

**SUBSTITUTE HOUSE BILL 2018**

**State of Washington                      55th Legislature                      1997 Regular Session**

**By** House Committee on Health Care (originally sponsored by Representatives Dyer, Grant, Backlund, Quall, Zellinsky, Sheldon, Sherstad, Morris, Parlette, Scott and Skinner)

Read first time 03/05/97.

1            AN ACT Relating to health insurance reform; amending RCW 48.43.005,  
2 48.43.025, 48.43.035, 48.20.028, 48.44.022, 48.46.064, 48.41.030,  
3 48.41.060, 48.41.080, 48.41.110, 48.41.200, and 48.41.130; adding new  
4 sections to chapter 43.70 RCW; adding new sections to chapter 48.43  
5 RCW; adding a new section to chapter 48.44 RCW; adding a new section to  
6 chapter 48.46 RCW; adding a new section to chapter 48.21 RCW; adding  
7 new sections to chapter 48.20 RCW; creating new sections; repealing RCW  
8 48.43.055 and 48.46.100; providing effective dates; and declaring an  
9 emergency.

10 BE IT ENACTED BY THE LEGISLATURE OF THE STATE OF WASHINGTON:

**HEALTH INSURANCE REFORM**

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34 **PART I--CONSUMER PROTECTIONS**

1        NEW SECTION.        **Sec. 101.**        UTILIZATION REVIEW--INTENT.        The  
2 legislature intends that the delivery of quality health care services  
3 to individuals in the state of Washington be consistent with a wise use  
4 of resources. It is therefore the purpose of this act to define  
5 standards for utilization review of health care services and to promote  
6 the delivery of health care in a cost-effective manner. The  
7 legislature reaffirms its commitment to improving patient health  
8 through encouraging the availability of effective and consistent  
9 utilization review throughout this state. The legislature believes  
10 that standards for utilization review will help assure quality  
11 oversight of individual case evaluations in this state.

12        NEW SECTION.        **Sec. 102.**        A new section is added to chapter 43.70  
13 RCW to read as follows:

14        UTILIZATION REVIEW--DEFINITIONS.        Unless the context clearly  
15 requires otherwise, the definitions in this section apply throughout  
16 sections 103 and 104 of this act:

17        (1) "Certification" means a determination by a utilization review  
18 organization that an admission, extension of stay, or other health care  
19 service or procedure has been reviewed and, based on the information  
20 provided, meets the clinical requirements for medical necessity,  
21 appropriateness, level of care, or effectiveness under the auspices of  
22 the applicable health benefit plan.

23        (2) "Review organization" means an entity performing utilization  
24 review, including a disability insurer regulated under chapter 48.20 or  
25 48.21 RCW, health care service contractor as defined in RCW 48.44.010,  
26 or health maintenance organization as defined in RCW 48.46.020, and  
27 entities affiliated with, under contract with, or acting on behalf of  
28 a health carrier. "Review organization" does not include an employer-  
29 sponsored self-funded health plan.

30        (3) "Utilization review" means the prospective, concurrent, or  
31 retrospective assessment of the necessity and appropriateness of the  
32 allocation of health care resources and services of a provider or  
33 facility, given or proposed to be given to a patient or group of  
34 patients. "Utilization review" does not mean elective requests for  
35 clarification of coverage, eligibility or benefits verification, or  
36 medical claims adjudication.

1        NEW SECTION.    **Sec. 103.**    A new section is added to chapter 43.70  
2 RCW to read as follows:

3        UTILIZATION REVIEW--REVIEW ORGANIZATION.    (1) Beginning on January  
4 1, 1998, every review organization that performs utilization review of  
5 inpatient medical and surgical benefits and outpatient medical and  
6 surgical benefits for residents of this state shall meet the standards  
7 set forth in this section and section 104 of this act.

8        (a) Review organizations shall comply with all applicable state and  
9 federal laws to protect confidentiality of enrollee medical records.

10        (b) Any certification by a review organization as to the medical  
11 necessity or appropriateness of an admission, length of stay, extension  
12 of stay, or service or procedure must be made in accordance with  
13 medical standards or guidelines approved by a participating provider.

14        (c) Any determination by a review organization to deny an  
15 admission, length of stay, extension of stay, or service or procedure  
16 on the basis of medical necessity or appropriateness must be made by a  
17 participating provider who has reasonable access to board certified  
18 specialty providers in making such determinations.

19        (d) Review organizations shall make staff available to perform  
20 utilization review activities by toll-free or collect telephone, at  
21 least forty hours per week during normal business hours.

22        (e) Review organizations shall have a phone system capable of  
23 accepting or recording, or both, incoming phone calls during other than  
24 normal business hours and shall respond to these calls within two  
25 business days.

26        (f) Review organizations shall maintain a documented utilization  
27 review program description and written utilization review criteria  
28 based on reasonable medical evidence.    The program must include a  
29 method for reviewing and updating criteria.    Review organizations shall  
30 make pertinent criteria available upon request to the participating  
31 provider involved in a specific case under review.

32        (g) Review organizations shall designate a physician to participate  
33 in utilization review program implementation.

34        (2) The Washington state health care authority shall periodically  
35 examine review organization accreditation standards of the utilization  
36 review accreditation commission, the national committee for quality  
37 assurance, and other national accreditation organizations for  
38 appropriateness and, if deemed appropriate, shall adopt rules exempting  
39 a review organization from the requirements of section 104 of this act

1 if certified by a national credentialing entity approved by the  
2 authority. The powers of the Washington state health care authority  
3 set forth in this section are transferred to the office of the  
4 insurance commissioner on January 1, 2001.

5 NEW SECTION. **Sec. 104.** A new section is added to chapter 43.70  
6 RCW to read as follows:

7 UTILIZATION REVIEW--STANDARDS. (1) Notification of an initial  
8 determination by the review organization to certify an admission,  
9 length of stay, extension of stay, or service or procedure must be  
10 mailed or otherwise communicated to the provider of record or the  
11 patient, or the patient's authorized representative, or both, within  
12 two business days of the determination and following the receipt of all  
13 information necessary to complete the review.

14 (2) Notification of an initial determination by the review  
15 organization to deny an admission, length of stay, extension of stay,  
16 or service or procedure must be mailed or otherwise communicated to the  
17 provider of record or the patient, or the patient's authorized  
18 representative, or both, within one business day of the determination  
19 and following the receipt of all information necessary to complete the  
20 review.

21 (3) Any notification of a determination to deny an admission,  
22 length of stay, extension of stay, or service or procedure must  
23 include:

24 (a) The review organization's decision in clear terms and the  
25 rationale in sufficient detail for the patient to respond further to  
26 the review organization's position; and

27 (b) The procedures to initiate an appeal of an adverse  
28 determination.

29 (4) Hospitals and providers shall cooperate with the reasonable  
30 efforts of review organizations to ensure that all necessary patient  
31 information is available in a timely fashion by phone during normal  
32 business hours. Hospitals and physicians shall allow on-site review of  
33 medical records by review organizations. These provisions are subject  
34 to the requirements regarding health care information disclosure in  
35 chapter 70.02 RCW.

36 NEW SECTION. **Sec. 105.** A new section is added to chapter 43.70  
37 RCW to read as follows:

1 UTILIZATION REVIEW--LIMITED RECORD ACCESS. (1) In performing a  
2 utilization review, a review organization is limited to access to the  
3 records of persons covered by the specific health carrier or lawful  
4 third party payer for which the review is performed.

5 (2) For purposes of this section, "lawful third party payer" means  
6 a third party payer that is operating lawfully under state or federal  
7 law and may include public or private third party payers, including, by  
8 way of illustration and not limitation, public or private insuring  
9 entities regulated pursuant to this title; health care coverage  
10 programs of the government of the state of Washington under chapter  
11 41.05, 70.47, or 74.09 RCW; health care coverage programs of local  
12 governmental units pursuant to chapter 48.62 RCW; any industrial  
13 insurance programs under Title 51 RCW; private self-insured employer  
14 welfare benefit plans exempt from state insurance regulation by federal  
15 law; and the federal government as to any of its health care programs  
16 such as medicare, CHAMPUS, or other coverage for federal employees and  
17 dependents.

18 NEW SECTION. **Sec. 106.** GRIEVANCE PROCEDURES--INTENT. The  
19 legislature is committed to the efficient use of state resources in  
20 promoting public health and protecting the rights of individuals in the  
21 state of Washington. The purpose of this act is to provide standards  
22 for the establishment and maintenance of procedures by health carriers  
23 to assure that covered persons have the opportunity for the appropriate  
24 resolution of their grievances, as defined in this act.

25 NEW SECTION. **Sec. 107.** A new section is added to chapter 48.43  
26 RCW to read as follows:

27 GRIEVANCE PROCEDURES--STANDARDS. (1) Every health carrier shall  
28 use written procedures for receiving and resolving grievances from  
29 covered persons. At each level of review of a grievance, the health  
30 carrier shall include a person or persons with sufficient background  
31 and authority to deliberate the merits of the grievance and establish  
32 appropriate terms of resolution. The health carrier's medical director  
33 or designee shall be available to participate in the review of any  
34 grievance involving a clinical issue or issues. A grievance that  
35 includes an issue of clinical quality of care as determined by the  
36 health carrier's medical director or designee may be directed to the

1 health carrier's quality assurance committee for review, resolution,  
2 and documentation.

3 (2)(a) A complaint that is not submitted in writing may be resolved  
4 directly by the health carrier with the covered person, and is not  
5 considered a grievance subject to the review, recording, and reporting  
6 requirements of this section.

7 (b) The health carrier is required to provide telephone access to  
8 covered persons for purposes of presenting a complaint for review.  
9 Each telephone number provided shall be toll free or collect within the  
10 health carrier's service area and provide reasonable access to the  
11 health carrier without undue delays during normal business hours.

12 (3)(a) A grievance may be submitted by a covered person or a  
13 representative acting on behalf of the covered person through written  
14 authority to assure protection of the covered person's private  
15 information. The health carrier shall acknowledge in writing the  
16 receipt of the grievance and the department name and address where  
17 additional information may be submitted by the covered person or  
18 authorized representative of the covered person. The health carrier  
19 shall process the grievance in a reasonable length of time not to  
20 exceed thirty days from receipt of the written grievance. If the  
21 grievance involves the collection of information from sources external  
22 to the health carrier and its participating providers, the health  
23 carrier has an additional thirty days to process the covered person's  
24 grievance.

25 (b) The health carrier shall provide the covered person, or  
26 authorized representative of the covered person, with a written  
27 determination of its review within the time frame specified in (a) of  
28 this subsection. The written determination shall contain at a minimum:

29 (i) The health carrier's position in clear terms and the rationale  
30 in sufficient detail for the covered person or authorized  
31 representative of the covered person to respond further to the health  
32 carrier's position; and

33 (ii) When the health carrier's decision is not wholly favorable to  
34 the covered person, a description of the process to obtain a second  
35 level grievance review of the decision, including the time frames  
36 required for submission of a request by the covered person or  
37 authorized representative of the covered person.

