers, esters,
7 ethers, and salts is possible within the specific chemical designation.

8 (3) Poppy straw and concentrate of poppy straw.

9 (4) Coca leaves, except coca leaves and extracts of coca leaves
10 from which cocaine, ecgonine, and derivatives or ecgonine or their
11 salts have been removed.

12 (5) Cocaine, or any salt, isomer, or salt of isomer thereof.

13 (6) Cocaine base.

14 (7) Ecgonine, or any derivative, salt, isomer, or salt of isomer
15 thereof.

16 (8) Any compound, mixture, or preparation containing any quantity
17 of any substance referred to in subparagraphs (1) through (7).

18 (s) "Opiate" means any substance having an addiction-forming or
19 addiction-sustaining liability similar to morphine or being capable of
20 conversion into a drug having addiction-forming or addiction-sustaining
21 liability. The term includes opium, substances derived from opium
22 (opium derivatives), and synthetic opiates. The term does not include,
23 unless specifically designated as controlled under RCW 69.50.201, the
24 dextrorotatory isomer of 3-methoxy-n-methylmorphinan and its salts
25 (dextromethorphan). The term includes the racemic and levorotatory
26 forms of dextromethorphan.

27 (t) "Opium poppy" means the plant of the species *Papaver somniferum*
28 L., except its seeds.

29 (u) "Person" means individual, corporation, business trust, estate,
30 trust, partnership, association, joint venture, government,
31 governmental subdivision or agency, or any other legal or commercial
32 entity.

33 (v) "Poppy straw" means all parts, except the seeds, of the opium
34 poppy, after mowing.

35 (w) "Practitioner" means:

36 (1) A physician under chapter 18.71 RCW, a physician assistant
37 under chapter 18.71A RCW, an osteopathic physician and surgeon under
38 chapter 18.57 RCW, an optometrist licensed under chapter 18.53 RCW who
39 is certified for advanced practice under RCW 18.53.010, subject to any

1 limitations in RCW 18.53.010, a dentist under chapter 18.32 RCW, a
2 podiatric physician and surgeon under chapter 18.22 RCW, a veterinarian
3 under chapter 18.92 RCW, a registered nurse, advanced registered nurse
4 practitioner, or licensed practical nurse under chapter 18.79 RCW, a
5 pharmacist under chapter 18.64 RCW or a scientific investigator under
6 this chapter, licensed, registered or otherwise permitted insofar as is
7 consistent with those licensing laws to distribute, dispense, conduct
8 research with respect to or administer a controlled substance in the
9 course of their professional practice or research in this state.

10 (2) A pharmacy, hospital or other institution licensed, registered,
11 or otherwise permitted to distribute, dispense, conduct research with
12 respect to or to administer a controlled substance in the course of
13 professional practice or research in this state.

14 (3) A physician licensed to practice medicine and surgery, a
15 physician licensed to practice osteopathic medicine and surgery, a
16 dentist licensed to practice dentistry, a podiatric physician and
17 surgeon licensed to practice podiatric medicine and surgery, or a
18 veterinarian licensed to practice veterinary medicine in any state of
19 the United States.

20 (x) "Prescription" means an order for controlled substances issued
21 by a practitioner duly authorized by law or rule in the state of
22 Washington to prescribe controlled substances within the scope of his
23 or her professional practice for a legitimate medical purpose.

24 (y) "Production" includes the manufacturing, planting, cultivating,
25 growing, or harvesting of a controlled substance.

26 (z) "Secretary" means the secretary of health or the secretary's
27 designee.

28 (aa) "State," unless the context otherwise requires, means a state
29 of the United States, the District of Columbia, the Commonwealth of
30 Puerto Rico, or a territory or insular possession subject to the
31 jurisdiction of the United States.

32 (bb) "Ultimate user" means an individual who lawfully possesses a
33 controlled substance for the individual's own use or for the use of a
34 member of the individual's household or for administering to an animal
35 owned by the individual or by a member of the individual's household.

--- END ---