

HOUSE RESOLUTION NO. 91-4627, by Representative Neher

WHEREAS, The health and future welfare of the citizens of this state are interdependent; and

WHEREAS, February 19, 1991, is designated as Legislative Fitness Day in recognition of the importance of physical fitness; and

WHEREAS, To heighten our awareness of the importance of physical fitness the Washington Alliance of Health, Physical Education, Recreation and Dance has volunteered to perform a variety of fitness screening and assessment services for members of the Legislature and legislative employees; and

WHEREAS, A day of physical fitness recognized as such by the Legislature will serve to promote the public's awareness of the importance of physical fitness and good health practices;

NOW, THEREFORE, BE IT RESOLVED, By the House of Representatives of the State of Washington, that the nineteenth of February, 1991, be designated as "Legislative Fitness Day"; and

BE IT FURTHER RESOLVED, That all appropriate state agencies are encouraged to promote public awareness of the importance of physical fitness and good health practices.

I hereby certify this to be a true and correct copy of Resolution 4627 adopted by the House of Representatives February 18, 1991.

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Alan Thompson, Chief Clerk, House of Representatives