38 (4)(a) A health carrier shall provide a second level grievance  
39 review for those covered persons who are dissatisfied with the first

1 level grievance review decision and who submit a written request for  
2 review. The second level review process shall include an opportunity  
3 for the covered person or authorized representative of the covered  
4 person to appear in person before the representative or representatives  
5 of the health carrier to present facts or documents not considered at  
6 the first level grievance review. The covered person or authorized  
7 representative of the covered person must ask for a personal appearance  
8 in the initial request for a second level review.

9 (b) The health carrier shall process the grievance in a reasonable  
10 length of time, not to exceed thirty days from receipt of the request  
11 for a second level review. If the request includes a request for an  
12 in-person review, the health carrier has an additional twenty-one days  
13 to schedule and conduct the review meeting. In no event shall the  
14 second level review process exceed fifty-one days from the health  
15 carrier's initial receipt of the request unless mutually agreed upon by  
16 the covered person or authorized representative of the covered person  
17 and the health carrier.

18 (c) A health carrier's procedures for conducting a second level  
19 review must include the following:

20 (i) The second level review panel shall be comprised of  
21 representatives of the health carrier not otherwise participating in  
22 the first level review. If the grievance involves a clinical issue or  
23 issues, the health carrier shall appoint a clinical peer with  
24 appropriate qualifications who was not previously involved with the  
25 grievance under review;

26 (ii) The review panel shall schedule the review meeting to  
27 reasonably accommodate the covered person or authorized representative  
28 of the covered person and not unreasonably deny a request for  
29 postponement of the review requested by the covered person or  
30 authorized representative of the covered person; and

31 (iii) The health carrier shall notify the covered person or  
32 authorized representative of the covered person in writing at least  
33 fifteen days in advance of the scheduled review date unless a shorter  
34 time frame is agreed to by the health carrier and the covered person.  
35 The review meeting shall be held at a location within the health  
36 carrier's service area that is reasonably accessible to the covered  
37 person or authorized representative of the covered person. In cases  
38 where a face-to-face meeting is not practical for geographic reasons,  
39 a health carrier shall offer the covered person or authorized



1 representative of the covered person the opportunity to communicate  
2 with the review panel, at the health carrier's expense, by conference  
3 call, video conferencing, or other appropriate technology as determined  
4 by the health carrier.

5 (d) The health carrier shall issue a written decision to the  
6 covered person or authorized representative of the covered person  
7 within five working days of completing the review meeting. The  
8 decision shall include:

9 (i) A statement of the health carrier's understanding of the nature  
10 of the grievance and all pertinent facts;

11 (ii) The health carrier's decision in clear terms and the rationale  
12 for the review panel's decision; and

13 (iii) Notice of the covered person's right to any further review by  
14 the health carrier.

15 (e) Determination of a grievance at the final level review that is  
16 unfavorable to the covered person may be submitted by the covered  
17 person or authorized representative of the covered person to nonbinding  
18 mediation. Mediation shall be conducted under mediation rules similar  
19 to those of the American arbitration association, the center for public  
20 resources, the judicial arbitration and mediation service, RCW  
21 7.70.100, or any other rules of mediation agreed to by the parties.

22 (5) Each health carrier as defined in this chapter shall file with  
23 the commissioner its procedures for review and adjudication of  
24 grievances initiated by covered persons.

25 (6) The health carrier shall maintain accurate records of each  
26 grievance to include the following:

27 (a) A description of the grievance, the date received by the health  
28 carrier, and the name and identification number of the covered person;  
29 and

30 (b) A statement as to which level of the grievance procedure the  
31 grievance has been brought, the date at which it was brought to each  
32 level, the decision reached at each level, and a summary description of  
33 the rationale for the decision.

34 (7) Each health carrier shall make an annual report available to  
35 the commissioner upon reasonable request. The report shall include for  
36 each type of health benefit plan offered by the health carrier the  
37 number of covered lives, the total number of grievances received, the  
38 number of grievances resolved at each level, and the total number of  
39 favorable and unfavorable decisions.

1 (8) A notice of the availability and the requirements of the  
2 grievance procedure, including the address where a written grievance  
3 may be filed, shall be included in or attached to the policy,  
4 certificate, membership booklet, outline of coverage, or other evidence  
5 of coverage provided by the health carrier to its enrollees.

6 (9) The notice shall include a toll-free telephone number for a  
7 covered person to obtain verbal explanation of the grievance procedure.

8 (10) A health carrier shall establish written procedures for the  
9 expedited review of a grievance involving a situation where the time to  
10 resolve a grievance according to the procedures set forth in this  
11 section would seriously jeopardize the life or health of a covered  
12 person. A request for an expedited review may be submitted orally or  
13 in writing by a covered person or authorized representative of the  
14 covered person. A health carrier's procedures for establishing an  
15 expedited review process shall include the following:

16 (a) Expedited reviews shall be evaluated by an appropriate health  
17 care professional appointed by the health carrier.

18 (b) A health carrier shall provide expedited review to all requests  
19 concerning an admission, availability of care, continued stay, or  
20 review of a health care service for a covered person who has received  
21 emergency services but has not been discharged from a facility.

22 (c) All necessary information, including the health carrier's  
23 decision, shall be transmitted between the health carrier and the  
24 covered person or authorized representative of the covered person by  
25 telephone, facsimile, or the most expeditious method available as  
26 determined by the health carrier.

27 (d) A health carrier shall make a decision and notify the covered  
28 person or authorized representative of the covered person as  
29 expeditiously as the medical condition of the covered person requires,  
30 but no more than two business days after the request for expedited  
31 review is received by the health carrier. If the expedited review is  
32 a concurrent review determination, the service shall be continued  
33 without liability to the covered person until the covered person or  
34 authorized representative of the covered person has been notified of  
35 the decision by the health carrier.

36 (e) A health carrier shall provide written confirmation of its  
37 decision concerning an expedited review within two working days of  
38 providing notification of that decision to the enrollee, if the initial  
39 notification was not in writing. The written notification shall

1 contain the provisions required in subsection (3) of this section  
2 pertaining to a first level grievance review.

3 (f) In any case where the expedited review process does not resolve  
4 a difference of opinion between a health carrier and the covered  
5 person, the covered person or authorized representative of the covered  
6 person may request a second level grievance review. In conducting the  
7 second level grievance review, the health carrier shall adhere to time  
8 frames that are reasonable under the circumstances, but in no event to  
9 exceed the time frames specified in subsection (4) of this section  
10 pertaining to second level grievance review.

11 (11) The Washington state health care authority shall periodically  
12 examine grievance procedure accreditation standards of the national  
13 committee for quality assurance or other national accreditation  
14 organizations for appropriateness and, if deemed appropriate, shall  
15 adopt rules exempting a health carrier from the requirements of this  
16 section if certified by a national accreditation organization approved  
17 by the authority. The powers of the Washington state health care  
18 authority set forth in this section are transferred to the office of  
19 the insurance commissioner on January 1, 2001.

20 NEW SECTION. **Sec. 108.** GRIEVANCE PROCEDURES--REPEALERS. The  
21 following acts or parts of acts are each repealed:

- 22 (1) RCW 48.43.055 and 1995 c 265 s 20; and  
23 (2) RCW 48.46.100 and 1975 1st ex.s. c 290 s 11.

24 NEW SECTION. **Sec. 109.** NETWORK ADEQUACY--INTENT. The legislature  
25 declares that it is in the public interest that health carriers  
26 utilizing provider networks use reasonable means of assessing that  
27 their provider networks are adequate to provide covered services to  
28 their enrollees. The legislature finds that empirical assessment of  
29 provider network adequacy is in developmental stages, and that rigid,  
30 formulaic approaches are unworkable and inhibit innovation and  
31 approaches tailored to meet the needs of varying communities and  
32 populations. The legislature therefore finds that, given these  
33 limitations, an assessment is needed to determine whether network  
34 adequacy requirements are needed and, if necessary, whether the type of  
35 measures used by current accreditation programs, such as the national  
36 committee on quality assurance, meets these needs.

1        NEW SECTION.    **Sec. 110.**    NETWORK ADEQUACY--STUDY AND RESTRICTION.

2    (1) The department of health, in consultation with the office of the  
3    insurance commissioner, the department of social and health services,  
4    the health care authority, the health care policy board, consumers,  
5    providers, and health carriers, shall review the need for network  
6    adequacy requirements. The review must include an evaluation of the  
7    approaches used by the national committee on quality assurance and any  
8    similar, nationally recognized accreditation programs. The department  
9    shall submit its report and recommendations to the health care  
10   committees of the legislature by January 1, 1998, and include  
11   recommendations on:

12        (a) Whether legislatively determined network adequacy requirements  
13   are necessary and advisable and the evidence to support this;

14        (b) If standards are needed, to what extent such standards can be  
15   made consistent with the national committee on quality assurance  
16   standards, and whether national committee on quality assurance  
17   accredited carriers, or carriers accredited by other, nationally  
18   recognized accreditation programs, should be exempted from state review  
19   and requirements;

20        (c) Whether and how the state could promote uniformity of approach  
21   across commercial purchaser requirements and state and federal agency  
22   requirements so as to assure adequate consumer access while promoting  
23   the most efficient use of public and private health care financial  
24   resources;

25        (d) Means to assure that health carriers and health systems  
26   maintain the flexibility necessary to responsibly determine the best  
27   ways to meet the needs of the populations they serve while controlling  
28   the costs of the health care services provided;

29        (e) Which types of health systems and health carriers should be  
30   subject to network adequacy requirements, if any; and

31        (f) An objective estimate of the potential costs of such  
32   requirements and any recommended oversight functions.

33        (2) No agency may engage in rule making relating to network  
34   adequacy until the legislature has reviewed the findings and  
35   recommendations of the study and has passed legislation authorizing the  
36   department of health or other appropriate agency to engage in rule  
37   making in this area in accordance with the policy direction set by the  
38   legislature.

1        NEW SECTION.    **Sec. 111.**    A new section is added to chapter 43.70  
2    RCW to read as follows:

3        ACCESS PLAN REQUIREMENTS.    (1) Beginning July 1, 1997, health  
4    carriers, as defined in RCW 48.43.005, shall develop and update  
5    annually an access plan that meets the requirements of this section for  
6    each of the health care networks that the carrier offers in this state.  
7    The health carrier shall make the access plans available on its  
8    business premises and shall provide nonproprietary information to any  
9    interested party upon request.    The carrier shall prepare an access  
10   plan prior to offering a health plan utilizing a substantially  
11   different health care network.    Examples of items that may be included  
12   are:

13        (a) The health carrier's network of providers and facilities by  
14   license, certification and registration type, and by geographic  
15   location;

16        (b) The health carrier's process for monitoring and assuring on an  
17   ongoing basis the sufficiency of the provider network to meet the  
18   covered health care needs of its enrolled populations; and

19        (c) The health carrier's methods for assessing the health care  
20   needs of covered persons and their satisfaction with services.

21        (2) On or before August 1, 1997, each health carrier shall submit  
22   its access plan or plans to the department of health for purposes of  
23   assisting the department with its report and recommendations on network  
24   adequacy standards required under section 110 of this act.

25        (3) The Washington state health care authority shall periodically  
26   examine accreditation standards of the national committee for quality  
27   assurance or other national accreditation organizations for  
28   appropriateness and, if deemed appropriate, shall adopt rules exempting  
29   a health carrier from the requirements of this section if certified by  
30   a national accreditation organization approved by the authority.    The  
31   powers of the Washington state health care authority set forth in this  
32   section are transferred to the office of the insurance commissioner on  
33   January 1, 2001.

34        NEW SECTION.    **Sec. 112.**    MEDICAL ASSISTANCE WAIVERS. To the extent  
35   that federal statutes or regulations, or provisions of waivers granted  
36   to the department of social and health services by the federal  
37   department of health and human services, include standards that differ  
38   from the minimums stated in sections 101 through 107, 109, and 111 of

1 this act, those sections do not apply to contracts with health carriers  
2 awarded pursuant to RCW 74.09.522.

3 **PART II--MARKETPLACE STABILITY**

4 NEW SECTION. **Sec. 201.** LEGISLATIVE INTENT. The legislature  
5 intends that individuals in the state of Washington have access to  
6 affordable individual health plan coverage. The legislature reaffirms  
7 its commitment to guaranteed issue and renewability, portability, and  
8 limitations on use of preexisting condition exclusions. The  
9 legislature also finds that the lack of incentives for individuals to  
10 purchase and maintain coverage independent of anticipated need for  
11 health care has contributed to soaring health care claims experience in  
12 many individual health plans. The legislature therefore intends that  
13 refinements be made to the state's individual market reform laws to  
14 provide needed incentives and to help assure that more affordable  
15 coverage is accessible to Washington residents.

16 **Sec. 202.** RCW 48.43.005 and 1995 c 265 s 4 are each amended to  
17 read as follows:

18 DEFINITIONS. Unless otherwise specifically provided, the  
19 definitions in this section apply throughout this chapter.

20 (1) "Adjusted community rate" means the rating method used to  
21 establish the premium for health plans adjusted to reflect actuarially  
22 demonstrated differences in utilization or cost attributable to  
23 geographic region, age, family size, and use of wellness activities.

24 (2) "Basic health plan" means the plan described under chapter  
25 70.47 RCW, as revised from time to time.

26 (3) "Basic health plan model plan" means a health plan providing  
27 benefits identical to the schedule of covered benefits that are  
28 required to be delivered to an individual enrolled in the basic health  
29 plan.

30 (4) "Concurrent review" means utilization review conducted during  
31 a patient's hospital stay or course of treatment.

32 (5) "Covered person" or "enrollee" means a person covered by a  
33 health plan including an enrollee, subscriber, policyholder,  
34 beneficiary of a group plan, or individual covered by any other health  
35 plan.

1        ~~((3))~~ (6) "Dependent" means, at a minimum, the subscriber's legal  
2 spouse and unmarried dependent children who qualify for coverage under  
3 the enrollee's health benefit plan.

4        (7) "Eligible employee" means an employee who works on a full-time  
5 basis with a normal work week of thirty or more hours. The term  
6 includes a self-employed individual, including a sole proprietor, a  
7 partner of a partnership, and may include an independent contractor, if  
8 the self-employed individual, sole proprietor, partner, or independent  
9 contractor is included as an employee under a health benefit plan of a  
10 small employer, but does not work less than thirty hours per week and  
11 derives at least seventy-five percent of his or her income from a trade  
12 or business through which he or she has attempted to earn taxable  
13 income and for which he or she has filed the appropriate internal  
14 revenue service form. Persons covered under a health benefit plan  
15 pursuant to the consolidated omnibus budget reconciliation act of 1986  
16 shall not be considered eligible employees for purposes of minimum  
17 participation requirements of chapter 265, Laws of 1995.

18        ~~((4))~~ (8) "Emergency medical condition" means the emergent and  
19 acute onset of a symptom or symptoms, including severe pain, that would  
20 lead a prudent layperson acting reasonably to believe that a health  
21 condition exists that requires immediate medical attention, if failure  
22 to provide medical attention would result in serious impairment to  
23 bodily functions or serious dysfunction of a bodily organ or part, or  
24 would place the person's health in serious jeopardy.

25        (9) "Emergency services" means otherwise covered health care items  
26 and services medically necessary to evaluate and treat an emergency  
27 medical condition, provided in a hospital emergency department.

28        (10) "Enrollee point-of-service cost-sharing" means amounts paid to  
29 health carriers directly providing services, health care providers, or  
30 health care facilities by enrollees and may include copayments,  
31 coinsurance, or deductibles.

32        ~~((5))~~ (11) "Grievance" means a written complaint submitted by or  
33 on behalf of a covered person regarding: (a) Denial of payment for  
34 medical services or nonprovision of medical services included in the  
35 covered person's health benefit plan, or (b) service delivery issues  
36 other than denial of payment for medical services or nonprovision of  
37 medical services, including dissatisfaction with medical care, waiting  
38 time for medical services, provider or staff attitude or demeanor, or  
39 dissatisfaction with service provided by the health carrier.

1       (12) "Health care facility" or "facility" means hospices licensed  
2 under chapter 70.127 RCW, hospitals licensed under chapter 70.41 RCW,  
3 rural health care facilities as defined in RCW 70.175.020, psychiatric  
4 hospitals licensed under chapter 71.12 RCW, nursing homes licensed  
5 under chapter 18.51 RCW, community mental health centers licensed under  
6 chapter 71.05 or 71.24 RCW, kidney disease treatment centers licensed  
7 under chapter 70.41 RCW, ambulatory diagnostic, treatment, or surgical  
8 facilities licensed under chapter 70.41 RCW, drug and alcohol treatment  
9 facilities licensed under chapter 70.96A RCW, and home health agencies  
10 licensed under chapter 70.127 RCW, and includes such facilities if  
11 owned and operated by a political subdivision or instrumentality of the  
12 state and such other facilities as required by federal law and  
13 implementing regulations.

14       ~~((+6))~~ (13) "Health care provider" or "provider" means:

15       (a) A person regulated under Title 18 or chapter 70.127 RCW, to  
16 practice health or health-related services ~~((or otherwise practicing~~  
17 ~~health care services in this state consistent with state law))~~; or

18       (b) An employee or agent of a person described in (a) of this  
19 subsection, acting in the course and scope of his or her employment.

20       ~~((+7))~~ (14) "Health care service" means that service offered or  
21 provided by health care facilities and health care providers relating  
22 to the prevention, cure, or treatment of illness, injury, or disease.

23       ~~((+8))~~ (15) "Health carrier" or "carrier" means a disability  
24 insurer regulated under chapter 48.20 or 48.21 RCW, a health care  
25 service contractor as defined in RCW 48.44.010, or a health maintenance  
26 organization as defined in RCW 48.46.020.

27       ~~((+9))~~ (16) "Health plan" or "health benefit plan" means any  
28 policy, contract, or agreement offered by a health carrier to provide,  
29 arrange, reimburse, or pay for health care services except the  
30 following:

31       (a) Long-term care insurance governed by chapter 48.84 RCW;

32       (b) Medicare supplemental health insurance governed by chapter  
33 48.66 RCW;

34       (c) Limited health care services offered by limited health care  
35 service contractors in accordance with RCW 48.44.035;

36       (d) Disability income;

37       (e) Coverage incidental to a property/casualty liability insurance  
38 policy such as automobile personal injury protection coverage and  
39 homeowner guest medical;



- 1 (f) Workers' compensation coverage;  
2 (g) Accident only coverage;  
3 (h) Specified disease and hospital confinement indemnity when  
4 marketed solely as a supplement to a health plan;  
5 (i) Employer-sponsored self-funded health plans; and  
6 (j) Dental only and vision only coverage.

7 (~~(10)~~) (17) "Basic health plan services" means that schedule of  
8 covered health services, including the description of how those  
9 benefits are to be administered, that are required to be delivered to  
10 an enrollee under the basic health plan, as revised from time to time.

11 (~~(11)~~) (18) "Preexisting condition" means any medical condition,  
12 illness, or injury that existed any time prior to the effective date of  
13 coverage.

14 (~~(12)~~) (19) "Premium" means all sums charged, received, or  
15 deposited by a health carrier as consideration for a health plan or the  
16 continuance of a health plan. Any assessment or any "membership,"  
17 "policy," "contract," "service," or similar fee or charge made by a  
18 health carrier in consideration for a health plan is deemed part of the  
19 premium. "Premium" shall not include amounts paid as enrollee point-  
20 of-service cost-sharing.

21 (~~(13)~~) (20) "Small employer" means any person, firm, corporation,  
22 partnership, association, political subdivision except school  
23 districts, or self-employed individual that is actively engaged in  
24 business that, on at least fifty percent of its working days during the  
25 preceding calendar quarter, employed no more than fifty eligible  
26 employees, with a normal work week of thirty or more hours, the  
27 majority of whom were employed within this state, and is not formed  
28 primarily for purposes of buying health insurance and in which a bona  
29 fide employer-employee relationship exists. In determining the number  
30 of eligible employees, companies that are affiliated companies, or that  
31 are eligible to file a combined tax return for purposes of taxation by  
32 this state, shall be considered an employer. Subsequent to the  
33 issuance of a health plan to a small employer and for the purpose of  
34 determining eligibility, the size of a small employer shall be  
35 determined annually. Except as otherwise specifically provided, a  
36 small employer shall continue to be considered a small employer until  
37 the plan anniversary following the date the small employer no longer  
38 meets the requirements of this definition. The term "small employer"  
39 includes a self-employed individual or sole proprietor. The term

1 "small employer" also includes a self-employed individual or sole  
2 proprietor who derives at least seventy-five percent of his or her  
3 income from a trade or business through which the individual or sole  
4 proprietor has attempted to earn taxable income and for which he or she  
5 has filed the appropriate internal revenue service form 1040, schedule  
6 C or F, for the previous taxable year.

7 ~~((14))~~ (21) "Wellness activity" means an explicit program of an  
8 activity consistent with department of health guidelines, such as,  
9 smoking cessation, injury and accident prevention, reduction of alcohol  
10 misuse, appropriate weight reduction, exercise, automobile and  
11 motorcycle safety, blood cholesterol reduction, and nutrition education  
12 for the purpose of improving enrollee health status and reducing health  
13 service costs.

14 ~~((15) "Basic health plan" means the plan described under chapter  
15 70.47 RCW, as revised from time to time.)~~

16 **Sec. 203.** RCW 48.43.025 and 1995 c 265 s 6 are each amended to  
17 read as follows:

18 PREEXISTING CONDITION LIMITATIONS MODIFIED. (1) Except as  
19 otherwise specified in this section:

20 (a) No carrier may reject an individual for health plan coverage  
21 based upon preexisting conditions of the individual ((and)).

22 (b) No carrier may deny, exclude, or otherwise limit coverage for  
23 an individual's preexisting health conditions; except that a carrier  
24 may impose a three-month benefit waiting period for preexisting  
25 conditions for which medical advice was given, or for which a health  
26 care provider recommended or provided treatment within three months  
27 before the effective date of coverage.

28 (c) All health carriers offering any individual health plan to any  
29 individual must allow open enrollment to eligible applicants into all  
30 individual health plans offered by the carrier during the full month of  
31 July of each year. The individual health plans exempt from guaranteed  
32 continuity under RCW 48.43.035(4) are exempt from this requirement.  
33 All applications for open enrollment coverage must be complete and  
34 postmarked to or received by the carrier in the month of July in any  
35 year following the effective date of this section. Coverage for these  
36 applicants must begin the first day of the next month subject to  
37 receipt of timely payment consistent with the terms of the policies.

1 (d) Carriers may limit acceptance of applicants who apply outside  
2 of the open enrollment period specified in (c) of this subsection  
3 provided all of the following conditions are met:

4 (i) The applicant has not maintained continuous coverage as  
5 required in (f) of this subsection;

6 (ii) The applicant is not applying as a newly eligible dependent or  
7 newly ineligible dependent meeting the requirements of (g) and (h) of  
8 this subsection; and

9 (iii) The carrier uses uniform health evaluation criteria and  
10 practices among all individual health plans it offers.

11 (e) If a carrier refuses to enroll an applicant, it must offer to  
12 enroll the applicant in the Washington state health insurance pool in  
13 an expeditious manner as determined by the board of directors of the  
14 pool. Declination by the applicant to enroll must be done in written  
15 form.

16 (f) Carriers may not refuse enrollment based upon health evaluation  
17 criteria to otherwise eligible applicants who have been covered either  
18 continuously or for any part of the three-month period immediately  
19 preceding the date of application for the new individual health plan  
20 under a comparable group or individual health benefit plan with  
21 substantially similar benefits. For purposes of this subsection, in  
22 addition to private coverage, the following publicly administered  
23 coverage shall be considered comparable health benefit plans: The  
24 basic health plan established by chapter 70.47 RCW; the medical  
25 assistance program established by chapter 74.09 RCW; and the Washington  
26 state health insurance pool, established by chapter 48.41 RCW, as long  
27 as the person is continuously enrolled in the pool until the next open  
28 enrollment period. If the person is enrolled in the pool for less than  
29 three months, she or he will be credited for that period up to three  
30 months.

31 (g) Carriers shall accept for enrollment all newly eligible  
32 dependents of a subscriber for enrollment onto the subscriber's  
33 individual health plan at any time of the year, provided application is  
34 made within sixty-three days of eligibility, or such longer time as  
35 provided by law or contract.

36 (h) At no time are carriers required to accept for enrollment any  
37 individual residing outside the state of Washington, except for  
38 qualifying dependents who reside outside the carrier service area.

1        (i) For purposes of this section, "open enrollment" means the  
2 annual thirty-one day period during the month of July during which all  
3 health carriers offering individual health plan coverage must accept  
4 onto individual coverage any state resident within the carrier's  
5 service area regardless of health condition who submits an application  
6 in accordance with (c) of this subsection.

7        (2) No carrier may avoid the requirements of this section through  
8 the creation of a new rate classification or the modification of an  
9 existing rate classification. A new or changed rate classification  
10 will be deemed an attempt to avoid the provisions of this section if  
11 the new or changed classification would substantially discourage  
12 applications for coverage from individuals or groups who are higher  
13 than average health risks. ~~((These))~~ The provisions of this section  
14 apply only to individuals who are Washington residents.

15        **Sec. 204.** RCW 48.43.035 and 1995 c 265 s 7 are each amended to  
16 read as follows:

17        GUARANTEED ISSUE AND CONTINUITY OF COVERAGE MODIFIED. (1) Except  
18 as otherwise specified in this section, all health carriers shall  
19 accept for enrollment any state resident within the carrier's service  
20 area and provide or assure the provision of all covered services  
21 regardless of age, sex, family structure, ethnicity, race, health  
22 condition, geographic location, employment status, socioeconomic  
23 status, other condition or situation, or the provisions of RCW  
24 49.60.174(2). The insurance commissioner may grant a temporary  
25 exemption from this subsection, if, upon application by a health  
26 carrier the commissioner finds that the clinical, financial, or  
27 administrative capacity to serve existing enrollees will be impaired if  
28 a health carrier is required to continue enrollment of additional  
29 eligible individuals.

30        (2) Except as provided in subsection ~~((+5))~~ (7) of this section,  
31 all health plans shall contain or incorporate by endorsement a  
32 guarantee of the continuity of coverage of the plan. For the purposes  
33 of this section, a plan is "renewed" when it is continued beyond the  
34 earliest date upon which, at the carrier's sole option, the plan could  
35 have been terminated for other than nonpayment of premium. In the case  
36 of group plans, the carrier may consider the group's anniversary date  
37 as the renewal date for purposes of complying with the provisions of  
38 this section.

1 (3) The guarantee of continuity of coverage required in health  
2 plans shall not prevent a carrier from canceling or nonrenewing a  
3 health plan for:

4 (a) Nonpayment of premium;

5 (b) Violation of published policies of the carrier approved by the  
6 insurance commissioner;

7 (c) Covered persons entitled to become eligible for medicare  
8 benefits by reason of age who fail to apply for a medicare supplement  
9 plan or medicare cost, risk, or other plan offered by the carrier  
10 pursuant to federal laws and regulations;

11 (d) Covered persons who fail to pay any deductible or copayment  
12 amount owed to the carrier and not the provider of health care  
13 services;

14 (e) Covered persons committing fraudulent acts as to the carrier;

15 (f) Covered persons who materially breach the health plan; ~~((or))~~

16 (g) Change or implementation of federal or state laws that no  
17 longer permit the continued offering of such coverage; or

18 (h) The health carrier is ceasing to offer a plan in accordance  
19 with subsections (5) and (8) of this section.

20 (4) The provisions of this section do not apply in the following  
21 cases:

22 (a) A carrier has zero enrollment on a product; ~~((or))~~

23 ~~(b) ((A carrier replaces a product and the replacement product is~~  
24 ~~provided to all covered persons within that class or line of business,~~  
25 ~~includes all of the services covered under the replaced product, and~~  
26 ~~does not significantly limit access to the kind of services covered~~  
27 ~~under the replaced product. The health plan may also allow~~  
28 ~~unrestricted conversion to a fully comparable product; or~~

29 ~~(e))~~ A carrier is withdrawing from a service area or from a  
30 segment of its service area because the carrier has demonstrated to the  
31 insurance commissioner that the carrier's clinical, financial, or  
32 administrative capacity to serve enrollees would be exceeded.

33 (5) A health carrier may discontinue offering or modify a  
34 particular health plan, only if;

35 (a) The health carrier provides notice to each covered person  
36 provided coverage of this type of such discontinuation or modification  
37 at least ninety days prior to the date of the discontinuation or  
38 modification of coverage;

1 (b) The health carrier offers to each covered person provided  
2 coverage of this type the option to purchase any other health plan  
3 currently being offered by the health carrier to similar covered  
4 persons in the market category and geographic area; and

5 (c) In exercising the option to discontinue or modify a particular  
6 health plan and in offering the option of coverage under (b) of this  
7 subsection, the health carrier acts uniformly without regard to any  
8 health-status related factor of covered persons or persons who may  
9 become eligible for coverage.

10 (6) At the time a plan is renewed, a health carrier may modify the  
11 health plan coverage so long as such modification is in accordance with  
12 subsection (5) of this section.

13 (7) The provisions of this section do not apply to health plans  
14 deemed by the insurance commissioner to be unique or limited or have a  
15 short-term purpose, after a written request for such classification by  
16 the carrier and subsequent written approval by the insurance  
17 commissioner.

18 (8) A health carrier may discontinue all health plan coverage in  
19 one or more of the following lines of business:

20 (a)(i) Individual; or

21 (ii)(A) Small group (1-50 members); and

22 (B) Large group (51+ members);

23 (b) Only if:

24 (i) The health carrier provides notice to the office of the  
25 insurance commissioner and to each person covered by a plan within the  
26 line of business of such discontinuation at least one hundred eighty  
27 days prior to the expiration of coverage; and

28 (ii) All plans issued or delivered in the state in such line of  
29 business are discontinued, and coverage under such plans in such line  
30 of business is not renewed; and

31 (iii) The health carrier may not issue any health plan coverage in  
32 the line of business and state involved during the five-year period  
33 beginning on the date of the discontinuation of the last health plan  
34 not so renewed.

35 **Sec. 205.** RCW 48.20.028 and 1995 c 265 s 13 are each amended to  
36 read as follows:

37 TENURE DISCOUNTS--INDIVIDUAL DISABILITY COVERAGE. (1)(a) An  
38 insurer offering any health benefit plan to any individual shall offer

1 and actively market to all individuals a health benefit plan providing  
2 benefits identical to the schedule of covered health ((services))  
3 benefits that are required to be delivered to an individual enrolled in  
4 the basic health plan subject to RCW 48.43.035. Nothing in this  
5 subsection shall preclude an insurer from offering, or an individual  
6 from purchasing, other health benefit plans that may have more or less  
7 comprehensive benefits than the basic health plan, provided such plans  
8 are in accordance with this chapter. An insurer offering a health  
9 benefit plan that does not include benefits provided in the basic  
10 health plan shall clearly disclose these differences to the individual  
11 in a brochure approved by the commissioner.

12 (b) A health benefit plan shall provide coverage for hospital  
13 expenses and services rendered by a physician licensed under chapter  
14 18.57 or 18.71 RCW but is not subject to the requirements of RCW  
15 48.20.390, 48.20.393, 48.20.395, 48.20.397, 48.20.410, 48.20.411,  
16 48.20.412, 48.20.416, and 48.20.420 if the health benefit plan is the  
17 mandatory offering under (a) of this subsection that provides benefits  
18 identical to the basic health plan, to the extent these requirements  
19 differ from the basic health plan.

20 (2) Premiums for health benefit plans for individuals shall be  
21 calculated using the adjusted community rating method that spreads  
22 financial risk across the carrier's entire individual product  
23 population. All such rates shall conform to the following:

24 (a) The insurer shall develop its rates based on an adjusted  
25 community rate and may only vary the adjusted community rate for:

- 26 (i) Geographic area;
- 27 (ii) Family size;
- 28 (iii) Age; ((and))
- 29 (iv) Tenure discounts; and
- 30 (v) Wellness activities.

31 (b) The adjustment for age in (a)(iii) of this subsection may not  
32 use age brackets smaller than five-year increments which shall begin  
33 with age twenty and end with age sixty-five. Individuals under the age  
34 of twenty shall be treated as those age twenty.

35 (c) The insurer shall be permitted to develop separate rates for  
36 individuals age sixty-five or older for coverage for which medicare is  
37 the primary payer and coverage for which medicare is not the primary  
38 payer. Both rates shall be subject to the requirements of this  
39 subsection.

1 (d) The permitted rates for any age group shall be no more than  
2 four hundred twenty-five percent of the lowest rate for all age groups  
3 on January 1, 1996, four hundred percent on January 1, 1997, and three  
4 hundred seventy-five percent on January 1, 2000, and thereafter.

5 (e) A discount for wellness activities shall be permitted to  
6 reflect actuarially justified differences in utilization or cost  
7 attributed to such programs not to exceed twenty percent.

8 (f) The rate charged for a health benefit plan offered under this  
9 section may not be adjusted more frequently than annually except that  
10 the premium may be changed to reflect:

11 (i) Changes to the family composition;

12 (ii) Changes to the health benefit plan requested by the  
13 individual; or

14 (iii) Changes in government requirements affecting the health  
15 benefit plan.

16 (g) For the purposes of this section, a health benefit plan that  
17 contains a restricted network provision shall not be considered similar  
18 coverage to a health benefit plan that does not contain such a  
19 provision, provided that the restrictions of benefits to network  
20 providers result in substantial differences in claims costs. This  
21 subsection does not restrict or enhance the portability of benefits as  
22 provided in RCW 48.43.015.

23 (h) A tenure discount for continuous enrollment in the health plan  
24 of two years or more may be offered, not to exceed ten percent.

25 (3) Adjusted community rates established under this section shall  
26 pool the medical experience of all individuals purchasing coverage, and  
27 shall not be required to be pooled with the medical experience of  
28 health benefit plans offered to small employers under RCW 48.21.045.

29 (4) As used in this section, "health benefit plan," "basic health  
30 plan," "adjusted community rate," and "wellness activities" mean the  
31 same as defined in RCW 48.43.005.

32 **Sec. 206.** RCW 48.44.022 and 1995 c 265 s 15 are each amended to  
33 read as follows:

34 TENURE DISCOUNTS--HEALTH CARE SERVICE CONTRACTORS. (1)(a) A health  
35 care service contractor offering any health benefit plan to any  
36 individual shall offer and actively market to all individuals a health  
37 benefit plan providing benefits identical to the schedule of covered  
38 health ((services)) benefits that are required to be delivered to an



1 individual enrolled in the basic health plan, subject to the provisions  
2 in RCW 48.43.035. Nothing in this subsection shall preclude a  
3 contractor from offering, or an individual from purchasing, other  
4 health benefit plans that may have more or less comprehensive benefits  
5 than the basic health plan, provided such plans are in accordance with  
6 this chapter. A contractor offering a health benefit plan that does  
7 not include benefits provided in the basic health plan shall clearly  
8 disclose these differences to the individual in a brochure approved by  
9 the commissioner.

10 (b) A health benefit plan shall provide coverage for hospital  
11 expenses and services rendered by a physician licensed under chapter  
12 18.57 or 18.71 RCW but is not subject to the requirements of RCW  
13 48.44.225, 48.44.240, 48.44.245, 48.44.290, 48.44.300, 48.44.310,  
14 48.44.320, 48.44.325, 48.44.330, 48.44.335, 48.44.340, 48.44.344,  
15 48.44.360, 48.44.400, 48.44.440, 48.44.450, and 48.44.460 if the health  
16 benefit plan is the mandatory offering under (a) of this subsection  
17 that provides benefits identical to the basic health plan, to the  
18 extent these requirements differ from the basic health plan.

19 (2) Premium rates for health benefit plans for individuals shall be  
20 subject to the following provisions:

21 (a) The health care service contractor shall develop its rates  
22 based on an adjusted community rate and may only vary the adjusted  
23 community rate for:

- 24 (i) Geographic area;
- 25 (ii) Family size;
- 26 (iii) Age; (~~and~~)
- 27 (iv) Tenure discounts; and
- 28 (v) Wellness activities.

29 (b) The adjustment for age in (a)(iii) of this subsection may not  
30 use age brackets smaller than five-year increments which shall begin  
31 with age twenty and end with age sixty-five. Individuals under the age  
32 of twenty shall be treated as those age twenty.

33 (c) The health care service contractor shall be permitted to  
34 develop separate rates for individuals age sixty-five or older for  
35 coverage for which medicare is the primary payer and coverage for which  
36 medicare is not the primary payer. Both rates shall be subject to the  
37 requirements of this subsection.

38 (d) The permitted rates for any age group shall be no more than  
39 four hundred twenty-five percent of the lowest rate for all age groups

1 on January 1, 1996, four hundred percent on January 1, 1997, and three  
2 hundred seventy-five percent on January 1, 2000, and thereafter.

3 (e) A discount for wellness activities shall be permitted to  
4 reflect actuarially justified differences in utilization or cost  
5 attributed to such programs not to exceed twenty percent.

6 (f) The rate charged for a health benefit plan offered under this  
7 section may not be adjusted more frequently than annually except that  
8 the premium may be changed to reflect:

9 (i) Changes to the family composition;

10 (ii) Changes to the health benefit plan requested by the  
11 individual; or

12 (iii) Changes in government requirements affecting the health  
13 benefit plan.

14 (g) For the purposes of this section, a health benefit plan that  
15 contains a restricted network provision shall not be considered similar  
16 coverage to a health benefit plan that does not contain such a  
17 provision, provided that the restrictions of benefits to network  
18 providers result in substantial differences in claims costs. This  
19 subsection does not restrict or enhance the portability of benefits as  
20 provided in RCW 48.43.015.

21 (h) A tenure discount for continuous enrollment in the health plan  
22 of two years or more may be offered, not to exceed ten percent.

23 (3) Adjusted community rates established under this section shall  
24 pool the medical experience of all individuals purchasing coverage, and  
25 shall not be required to be pooled with the medical experience of  
26 health benefit plans offered to small employers under RCW 48.44.023.

27 (4) As used in this section and RCW 48.44.023 "health benefit  
28 plan," "small employer," "basic health plan," "adjusted community  
29 rates," and "wellness activities" mean the same as defined in RCW  
30 48.43.005.

31 **Sec. 207.** RCW 48.46.064 and 1995 c 265 s 17 are each amended to  
32 read as follows:

33 TENURE DISCOUNTS--HEALTH MAINTENANCE ORGANIZATIONS. (1)(a) A  
34 health maintenance organization offering any health benefit plan to any  
35 individual shall offer and actively market to all individuals a health  
36 benefit plan providing benefits identical to the schedule of covered  
37 health (~~(services)~~) benefits that are required to be delivered to an  
38 individual enrolled in the basic health plan, subject to the provisions

1 in RCW 48.43.035. Nothing in this subsection shall preclude a health  
2 maintenance organization from offering, or an individual from  
3 purchasing, other health benefit plans that may have more or less  
4 comprehensive benefits than the basic health plan, provided such plans  
5 are in accordance with this chapter. A health maintenance organization  
6 offering a health benefit plan that does not include benefits provided  
7 in the basic health plan shall clearly disclose these differences to  
8 the individual in a brochure approved by the commissioner.

9 (b) A health benefit plan shall provide coverage for hospital  
10 expenses and services rendered by a physician licensed under chapter  
11 18.57 or 18.71 RCW but is not subject to the requirements of RCW  
12 48.46.275, (~~(48.26.280-[48.46.280])~~) 48.46.280, 48.46.285, 48.46.290,  
13 48.46.350, 48.46.355, 48.46.375, 48.46.440, 48.46.480, 48.46.510,  
14 48.46.520, and 48.46.530 if the health benefit plan is the mandatory  
15 offering under (a) of this subsection that provides benefits identical  
16 to the basic health plan, to the extent these requirements differ from  
17 the basic health plan.

18 (2) Premium rates for health benefit plans for individuals shall be  
19 subject to the following provisions:

20 (a) The health maintenance organization shall develop its rates  
21 based on an adjusted community rate and may only vary the adjusted  
22 community rate for:

- 23 (i) Geographic area;
- 24 (ii) Family size;
- 25 (iii) Age; (~~and~~)
- 26 (iv) Tenure discounts; and
- 27 (v) Wellness activities.

28 (b) The adjustment for age in (a)(iii) of this subsection may not  
29 use age brackets smaller than five-year increments which shall begin  
30 with age twenty and end with age sixty-five. Individuals under the age  
31 of twenty shall be treated as those age twenty.

32 (c) The health maintenance organization shall be permitted to  
33 develop separate rates for individuals age sixty-five or older for  
34 coverage for which medicare is the primary payer and coverage for which  
35 medicare is not the primary payer. Both rates shall be subject to the  
36 requirements of this subsection.

37 (d) The permitted rates for any age group shall be no more than  
38 four hundred twenty-five percent of the lowest rate for all age groups

1 on January 1, 1996, four hundred percent on January 1, 1997, and three  
2 hundred seventy-five percent on January 1, 2000, and thereafter.

3 (e) A discount for wellness activities shall be permitted to  
4 reflect actuarially justified differences in utilization or cost  
5 attributed to such programs not to exceed twenty percent.

6 (f) The rate charged for a health benefit plan offered under this  
7 section may not be adjusted more frequently than annually except that  
8 the premium may be changed to reflect:

9 (i) Changes to the family composition;

10 (ii) Changes to the health benefit plan requested by the  
11 individual; or

12 (iii) Changes in government requirements affecting the health  
13 benefit plan.

14 (g) For the purposes of this section, a health benefit plan that  
15 contains a restricted network provision shall not be considered similar  
16 coverage to a health benefit plan that does not contain such a  
17 provision, provided that the restrictions of benefits to network  
18 providers result in substantial differences in claims costs. This  
19 subsection does not restrict or enhance the portability of benefits as  
20 provided in RCW 48.43.015.

21 (h) A tenure discount for continuous enrollment in the health plan  
22 of two years or more may be offered, not to exceed ten percent.

23 (3) Adjusted community rates established under this section shall  
24 pool the medical experience of all individuals purchasing coverage, and  
25 shall not be required to be pooled with the medical experience of  
26 health benefit plans offered to small employers under RCW 48.46.066.

27 (4) As used in this section and RCW 48.46.066, "health benefit  
28 plan," "basic health plan," "adjusted community rate," "small  
29 employer," and "wellness activities" mean the same as defined in RCW  
30 48.43.005.

31 **Sec. 208.** RCW 48.41.030 and 1989 c 121 s 1 are each amended to  
32 read as follows:

33 HEALTH INSURANCE POOL--DEFINITIONS. As used in this chapter, the  
34 following terms have the meaning indicated, unless the context requires  
35 otherwise:

36 (1) "Accounting year" means a twelve-month period determined by the  
37 board for purposes of record-keeping and accounting. The first  
38 accounting year may be more or less than twelve months and, from time

1 to time in subsequent years, the board may order an accounting year of  
2 other than twelve months as may be required for orderly management and  
3 accounting of the pool.

4 (2) "Administrator" means the entity chosen by the board to  
5 administer the pool under RCW 48.41.080.

6 (3) "Board" means the board of directors of the pool.

7 (4) "Commissioner" means the insurance commissioner.

8 (5) "Health care facility" has the same meaning as in RCW  
9 70.38.025.

10 (6) "Health care provider" means any physician, facility, or health  
11 care professional, who is licensed in Washington state and entitled to  
12 reimbursement for health care services.

13 (7) "Health care services" means services for the purpose of  
14 preventing, alleviating, curing, or healing human illness or injury.

15 (8) "Health ((insurance)) coverage" means any group or individual  
16 disability insurance policy, health care service contract, and health  
17 maintenance agreement, except those contracts entered into for the  
18 provision of health care services pursuant to Title XVIII of the Social  
19 Security Act, 42 U.S.C. Sec. 1395 et seq. The term does not include  
20 short-term care, long-term care, dental, vision, accident, fixed  
21 indemnity, disability income contracts, civilian health and medical  
22 program for the uniform services (CHAMPUS), 10 U.S.C. 55, limited  
23 benefit or credit insurance, coverage issued as a supplement to  
24 liability insurance, insurance arising out of the worker's compensation  
25 or similar law, automobile medical payment insurance, or insurance  
26 under which benefits are payable with or without regard to fault and  
27 which is statutorily required to be contained in any liability  
28 insurance policy or equivalent self-insurance.

29 (9) "Health plan" means any arrangement by which persons, including  
30 dependents or spouses, covered or making application to be covered  
31 under this pool, have access to hospital and medical benefits or  
32 reimbursement including any group or individual disability insurance  
33 policy; health care service contract; health maintenance agreement;  
34 uninsured arrangements of group or group-type contracts including  
35 employer self-insured, cost-plus, or other benefit methodologies not  
36 involving insurance or not governed by Title 48 RCW; coverage under  
37 group-type contracts which are not available to the general public and  
38 can be obtained only because of connection with a particular  
39 organization or group; and coverage by medicare or other governmental

1 benefits. This term includes coverage through "health ((insurance))  
2 coverage" as defined under this section, and specifically excludes  
3 those types of programs excluded under the definition of "health  
4 ((insurance)) coverage" in subsection (8) of this section.

5 ~~(10) ("Insured" means any individual resident of this state who is  
6 eligible to receive benefits from any member, or other health plan.~~

7 ~~((11))~~ (11) "Medical assistance" means coverage under Title XIX of the  
8 federal Social Security Act (42 U.S.C., Sec. 1396 et seq.) and chapter  
9 74.09 RCW.

10 ~~((12))~~ (11) "Medicare" means coverage under Title XVIII of the  
11 Social Security Act, (42 U.S.C. Sec. 1395 et seq., as amended).

12 ~~((13))~~ (12) "Member" means any commercial insurer which provides  
13 disability insurance, any health care service contractor, and any  
14 health maintenance organization licensed under Title 48 RCW. "Member"  
15 shall also mean, as soon as authorized by federal law, employers and  
16 other entities, including a self-funding entity and employee welfare  
17 benefit plans that provide health plan benefits in this state on or  
18 after May 18, 1987. "Member" does not include any insurer, health care  
19 service contractor, or health maintenance organization whose products  
20 are exclusively dental products or those products excluded from the  
21 definition of "health ((insurance)) coverage" set forth in subsection  
22 (8) of this section.

23 (13) "Network provider" means a health care provider who has  
24 contracted in writing with the pool administrator to accept payment  
25 from and to look solely to the pool according to the terms of the pool  
26 health plans.

27 (14) "Plan of operation" means the pool, including articles, by-  
28 laws, and operating rules, adopted by the board pursuant to RCW  
29 48.41.050.

30 (15) "Point of service plan" means a benefit plan offered by the  
31 pool under which a covered person may elect to receive covered services  
32 from network providers, or nonnetwork providers at a reduced rate of  
33 benefits.

34 (16) "Pool" means the Washington state health insurance pool as  
35 created in RCW 48.41.040.

36 ~~((16))~~ (17) "Substantially equivalent health plan" means a  
37 "health plan" as defined in subsection (9) of this section which, in  
38 the judgment of the board or the administrator, offers persons  
39 including dependents or spouses covered or making application to be

1 covered by this pool an overall level of benefits deemed approximately  
2 equivalent to the minimum benefits available under this pool.

3 **Sec. 209.** RCW 48.41.060 and 1989 c 121 s 3 are each amended to  
4 read as follows:

5 HEALTH INSURANCE POOL--BOARD POWERS MODIFIED. The board shall have  
6 the general powers and authority granted under the laws of this state  
7 to insurance companies, health care service contractors, and health  
8 maintenance organizations, licensed or registered to transact the kinds  
9 of ((insurance)) health coverage defined under this title. In addition  
10 thereto, the board may:

11 (1) Enter into contracts as are necessary or proper to carry out  
12 the provisions and purposes of this chapter including the authority,  
13 with the approval of the commissioner, to enter into contracts with  
14 similar pools of other states for the joint performance of common  
15 administrative functions, or with persons or other organizations for  
16 the performance of administrative functions;

17 (2) Sue or be sued, including taking any legal action as necessary  
18 to avoid the payment of improper claims against the pool or the  
19 coverage provided by or through the pool;

20 (3) Establish appropriate rates, rate schedules, rate adjustments,  
21 expense allowances, agent referral fees, claim reserve formulas and any  
22 other actuarial functions appropriate to the operation of the pool.  
23 Rates shall not be unreasonable in relation to the coverage provided,  
24 the risk experience, and expenses of providing the coverage. Rates and  
25 rate schedules may be adjusted for appropriate risk factors such as age  
26 and area variation in claim costs and shall take into consideration  
27 appropriate risk factors in accordance with established actuarial  
28 underwriting practices consistent with Washington state individual plan  
29 rating requirements under RCW 48.20.028, 48.44.022, and 48.46.064;

30 (4) Assess members of the pool in accordance with the provisions of  
31 this chapter, and make advance interim assessments as may be reasonable  
32 and necessary for the organizational or interim operating expenses.  
33 Any interim assessments will be credited as offsets against any regular  
34 assessments due following the close of the year;

35 (5) Issue policies of ((insurance)) health coverage in accordance  
36 with the requirements of this chapter;

37 (6) Appoint appropriate legal, actuarial and other committees as  
38 necessary to provide technical assistance in the operation of the pool,

1 policy, and other contract design, and any other function within the  
2 authority of the pool; and

3 (7) Conduct periodic audits to assure the general accuracy of the  
4 financial data submitted to the pool, and the board shall cause the  
5 pool to have an annual audit of its operations by an independent  
6 certified public accountant.

7 **Sec. 210.** RCW 48.41.080 and 1989 c 121 s 5 are each amended to  
8 read as follows:

9 HEALTH INSURANCE POOL--ADMINISTRATOR'S POWER MODIFIED. The board  
10 shall select an administrator from the membership of the pool whether  
11 domiciled in this state or another state through a competitive bidding  
12 process to administer the pool.

13 (1) The board shall evaluate bids based upon criteria established  
14 by the board, which shall include:

15 (a) The administrator's proven ability to handle (~~accident and~~  
16 ~~health insurance~~) health coverage;

17 (b) The efficiency of the administrator's claim-paying procedures;

18 (c) An estimate of the total charges for administering the plan;  
19 and

20 (d) The administrator's ability to administer the pool in a cost-  
21 effective manner.

22 (2) The administrator shall serve for a period of three years  
23 subject to removal for cause. At least six months prior to the  
24 expiration of each three-year period of service by the administrator,  
25 the board shall invite all interested parties, including the current  
26 administrator, to submit bids to serve as the administrator for the  
27 succeeding three-year period. Selection of the administrator for this  
28 succeeding period shall be made at least three months prior to the end  
29 of the current three-year period.

30 (3) The administrator shall perform such duties as may be assigned  
31 by the board including:

32 (a) All eligibility and administrative claim payment functions  
33 relating to the pool;

34 (b) Establishing a premium billing procedure for collection of  
35 premiums from (~~insured~~) covered persons. Billings shall be made on  
36 a periodic basis as determined by the board, which shall not be more  
37 frequent than a monthly billing;



1 (c) Performing all necessary functions to assure timely payment of  
2 benefits to covered persons under the pool including:

3 (i) Making available information relating to the proper manner of  
4 submitting a claim for benefits to the pool, and distributing forms  
5 upon which submission shall be made; ((and))

6 (ii) Taking steps necessary to offer and administer managed care  
7 benefit plans; and

8 (iii) Evaluating the eligibility of each claim for payment by the  
9 pool;

10 (d) Submission of regular reports to the board regarding the  
11 operation of the pool. The frequency, content, and form of the report  
12 shall be as determined by the board;

13 (e) Following the close of each accounting year, determination of  
14 net paid and earned premiums, the expense of administration, and the  
15 paid and incurred losses for the year and reporting this information to  
16 the board and the commissioner on a form as prescribed by the  
17 commissioner.

18 (4) The administrator shall be paid as provided in the contract  
19 between the board and the administrator for its expenses incurred in  
20 the performance of its services.

21 **Sec. 211.** RCW 48.41.110 and 1987 c 431 s 11 are each amended to  
22 read as follows:

23 HEALTH INSURANCE POOL--BENEFITS MODIFIED. (1) The pool is  
24 authorized to offer one or more managed care plans of coverage. Such  
25 plans may, but are not required to, include point of service features  
26 that permit participants to receive in-network benefits or out-of-  
27 network benefits subject to differential cost shares. Covered persons  
28 enrolled in the pool on January 1, 1997, may continue coverage under  
29 the pool plan in which they are enrolled on that date. However, the  
30 pool may incorporate managed care features into such existing plans.

31 (2) The administrator shall prepare a brochure outlining the  
32 benefits and exclusions of the pool policy in plain language. After  
33 approval by the board of directors, such brochure shall be made  
34 reasonably available to participants or potential participants. The  
35 health insurance policy issued by the pool shall pay only usual,  
36 customary, and reasonable charges for medically necessary eligible  
37 health care services rendered or furnished for the diagnosis or  
38 treatment of illnesses, injuries, and conditions which are not

1 otherwise limited or excluded. Eligible expenses are the usual,  
2 customary, and reasonable charges for the health care services and  
3 items for which benefits are extended under the pool policy. Such  
4 benefits shall at minimum include, but not be limited to, the following  
5 services or related items:

6 (a) Hospital services, including charges for the most common  
7 semiprivate room, for the most common private room if semiprivate rooms  
8 do not exist in the health care facility, or for the private room if  
9 medically necessary, but limited to a total of one hundred eighty  
10 inpatient days in a calendar year, and limited to thirty days inpatient  
11 care for mental and nervous conditions, or alcohol, drug, or chemical  
12 dependency or abuse per calendar year;

13 (b) Professional services including surgery for the treatment of  
14 injuries, illnesses, or conditions, other than dental, which are  
15 rendered by a health care provider, or at the direction of a health  
16 care provider, by a staff of registered or licensed practical nurses,  
17 or other health care providers;

18 (c) The first twenty outpatient professional visits for the  
19 diagnosis or treatment of one or more mental or nervous conditions or  
20 alcohol, drug, or chemical dependency or abuse rendered during a  
21 calendar year by one or more physicians, psychologists, or community  
22 mental health professionals, or, at the direction of a physician, by  
23 other qualified licensed health care practitioners;

24 (d) Drugs and contraceptive devices requiring a prescription;

25 (e) Services of a skilled nursing facility, excluding custodial and  
26 convalescent care, for not more than one hundred days in a calendar  
27 year as prescribed by a physician;

28 (f) Services of a home health agency;

29 (g) Chemotherapy, radioisotope, radiation, and nuclear medicine  
30 therapy;

31 (h) Oxygen;

32 (i) Anesthesia services;

33 (j) Prostheses, other than dental;

34 (k) Durable medical equipment which has no personal use in the  
35 absence of the condition for which prescribed;

36 (l) Diagnostic x-rays and laboratory tests;

37 (m) Oral surgery limited to the following: Fractures of facial  
38 bones; excisions of mandibular joints, lesions of the mouth, lip, or  
39 tongue, tumors, or cysts excluding treatment for temporomandibular

1 joints; incision of accessory sinuses, mouth salivary glands or ducts;  
2 dislocations of the jaw; plastic reconstruction or repair of traumatic  
3 injuries occurring while covered under the pool; and excision of  
4 impacted wisdom teeth;

5 (n) Maternity care service, as provided in the managed care plan to  
6 be designed by the pool board of directors;

7 (o) Services of a physical therapist and services of a speech  
8 therapist;

9 ((+o)) (p) Hospice services;

10 ((+p)) (q) Professional ambulance service to the nearest health  
11 care facility qualified to treat the illness or injury; and

12 ((+q)) (r) Other medical equipment, services, or supplies required  
13 by physician's orders and medically necessary and consistent with the  
14 diagnosis, treatment, and condition.

15 ((+2)) (3) The board shall design and employ cost containment  
16 measures and requirements such as, but not limited to, care  
17 coordination, provider network limitations, preadmission certification,  
18 and concurrent inpatient review which may make the pool more cost-  
19 effective.

20 ((+3)) (4) The pool benefit policy may contain benefit  
21 limitations, exceptions, and ((reductions)) cost shares such as  
22 copayments, coinsurance, and deductibles that are consistent with  
23 managed care products, except that differential cost shares may be  
24 adopted by the board for nonnetwork providers under point of service  
25 plans. The pool benefit policy cost shares and limitations must be  
26 consistent with those that are generally included in health  
27 ((insurance)) plans ((and are)) approved by the insurance commissioner;  
28 however, no limitation, exception, or ((reduction)) enrollee cost share  
29 may be ((approved)) used that would exclude coverage for any disease,  
30 illness, or injury.

31 (5) The pool may not reject an individual for health plan coverage  
32 based upon preexisting conditions of the individual or deny, exclude,  
33 or otherwise limit coverage for an individual's preexisting health  
34 conditions; except that it may impose a three-month benefit waiting  
35 period for preexisting conditions for which medical advice was given,  
36 or for which a health care provider recommended or provided treatment,  
37 within three months before the effective date of coverage. The pool  
38 may not avoid the requirements of this section through the creation of

1 a new rate classification or the modification of an existing rate  
2 classification.

3 **Sec. 212.** RCW 48.41.200 and 1987 c 431 s 20 are each amended to  
4 read as follows:

5 HEALTH INSURANCE POOL--RATE MODIFIED. The pool shall determine the  
6 standard risk rate by calculating the average group standard rate for  
7 groups comprised of up to ~~((ten))~~ fifty persons charged by the five  
8 largest members offering coverages in the state comparable to the pool  
9 coverage. In the event five members do not offer comparable coverage,  
10 the standard risk rate shall be established using reasonable actuarial  
11 techniques and shall reflect anticipated experience and expenses for  
12 such coverage. Maximum rates for pool coverage shall be one hundred  
13 fifty percent for the indemnity health plan and one hundred twenty-five  
14 percent for managed care plans of the rates established as applicable  
15 for group standard risks in groups comprised of up to ~~((ten))~~ fifty  
16 persons(~~(. All rates and rate schedules shall be submitted to the~~  
17 ~~commissioner for approval)~~).

18 **Sec. 213.** RCW 48.41.130 and 1987 c 431 s 13 are each amended to  
19 read as follows:

20 HEALTH INSURANCE POOL--SUBSTANTIAL EQUIVALENT CLARIFIED. All  
21 policy forms issued by the pool shall conform in substance to prototype  
22 forms developed by the pool, and shall in all other respects conform to  
23 the requirements of this chapter, and shall be filed with and approved  
24 by the commissioner before they are issued. The pool shall not issue  
25 a pool policy to any individual who, on the effective date of the  
26 coverage applied for, already has or would have coverage substantially  
27 equivalent to a pool policy as an insured or covered dependent, or who  
28 would be eligible for such coverage if he or she elected to obtain it  
29 at a lesser premium rate. However, coverage provided by the basic  
30 health plan, as established pursuant to chapter 70.47 RCW, shall not be  
31 deemed substantially equivalent for the purposes of this section.

32 NEW SECTION. **Sec. 214.** A new section is added to chapter 48.44  
33 RCW to read as follows:

34 LOSS RATIOS--HEALTH CARE SERVICE CONTRACTORS. (1) For purposes of  
35 RCW 48.44.020(2)(d), benefits in a contract shall be deemed reasonable

1 in relation to the amount charged provided that the anticipated loss  
2 ratio is at least:

3 (a) Sixty-five percent for individual subscriber contract forms;

4 (b) Seventy percent for franchise plan contract forms;

5 (c) Eighty percent for group contract forms other than small group  
6 contract forms; and

7 (d) Seventy-five percent for small group contract forms.

8 (2) With the approval of the commissioner, contract, rider, and  
9 endorsement forms that provide substantially similar coverage may be  
10 combined for the purpose of determining the anticipated loss ratio.

11 (3) A health care service contractor may charge the rate for  
12 prepayment of health care services in any contract identified in RCW  
13 48.44.020(1) upon filing of the rate with the commissioner. If the  
14 commissioner disapproves the rate, the commissioner shall explain in  
15 writing the specific reasons for the disapproval. A health care  
16 service contractor may continue to charge such rate pending a final  
17 order in any hearing held under chapters 48.04 and 34.05 RCW, or if  
18 applicable, pending a final order in any appeal. Any amount charged  
19 that is determined in a final order on appeal to be unreasonable in  
20 relation to the benefits provided is subject to refund.

21 (4) For the purposes of this section:

22 (a) "Anticipated loss ratio" means the ratio of all anticipated  
23 claims or costs for the delivery of covered health care services  
24 including incurred but not reported claims and costs and medical  
25 management costs to premium minus any applicable taxes.

26 (b) "Small group contract form" means a form offered to a small  
27 employer as defined in RCW 48.43.005(13).

28 NEW SECTION. **Sec. 215.** A new section is added to chapter 48.46  
29 RCW to read as follows:

30 LOSS RATIOS--HEALTH MAINTENANCE ORGANIZATIONS. (1) For purposes of  
31 RCW 48.46.060(3)(d), benefits shall be deemed reasonable in relation to  
32 the amount charged provided that the anticipated loss ratio is at  
33 least:

34 (a) Sixty-five percent for individual subscriber contract forms;

35 (b) Seventy percent for franchise plan contract forms;

36 (c) Eighty percent for group contract forms other than small group  
37 contract forms; and

38 (d) Seventy-five percent for small group contract forms.

1 (2) With the approval of the commissioner, contract, rider, and  
2 endorsement forms that provide substantially similar coverage may be  
3 combined for the purpose of determining the anticipated loss ratio.

4 (3) A health maintenance organization may charge the rate for  
5 prepayment of health care services in any contract identified in RCW  
6 48.46.060(1) upon filing of the rate with the commissioner. If the  
7 commissioner disapproves the rate, the commissioner shall explain in  
8 writing the specific reasons for the disapproval. A health maintenance  
9 organization may continue to charge such rate pending a final order in  
10 any hearing held under chapters 48.04 and 34.05 RCW, or if applicable,  
11 pending a final order in any appeal. Any amount charged that is  
12 determined in a final order on appeal to be unreasonable in relation to  
13 the benefits provided is subject to refund.

14 (4) For the purposes of this section:

15 (a) "Anticipated loss ratio" means the ratio of all anticipated  
16 claims or costs for the delivery of covered health care services  
17 including incurred but not reported claims and costs and medical  
18 management costs to premium minus any applicable taxes.

19 (b) "Small group contract form" means a form offered to a small  
20 employer as defined in RCW 48.43.005(13).

21 NEW SECTION. **Sec. 216.** A new section is added to chapter 48.21  
22 RCW to read as follows:

23 LOSS RATIOS--GROUPS' DISABILITY COVERAGE. The following standards  
24 and requirements apply to group and blanket disability insurance policy  
25 forms and manual rates:

26 (1) Specified disease group insurance shall generate at least a  
27 seventy-five percent loss ratio regardless of the size of the group.

28 (2) Group disability insurance, other than specified disease  
29 insurance, as to which the insureds pay all or substantially all of the  
30 premium shall generate loss ratios no lower than those set forth in the  
31 following table.

1	Number of Certificate Holders	Minimum Overall
2	at Issue, Renewal, or Rerating	Loss Ratio
3	9 or less	60%
4	10 to 24	65%
5	25 to 49	70%
6	50 to 99	75%
7	100 or more	80%

8 (3) Group disability policy forms, other than for specified disease  
9 insurance, for issue to single employers insuring less than one hundred  
10 lives shall generate loss ratios no lower than those set forth in  
11 subsection (2) of this section for groups of the same size.

12 (4) The calculating period may vary with the benefit and premium  
13 provisions. The company may be required to demonstrate the  
14 reasonableness of the calculating period chosen by the actuary  
15 responsible for the premium calculations.

16 (5) A request for a rate increase submitted at the end of the  
17 calculating period shall include a comparison of the actual to the  
18 expected loss ratios and shall employ any accumulation of reserves in  
19 the determination of rates for the selected calculating period and  
20 account for the maintenance of such reserves for future needs. The  
21 request for the rate increase shall be further documented by the  
22 expected loss ratio for the new calculating period.

23 (6) A request for a rate increase submitted during the calculating  
24 period shall include a comparison of the actual to the expected loss  
25 ratios, a demonstration of any contributions to or support from the  
26 reserves, and shall account for the maintenance of such reserves for  
27 future needs. If the experience justifies a premium increase it shall  
28 be deemed that the calculating period has prematurely been brought to  
29 an end. The rate increase shall further be documented by the expected  
30 loss ratio for the next calculating period.

31 (7) The commissioner may approve a series of two or three smaller  
32 rate increases in lieu of one larger increase. These should be  
33 calculated to reduce the lapses and antiselection that often result  
34 from large rate increases. A demonstration of such calculations,  
35 whether for a single rate increase or a series of smaller rate  
36 increases, satisfactory to the commissioner, shall be attached to the  
37 filing.

1 (8) Companies shall review their experience periodically and file  
2 appropriate rate revisions in a timely manner to reduce the necessity  
3 of later filing of exceptionally large rate increases.

4 (9) The definitions in section 219 of this act and the provisions  
5 in section 218 of this act apply to this section.

6 NEW SECTION. **Sec. 217.** A new section is added to chapter 48.20  
7 RCW to read as follows:

8 LOSS RATIOS--INDIVIDUAL DISABILITY COVERAGE. The following  
9 standards and requirements apply to individual disability insurance  
10 forms:

11 (1) The overall loss ratio shall be deemed reasonable in relation  
12 to the premiums if the overall loss ratio is at least sixty percent  
13 over a calculating period chosen by the insurer and satisfactory to the  
14 commissioner.

15 (2) The calculating period may vary with the benefit and renewal  
16 provisions. The company may be required to demonstrate the  
17 reasonableness of the calculating period chosen by the actuary  
18 responsible for the premium calculations. A brief explanation of the  
19 selected calculating period shall accompany the filing.

20 (3) Policy forms, the benefits of which are particularly exposed to  
21 the effects of inflation and whose premium income may be particularly  
22 vulnerable to an eroding persistency and other similar forces, shall  
23 use a relatively short calculating period reflecting the uncertainties  
24 of estimating the risks involved. Policy forms based on more  
25 dependable statistics may employ a longer calculating period. The  
26 calculating period may be the lifetime of the contract for guaranteed  
27 renewable and noncancellable policy forms if such forms provide  
28 benefits that are supported by reliable statistics and that are  
29 protected from inflationary or eroding forces by such factors as fixed  
30 dollar coverages, inside benefit limits, or the inherent nature of the  
31 benefits. The calculating period may be as short as one year for  
32 coverages that are based on statistics of minimal reliability or that  
33 are highly exposed to inflation.

34 (4) A request for a rate increase to be effective at the end of the  
35 calculating period shall include a comparison of the actual to the  
36 expected loss ratios, shall employ any accumulation of reserves in the  
37 determination of rates for the new calculating period, and shall  
38 account for the maintenance of such reserves for future needs. The



1 request for the rate increase shall be further documented by the  
2 expected loss ratio for the new calculating period.

3 (5) A request for a rate increase submitted during the calculating  
4 period shall include a comparison of the actual to the expected loss  
5 ratios, a demonstration of any contributions to and support from the  
6 reserves, and shall account for the maintenance of such reserves for  
7 future needs. If the experience justifies a premium increase it shall  
8 be deemed that the calculating period has prematurely been brought to  
9 an end. The rate increase shall further be documented by the expected  
10 loss ratio for the next calculating period.

11 (6) The commissioner may approve a series of two or three smaller  
12 rate increases in lieu of one large increase. These should be  
13 calculated to reduce lapses and anti-selection that often result from  
14 large rate increases. A demonstration of such calculations, whether  
15 for a single rate increase or for a series of smaller rate increases,  
16 satisfactory to the commissioner, shall be attached to the filing.

17 (7) Companies shall review their experience periodically and file  
18 appropriate rate revisions in a timely manner to reduce the necessity  
19 of later filing of exceptionally large rate increases.

20 NEW SECTION. **Sec. 218.** A new section is added to chapter 48.20  
21 RCW to read as follows:

22 LOSS RATIOS--DISABILITY COVERAGE EXEMPTIONS. Sections 216 and 217  
23 of this act apply to all insurers and to every disability insurance  
24 policy form filed for approval in this state after the effective date  
25 of this section, except:

26 (1) Additional indemnity and premium waiver forms for use only in  
27 conjunction with life insurance policies;

28 (2) Medicare supplement policy forms that are regulated by chapter  
29 48.66 RCW;

30 (3) Credit insurance policy forms issued pursuant to chapter 48.34  
31 RCW;

32 (4) Group policy forms other than:

33 (a) Specified disease policy forms;

34 (b) Policy forms, other than loss of income forms, as to which all  
35 or substantially all of the premium is paid by the individuals insured  
36 thereunder;

37 (c) Policy forms, other than loss of income forms, for issue to  
38 single employers insuring less than one hundred employees;

1 (5) Policy forms filed by health care service contractors or health  
2 maintenance organizations;

3 (6) Policy forms initially approved, including subsequent requests  
4 for rate increases and modifications of rate manuals.

5 NEW SECTION. **Sec. 219.** A new section is added to chapter 48.20  
6 RCW to read as follows:

7 LOSS RATIOS--DISABILITY COVERAGE DEFINITIONS. (1) The "expected  
8 loss ratio" is a prospective calculation and shall be calculated as the  
9 projected "benefits incurred" divided by the projected "premiums  
10 earned" and shall be based on the actuary's best projections of the  
11 future experience within the "calculating period."

12 (2) The "actual loss ratio" is a retrospective calculation and  
13 shall be calculated as the "benefits incurred" divided by the "premiums  
14 earned," both measured from the beginning of the "calculating period"  
15 to the date of the loss ratio calculations.

16 (3) The "overall loss ratio" shall be calculated as the "benefits  
17 incurred" divided by the "premiums earned" over the entire "calculating  
18 period" and may involve both retrospective and prospective data.

19 (4) The "calculating period" is the time span over which the  
20 actuary expects the premium rates, whether level or increasing, to  
21 remain adequate in accordance with his or her best estimate of future  
22 experience and during which the actuary does not expect to request a  
23 rate increase.

24 (5) The "benefits incurred" is the "claims incurred" plus any  
25 increase, or less any decrease, in the "reserves."

26 (6) The "claims incurred" means:

27 (a) Claims paid during the accounting period; plus

28 (b) The change in the liability for claims that have been reported  
29 but not paid; plus

30 (c) The change in the liability for claims that have not been  
31 reported but which may reasonably be expected.

32 The "claims incurred" does not include expenses incurred in  
33 processing the claims, home office or field overhead, acquisition and  
34 selling costs, taxes or other expenses, contributions to surplus, or  
35 profit.

36 (7) The "reserves," as referred to in sections 216 and 217 of this  
37 act include:

38 (a) Active life disability reserves;

1 (b) Additional reserves whether for a specific liability purpose or  
2 not;

3 (c) Contingency reserves;

4 (d) Reserves for select morbidity experience; and

5 (e) Increased reserves that may be required by the commissioner.

6 (8) The "premiums earned" means the premiums, less experience  
7 credits, refunds, or dividends, applicable to an accounting period  
8 whether received before, during, or after such period.

9 (9) Renewal provisions are defined as follows:

10 (a) "Guaranteed renewable" means renewal cannot be declined by the  
11 insurance company for any reason, but the insurance company can revise  
12 rates on a class basis.

13 (b) "Noncancellable" means renewal cannot be declined nor can rates  
14 be revised by the insurance company.

15 **PART III--BENEFITS AND SERVICE DELIVERY**

16 NEW SECTION. **Sec. 301.** A new section is added to chapter 48.43  
17 RCW to read as follows:

18 **EMERGENCY MEDICAL SERVICES.** (1) When conducting a review of the  
19 necessity and appropriateness of emergency services or making a benefit  
20 determination for emergency services:

21 (a) A health carrier shall cover emergency services necessary to  
22 screen and stabilize a covered person if a prudent layperson acting  
23 reasonably would have believed that an emergency medical condition  
24 existed. In addition, a health carrier shall not require prior  
25 authorization of such services provided prior to the point of  
26 stabilization if a prudent layperson acting reasonably would have  
27 believed that an emergency medical condition existed. With respect to  
28 care obtained from a nonparticipating hospital emergency department, a  
29 health carrier shall cover emergency services necessary to screen and  
30 stabilize a covered person if a prudent layperson would have reasonably  
31 believed that use of a participating hospital emergency department  
32 would result in a delay that would worsen the emergency, or if a  
33 provision of federal, state, or local law requires the use of a  
34 specific provider or facility. In addition, a health carrier shall not  
35 require prior authorization of such services provided prior to the  
36 point of stabilization if a prudent layperson acting reasonably would  
37 have believed that an emergency medical condition existed and that use

1 of a participating hospital emergency department would result in a  
2 delay that would worsen the emergency.

3 (b) If an authorized representative of a health carrier authorizes  
4 coverage of emergency services, the health carrier shall not  
5 subsequently retract its authorization after the emergency services  
6 have been provided, or reduce payment for an item or service furnished  
7 in reliance on approval, unless the approval was based on a material  
8 misrepresentation about the covered person's health condition made by  
9 the provider of emergency services.

10 (c) Coverage of emergency services may be subject to applicable  
11 copayments, coinsurance, and deductibles, and a health carrier may  
12 impose reasonable differential cost-sharing arrangements for emergency  
13 services rendered by nonparticipating providers, if such differential  
14 between cost-sharing amounts applied to emergency services rendered by  
15 participating provider versus nonparticipating provider does not exceed  
16 fifty dollars. Differential cost sharing for emergency services may  
17 not be applied when a covered person presents to a nonparticipating  
18 hospital emergency department rather than a participating hospital  
19 emergency department when the health carrier requires preauthorization  
20 for postevaluation or poststabilization emergency services if:

21 (i) Due to circumstances beyond the covered person's control, the  
22 covered person was unable to go to a participating hospital emergency  
23 department in a timely fashion without serious impairment to the  
24 covered person's health; or

25 (ii) A prudent layperson possessing an average knowledge of health  
26 and medicine would have reasonably believed that he or she would be  
27 unable to go to a participating hospital emergency department in a  
28 timely fashion without serious impairment to the covered person's  
29 health.

30 (d) If a health carrier requires preauthorization for  
31 postevaluation or poststabilization services, the health carrier shall  
32 provide access to an authorized representative twenty-four hours a day,  
33 seven days a week, to facilitate review. In order for postevaluation  
34 or poststabilization services to be covered by the health carrier, the  
35 provider or facility must make a documented good faith effort to  
36 contact the covered person's health carrier within thirty minutes of  
37 stabilization, if the covered person needs to be stabilized. The  
38 health carrier's authorized representative is required to respond to a  
39 telephone request for preauthorization from a provider or facility

1 within thirty minutes. Failure of the health carrier to respond within  
2 thirty minutes constitutes authorization for the provision of  
3 immediately required medically necessary postevaluation and  
4 poststabilization services, unless the health carrier documents that it  
5 made a good faith effort but was unable to reach the provider or  
6 facility within thirty minutes after receiving the request.

7 (e) A health carrier shall immediately arrange for an alternative  
8 plan of treatment for the covered person if a nonparticipating  
9 emergency provider and health plan cannot reach an agreement on which  
10 services are necessary beyond those immediately necessary to stabilize  
11 the covered person consistent with state and federal laws.

12 (2) Nothing in this section is to be construed as prohibiting the  
13 health carrier from requiring notification within the time frame  
14 specified in the contract for inpatient admission or as soon thereafter  
15 as medically possible but no less than twenty-four hours. Nothing in  
16 this section is to be construed as preventing the health carrier from  
17 reserving the right to require transfer of a hospitalized covered  
18 person upon stabilization. Follow-up care that is a direct result of  
19 the emergency must be obtained in accordance with the health plan's  
20 usual terms and conditions of coverage. All other terms and conditions  
21 of coverage may be applied to emergency services.

22 NEW SECTION. **Sec. 302.** COMMON TITLE. This act shall be known as  
23 the consumer assistance and insurance market stabilization act.

24 NEW SECTION. **Sec. 303.** Part headings and section captions used in  
25 this act are not part of the law.

26 NEW SECTION. **Sec. 304.** SEVERABILITY CLAUSE. If any provision of  
27 this act or its application to any person or circumstance is held  
28 invalid, the remainder of the act or the application of the provision  
29 to other persons or circumstances is not affected.

30 NEW SECTION. **Sec. 305.** EFFECTIVE DATES. (1) Sections 105 through  
31 108 and 301 of this act take effect January 1, 1998.

32 (2) Section 111 of this act is necessary for the immediate  
33 preservation of the public peace, health, or safety, or support of the

1 state government and its existing public institutions, and takes effect  
2 July 1, 1997.

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